

## OUR MISSION



Capitol Region Mental Health Center (CRMHC) is a state-operated local mental authority that operates under the auspices of the CT Department of Mental Health and Addiction Services.

*“Our mission is to partner with persons in recovery to ensure access to quality behavioral healthcare services.”*



rev 6.23.16



Serving the towns of Hartford  
(Catchment Area 23)  
and  
West Hartford, Farmington,  
Avon, Canton and Simsbury  
(Catchment Area 18)

Main Telephone Line:  
**860-297-0800**

Mobile Crisis Team:  
**860-297-0999**  
**8:00am-8:30pm; Mon.-Fri.**

Intake/New Referrals:  
**860-293-6363**

Videophone: **860-899-1871**

TTY: **860-297-0805**



Accredited by the Joint Commission



State of Connecticut  
Department of Mental Health  
and Addiction Services



## Capitol Region Mental Health Center

500 Vine Street  
Hartford, CT 06112

Hours of Operation:  
Monday - Friday  
8:00 am - 4:30 pm  
(unless otherwise noted)



<http://www.ct.gov/dmhas/crmhc>

# Clinical Services

## **Mobile Crisis Team/Intake/Brief Treatment: (860) 297-0999**

Mobile Crisis provides assessment/referrals' to individuals in the community experiencing a psychiatric crisis. Services are available Monday-Friday from 8:00 am to 8:30 pm. Intake and Brief Treatment services are available during our regular business hours. Individuals can self-refer or be referred from a local hospital or community provider. Brief Treatment is available, depending on the individual's needs.

## **Inpatient Treatment Unit**

16 bed adult inpatient psychiatric unit providing intermediate and longer term inpatient care to people who require a longer length of stay in order to stabilize psychiatric symptoms and/or who have complex discharge planning needs.

## **Assertive Community Treatment (ACT) Team**

ACT provides assertive community outreach, treatment and engagement to people who may have struggled with living in the community and who require more intensive supports in order to succeed. Services are available from 8:00 am to 6:00 pm during the business week.

## **HOPE Team (Homeless Outreach and Positive Engagement)**

HOPE works with homeless individuals who live in Hartford shelters or on the streets and provides outreach, clinical services, engagement and case management.

## **Forensics Services**

Forensics provides specialized clinical services for people involved in the criminal justice system including court based mental health diversion programs as well as ongoing clinical services for people with significant criminal justice involvement.

## **Outpatient Clinic**

The Outpatient Clinic consists of three intensive, interdisciplinary treatment teams for people with severe mental illness who may also have issues with substance use and trauma. They provide a range of services including individual therapy or counseling, group therapy, medication management, Dialectic Behavior Therapy, Integrated Dual Diagnosis treatment, and other evidence based practices.

## **Young Adult Services (YAS)**

YAS is a specialized program providing a range of services to young adults 18-25 who have or are transitioning out of DCF services with long histories of foster care and/or residential care. Services are available seven days a week and include clinical care, vocational services, case management, and housing supports.

## **Hilltop (YAS)**

Ten bed residential program for young adults who require a supportive transitional residence in order to assist them with developing the skills to live independently.

## **Deaf & Hard of Hearing Team (D&HoH)**

D&HoH is a highly specialized service for people who are deaf or hearing impaired and have a persistent behavioral health concern. All program staff utilize American Sign Language and provide a range of services including clinical care, medication management, case management and vocational services. The program admits people across the entire region.

## **Housing Services**

The program administers a range of housing assistance programs for CRMHC and other network providers including Shelter Plus Care, Housing Assistance Funds and other program to help people obtain and maintain their housing.

## **Behavioral Health Home (BHH)**

For those people meeting criteria, the BHH provides an integrated healthcare delivery model that creates access to interdisciplinary primary and behavioral health care to improve health outcomes and, where possible, reduce the cost of services. It focuses on wellness and community-based supports.

# Recovery Services

## **Community Support Program**

The Community Support program provides community-based skill building designed to assist with the development of effective living skills. All services are based on individualized assessment and planning. Services are available on weekdays from 8:00 am to 7:00 pm and after hours by arrangement.

## **Peer Support Services/Resource Center**

The Drop-in Center at CRMHC is staffed by persons in recovery, who provide a range of services including education, advocacy, and access to computers, groups, and social activities.

## **Advocacy**

Provides assistance to people seeking a solution for concerns with their clinical provider or manage a grievance and also assists with the development of person-centered recovery plans.