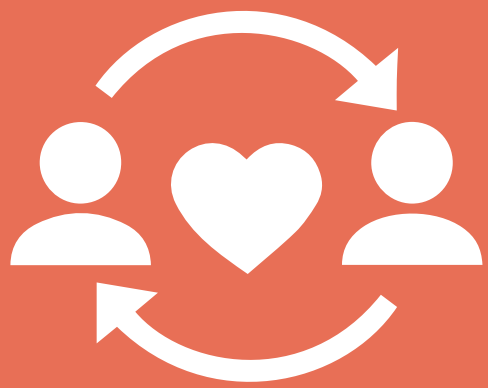




# The Four C's of Integrated Care



## Connection

is the foundation of recovery. We meet people where they are. We aid in the process of recovery, create connections with people by respecting their dignity and see their worth. We understand every person has unique qualities, strengths and resiliency.



## Collaboration

means we are a team, working side-by-side with the person seeking services. We offer a person-centered approach to treatment that acknowledges strengths in order to help people to find their own pathway to recovery.



## Choice

is crucial. Each person will be informed of their options and supported to make choices about their treatment.



## Change

is at the heart of recovery. Recovery from co-occurring conditions is a self-directed process of change through which people strive to achieve their full potential every day. We are here to support, encourage, and understand.

Remember, over half of people in treatment are living with co-occurring conditions. Integrated care is the best care to support their recovery.

**That is the DMHAS mission.**

[portal.ct.gov/DMHASIntegratedCare](http://portal.ct.gov/DMHASIntegratedCare)

