MEETING MINUTES Alcohol and Drug Policy Council: Recovery and Health Management Subcommittee

Meeting Date: 11/14/2019

Present: Sarah Howroyd, Jason Bannon, Ana Gopian, Latoya Coombs, LaRue McNish, Hector Maldonado, Chris Betros, Sherri Brag, Justin Mehl

TOPIC	DISCUSSION	ACTION
INTRODUCTIONS REVIEW OF MEETING MINUTES	 Hector led a review of the meeting minutes from 10/102019 that were provided by Mary Painter. There was time for discussion, comments, and questions as the minutes were reviewed. 	
Recovery Friendly Community update	 Town Specific updates: New Britain: has identified as a Recovery Friendly Community. They are currently identifying a champion Southington: After various attempt it has been decided that Southington should come off of list of as potential RF communities until further notice Meriden: Will be engaging in a discussion on RF community on 1/9/19 that will also include MOR program and Crystal from Crown New Canaan: Has set up an opioid workgroup and is currently delegating responsibilities. First Selectman is onboard and allocating resources. Lots of momentum and Mayor is on board. They inquired about the availability of a Recovery Friendly "Rubric". Manchester: Sarah met with Manchester Mayor and indicated they are warm to the idea and onboard. They have identified the need for a new Manchester Champion. Hamden: Ana is in the process of setting up a meeting and is currently waiting on the date. Waterbury: Current Prevention coordinator for Public Health Jennifer Dewitt recently discussed RC community at a meeting and there is interest from City Leadership. She is requesting that someone from the sub-committee help facilitate and attend a meeting. 	Hector will connect with Jennifer to explore the availability of rubric "36 Guided principals of employers." Jason has participated in Waterbury meetings in the past and is willing to go again.
	 Wallingford: Ana believes Wallingford's status may be reinvigorated and would like the town to come back on the list of potentials. West Hartford: Sarah is currently forging relationships in West Hartford and endeavors to bring them on board with the RFC initiative. 	

WE ARE RECOVERY FRIENDLY LOGO UPDATE	 Justin presented and distributed the Logo to those in attendance. The concept was described to those in attendance who weren't aware of the distinction with the new/additional wording. Feedback from the group was positive. 	Lauren/Justin will follow- up with production team to obtain and distribute finalized materials upon completion.
Youth In Recovery – Continuing discussion	• Shayn Ember was discussed and continues to have support from the sub-committee to be considered for vacant seat on the full ADPC Council as a youth representative.	Justin will seek Clarification around potential timeline and next steps in this process to report back to the group.
	• UConn Recovery Dorm was a topic and it was discovered there had been initial resistance from the college to authorize the dorm, and continued resistance to allow Recovery activities and SMART/Alternative Peer Groups on campus. Fairfield University has one as well. The idea emerged to possibly invite the Dorm coordinator/participants to the council for a time of discussion. Possibly a statewide Recovery Friendly Dorm organization could be created to support each other and help with momentum.	Hector has been in touch with coordinator Sandy Valentine to see what support can be offered. If the dorm is invited specific goals and talking points of the discussion should be developed.
	 Youth Liveloud campaign is underway with talks of expanding into family as it develops. Hector is partnering with Mary/DCF to plan regional event bringing young adults in recovery as speakers with Desean Duncan as probable keynote. Hector also discussed a Youth Conference in May of 2020 in collab with Woman's Consortium that will focus on youth, family, friends, and peer support. 	Hector is issuing a call to potential presenters for the conference.
OTHER	 Sarah is now a first time homeowner in West Hartford CT! Congrats Sarah!! Sherri was interested to know if there will be a co-effort and interfusion of Mental Health awareness and de-stigmatization in communities along with efforts around substance use. Discussion about successful Recovery Center Model in Michigan that started independently and gradually gained state funding that has rooms dedicated to many of the various recovery paths all inside one building. (Refuge, AA, SMART, Acupuncture, Narcan training and distribution, Immigration lawyers etc.) Ana received funding for 4 additional family meetings in Enfield area. 	

UPCOMING MEETINGS	Next subcommittee meeting: 12/12/19; 9 – 10:30 @ TBD	
	Next ADPC meeting: 12/17/19; 10:00-12:00 @ LOB presentations by DOC, DDS, and Yale	