

# DIVERSITY OF ENGAGEMENT STRATEGIES FOR HARM REDUCTION

SWCMHS/DMHAS

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SOUTHWEST CONNECTICUT MENTAL  
HEALTH SYSTEM  
ASSERTIVE COMMUNITY TREATMENT TEAM

- Multidisciplinary Team
- Serve client with serious behavioral health and co-morbid disorders
- Intensive case management
- Engaging clients in the community

# UTILIZING HARM REDUCTION

Harm Reduction Model- Harm Reduction as a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use.

Harm reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.

# HARM REDUCTION

- Non-judgemental approach that meets client's where there are at.
- Treating all individuals with dignity, compassion and respect.

## CASE STUDY

56 y.o. African American male with diagnoses of Schizophrenia, Unspecified, Alcohol Abuse, Cannabis Dependence in remission, Cocaine Dependence, uncomplicated, Opioid Dependence, and PTSD. Medical Diagnoses Hypertension, Diabetes, High Cholesterol, and cancer of Parotid gland. The client is currently in the Contemplation stage regarding his use of Opioid. He is currently receiving Medicated Assisted Treatment Methadone Maintenance at the community clinic. The client had surgery of removal of gland and Chemotherapy while being treated on the Assertive Community Treatment Team.

# HARM REDUCTION (CASE EXAMPLE)

## TAKE AWAY

- Authentic People
- Authentic Connections
- Authentic Relationships