

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
September 14, 2023 (by Microsoft Teams)
830am-10am

In attendance: Sandra Violette (DOC) Jeff Stickles (DOC), Tracie Compositor (CHR), Mitchelle Voegtle, Evan Dantos, Sarah Hareld, Thomas Fulton, Elsa Ward, Pamela Mulready, Dylan Rutigliano (Amplify), Jody Davis, Rebecca Allen, Sara Piatti (RSS), Stacey Miranti, Tim Walsh, Rebecca Allen (CCAR), Thomas Fulton (Wheeler Clinic), Kathleen Marchione (Dept of Aging and Disability, BRS), Sara Piatti (Central CT Health District), Courtney Dollar (CTHRA), Justin Mehl (DMHAS Staffer), Kris Robles (DCF Staffer) TJ Aitken (CCAR), Laura Zeppieri (Wheeler Clinic), Tracey Hanson (1st selectman of Voltown), Courtney Dollar (CTHRC), Erin Marino

| Agenda Item | Discussion | Action Taken |
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| Check in & Introductions | Members checked in. | N/A |
| Review of minutes from previous meeting | Rebecca Allen voted to approve the minutes August 2023. Laura Zeppieri seconded. | Minutes approved. |
| Agenda items | <ul style="list-style-type: none"> • Recovery Services for Youth MYI presentations Tier 1 and Tier 2 program description, utilizing Evidence base treatment NEW DIRECTION, as well as Smart Recovery, APG (peer support groups), Smart family and friends program and increasing involvement, Judge Karen Friedman attended the facility. Looking to create Rise up, financial literature. Care coordinator to set up a family friends meeting and get more involvement with the youth while at DOC. <p>Questions- what has been the overall impact since this has been in effect. IT Has impacted the staff in a positive and the inmates allowing for staff and youth to engage together in a different way vs a curriculum group. It allows for youth to transition to Cheshire program when they age out.</p> <p>BRS applied for funding and having a focus on incarcerated youth. Kathleen will follow with those individual regarding this information. Sandra suggesting a joint meeting with education to team up to discuss this work.</p> | |

- Recovery Friendly Campus/Learning
 - Update on workgroup progress
 - i. Continue to work with Workgroup meeting regularly and connecting with the State Schools' Administrative and Clinical staff to help roll this into some projects they are simultaneously implementing to see what the crossover may be.
 - ii. Have been invited to do a presentation at a gathering in October to discuss Recovery Friendly Campus.
 - Working the survey to present and gather additional information on how to best help the colleges on this topic.
 - Pam met with Student from sensible drug policy driven from Yale. Presentation for next meeting in October
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- Special population
 - Update on contact list and progress/status
 - i. DMHAS and DCF are also working on a gap analysis and the group will not try to duplicate this recommendation.
 - ii. Resource mapping and gap analysis still moving forward
 - iii. Next meeting will 10/20/23 at 9am.

Housing work group- Rebecca Allen reported out,

Kris Robles shared minutes from this meeting:

Discussion on choice to use HUD voucher on scattered site housing.

Request to bring in HUD to the table to discuss options on whether to use the voucher in a sober house or with roommate options.

Courtney brought up limitations and options to this request.

Question on who manages the vouchers.

Discussion on eligibility of a live voucher, as well as about options and support program.

Sometimes roommates can be an issue especially if returned to use became a concern.

Dana Smith shared about ABH meeting that they attended, and discussion came up about not enough time for 2 months to address basic needs. Wondering if a voucher paired up with a peer can be an option as this is what occurs in other states. Questions on whether federal guidelines on supportive housing can occur. Basic Needs program discussion- what potential enhancements can occur. Can they extend the 2months.

Looking at gaps in housing and needs, it will be important to have DMHAS housing representative at the table as well as the person that manages the contract under Basic Needs.

Town money to increase basic needs can be used just need to ask your municipality.

Next steps

1. Goal to enhance basic needs contract to be discussed in next meeting
2. Research for ATR what does the data show
3. Look at other states and what are they doing
4. What does current legislations state and where are gaps.

- Justin working with staff from DMHAS on a presentation to share with on housing updates. Elsa spoke about ATR and whether there are data to determine if the program to work while looking at expending sober housing. Sara p said about 3 months wasn't enough time for her to get her situated in housing to pay for sober housing and with the ATR this helped her stay in housing and get a job to then pay on her own. ATR stands for Access to Recovery was a federal program that provided different resources including housing assistance.
- Opioid Settlement Advisory Committee (OSAC) Brief recap-
- Justin Mehl reported out on the settlement meeting that occurred on 9/12/23. There will be an open public link for making recommendations 10/16-11/16/23. Potential recommendations come from this group.
 - Justin pulled up the core report and suggested the group use the recommendations while lifting up anything from the group. Justin put the link in the chat for the group.
 - Elsa brought up exploration of Redemption housing and the idea of this model

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| Future meeting potential topics: | | |
| Next steps | <ol style="list-style-type: none"> 1. Justin will circulate the Rubric and PowerPoint for Recovery Friendly Communities and what is expected for communities agreeing to participate in this. 2. Individuals interested in participating in a Housing Workgroup should email the Subcommittee Chairs with their interest. A doodle poll to identify shared availability of interested participants will follow. | |
| Other Updates | <ul style="list-style-type: none"> • CCAR Recovery walk on 9/23/23 11-3pm walk begins 12:30pm Bushnell Park • Recovery Media Campaign www.recoveryhappenshereCT.org • DMHAS Harm Reduction conference | N/A |
| Next Recovery sub-committee meeting: October 12th @830am-10am Next Full ADPC Council meeting: Click here to join the meeting 2023 Sub-Committee Meeting dates: | Next Full ADPC Council meeting: October 17th 2023 Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 263 463 193 86 Passcode: WZG4Wc Download Teams Join on the web Or call in (audio only) +1 860-840-2075,,294341421# United States, Hartford Phone Conference ID: 294 341 421# | N/A |

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