



**STATE OF CONNECTICUT**  
**DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES**  
*A Healthcare Service Agency*

NED LAMONT  
GOVERNOR

MIRIAM E. DELPHIN-RITTMON, Ph.D.  
COMMISSIONER

**MEMORANDUM**

**To:** DMHAS Private Non-Profit Providers  
**From:** Miriam E. Delphin-Rittmon, Ph.D.  
**Date:** March 31, 2020  
**Subject:** DMHAS COVID-19 Provider Update #8

On Sunday, the President announced that he would be extending the federal social distancing guidelines through April 30. Public health experts also anticipate seeing a peak in COVID-19 activity over the next two weeks.

*Updated CDC Recommendations*

Yesterday, the Centers for Disease Control and Prevention (CDC) updated their "[Public Health Recommendations for People in U.S. Communities Exposed to a Person with Known or Suspected COVID-19, other than Health Workers or other Critical Infrastructure Workers](#)". The most significant part of the update is the expansion of exposure to individuals with symptomatic COVID-19 *during period from 48 hours before onset of symptoms*.

*Web-Based Training on Personal Protective Equipment and Hand Hygiene*

A web-based training from the CDC on Personal Protective Equipment and Hand Hygiene is available on the [DMHAS Learning Management System](#). To launch, after logging on, put the title or the Class number in the Search Box at the top of the screen.

**Title:** Personal Protective Equipment and Hand Hygiene

**Class Number:** 0000105740

*Webinar on Operating During a Pandemic*

To help support Connecticut's behavioral health community during the current pandemic, the Disaster Behavioral Health Response Network (DBHRN), in coordination with DMHAS and DCF, is providing a webinar resource, presented by Steven M. Crimando, MA, BCETS, CHPP, CTM., for behavioral health care providers. The 90-minute webinar will address critical components for providers to consider in operating an agency during a pandemic including continuation of operations, fear management and crisis communication. Steve is the Director of Training for the Disaster & Terrorism Branch in the New Jersey Department of Human Services-Division of Mental Health Services, as well as the founder and principal in the consulting firm, Behavioral

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Science Applications. A nationally recognized disaster behavioral health responder, trainer/educator and consultant, Steve is in high demand these days doing webinars for a cross section of entities to include, on the national level, the FBI, FEMA and, through National Everbridge, hospitals and healthcare providers; and, on the state/local level, behavioral health leaders/providers and disaster behavioral health responders among many others. The webinar is limited to 100 participants and is on a first-come, first-serve basis. The webinar will be archived for those who are unable to participate live. To participate live, please see the information below:

**Title:** “COVID-19: Fear Management, Crisis Communications Critical COOP Concepts for Leaders.”

**Date:** April 2, 2020

**Time:** 10:30 AM-12::00 PM

**Registration:** [https://zoom.us/webinar/register/WN\\_KsbxbICnQjm9zaGK1FC7ww](https://zoom.us/webinar/register/WN_KsbxbICnQjm9zaGK1FC7ww)

**Join by Computer:**

<https://zoom.us/j/740828702?pwd=Y25Mbkd2bXljTTZsN2JSMUUwcEdVQT09>

**Join by Phone:** 312 626 6799 or 646 558 8656

**Webinar ID:** 740-828-702

**Password:** 552119

*Resources from Department of Economic and Community Development (DECD)*

From our partners at DECD: “We know and appreciate that businesses and nonprofits want to not only preserve their bottom line, but to stand by the employees they have depended on in the past and will need again as Connecticut recovers from this emergency. There are a variety of federal and state programs that may allow you to continue making payroll and providing health benefits with substantial outside funding. We encourage you to consider these programs as alternatives to immediate layoffs, and as a source of subsidies that will allow you to rehire your staff. The Coronavirus Aid, Relief, and Economic Security (CARES) Act that was signed by the President on Friday includes several important benefits for small businesses and nonprofits in Connecticut:

<https://decd.cmail19.com/t/ViewEmail/j/CB0E02E4340614542540EF23F30FEDED/408817D2675F675B9780B6D0B3F3FC10>