



**STATE OF CONNECTICUT
CONNECTICUT VALLEY HOSPITAL
ADVISORY COUNCIL**

**CONNECTICUT VALLEY HOSPITAL
ADVISORY COUNCIL COMMITTEE**

MEETING MINUTES
Microsoft TEAMS Call
December 11, 2020

Present Council Members:

Lawrence McHugh, Chairperson; Lakisha Hyatt, CVH/CEO; Miriam Delphin-Rittmon, Commissioner, Department of Mental Health & Addiction Services; Margaret O'Hagan-Lynch, CVH/Addiction Services Division Director; Lt. David Goodwin, Middletown Police Department; Celeste Cremin-Endes, RVS/CEO; Phillip Pessina, Councilman

Absent/Excused Council Members:

Nancy Navarretta, Deputy Commissioner, Department of Mental Health & Addiction Services; Joseph Havileck, City of Middletown; Gloria Dzerovych, Asst Division Director/GPD

Call to Order: Larry McHugh called the meeting to order at approximately 8:04am.



Review of Minutes: Minutes from the September 11, 2020 meeting was distributed and review by the committee. Mr. Pessina motioned to accept the minutes as presented. Ms. Delphin-Rittmon seconded. All in favor.

Topic	Discussion	Responsible Person
Commissioners Update	<p><u>Updates from Commissioner Delphin-Rittmon</u></p> <p>COVID-19</p> <ul style="list-style-type: none"> ○ Patients: 104 positives, 88 recovered and returned to their unit. ○ Staff: 227 positives, 172 recovered and returned to work. ○ Continued focus on patient/staff testing with enhanced contact tracing process. ○ Currently using Griffin Hospital for testing. We will be transitioning to Quest Diagnostics to allow us to do in house self-testing. ○ Continued focus on maintaining sufficient inventory of PPE. ○ Vaccinations are coming. <ul style="list-style-type: none"> i. Phase 1a staff will be offered the vaccine on the initial roll out. ii. Vaccine has a 2 dose process. ○ Continuing to work through staffing deficits due to the pandemic. <ul style="list-style-type: none"> i. Upcoming job fairs ii. Bringing in emergency hires ○ Staff Support Resources <ul style="list-style-type: none"> i. EAP services ii. Self-Care Wellness ○ Hotel Housing options for staff ○ COACH Incentive: Covid-19 Assistance for Community Health <ul style="list-style-type: none"> i. Website for COVID-19 resources 	Mrs. Delphin-Rittmon, Commissioner
CVH Updates	<p><u>Updates from Lakisha Hyatt, CEO</u></p> <p>COVID-19</p>	Mrs. Hyatt, CEO

- Patients: 70 positives, 64 recovered and returned to their unit.
- Staff: 87 positives, 75 recovered and returned to work.
- COVID training for staff (mandatory) and patients.
- An Isolation unit has been opened with capacity of 13 (Merritt Hall), campus capacity of 31.
 - i. Unit will be closed today, as patient has fully recovered.
- PPE inventory is at a 90-day supply.
- Extensive contact tracing process.
 - i. Within 24 hours of known staff positive, team is talking with positive staff to establish exposure period, location and roster for those potential exposed to be tested.
- We are one of two sites that will be administering staff covid-19 self-testing through Quest Diagnostics.
- Vaccinations are coming soon.

Inpatient Psychiatric Services

- Reduced groups, no more than 5 in sessions.
- Increased individual interventions.
- Technology through Microsoft Teams in being utilized.
- Space limitation remains a challenge.
- Continuing services when able based on where the pandemic has hit.
 - i. Aquatic Therapy
 - ii. Animal Assisted Therapy
 - iii. Mall Services
 - iv. Hair Salon
 - v. Physical Therapy
 - vi. Greenhouse
 - vii. Integrative Medicine: Yoga, Mindful Breathing, Drumming

	<p>Staff Support - Communication</p> <ul style="list-style-type: none"> ○ Virtual Town Hall meetings (1st & 3rd Wednesdays) ○ Division Town Hall Meetings (opposite weeks of virtual town hall) ○ Increased managerial rounds – staff check-ins ○ CEO Thinking of You emails ○ Integrative Medicine for staff ○ Psychological First Aid (PFA) ○ Chaplaincy Call In Line ○ EAP rounds ○ Health & Wellness committee <p>Community Collaborations</p> <ul style="list-style-type: none"> ○ Middletown Turkey Drive ○ MARC Services ○ Hospital for Special Care (Manes in Motion) ○ Middletown Toy Drive ○ Rotary ○ Middlesex Chamber ○ Magic of Middletown 	
<p>Safety & Security AWOLS Report</p>	<p>Mrs. Hyatt presented the Safety & Security AWOLS report to the committee.</p> <p>General Psychiatry Division</p>  <p>AWOLs 2020 General Psychiatry D</p> <p>Addiction Services Division</p>  <p>AWOLs 2020 Addiction Services D</p>	<p>Mrs. Hyatt, CEO</p>

