

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
October 12, 2023 (by Microsoft Teams)
830am-10am

In attendance: Rebecca Allen (co-chair CCAR), Pamela Mulready (Co-chair Wheeler), Kris Robles (DCF Staffer), Justin Mehl (DMHAS Staffer, Katherine Ramos (DMHAS), Michelle Masi (ABH), Ali Miller (YALE), Carleen Zambetti, Mel Maichack, Tracey Hanson, TJ Aitken (CCAR), Erin Marino, Sarah Hareld (RSS), Tracie Compositor Daniel Newton (Yale), Sara Piatti, Courtney Dollar (CTHRA) Elsa Ward, Kathleen Marchione, Dana Smith, Jacqueline Calayag

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	Rebecca Allen led meeting Mel Maichack motion to accept minutes Erin Marino second the motion	Minutes approved
Agenda items	<ol style="list-style-type: none"> 1. Where is Gender in Harm Reduction (Yale Presentation) Daniel Newton, Ali Miller <ul style="list-style-type: none"> • Gendered justice not just woman and where they get harm reduction services as well as what structures are put in place. • If those are using do, they know what service their clients have and whether or not they have harm reduction services • Reproduction justice- what structures are in place • Not able to share on outcome yet but open • Katherine Ramos shared open recommendation for OSAC. 2. Sober Housing Overview in CT (DMHAS/ABH Presentation) Carleen Zambetti, Michelle Masi <ul style="list-style-type: none"> • What is a sober living home description, what they are and are not. 	

- How do they operate and certification (NAR -national alliance of recovery residences and CTARR- CT Alliance of Recovery Residences)
- Rules vary depending on each program or accrediting organization, but most have several basic rules in common.
- What happens when relapse happens- most of the time individuals are asked to leave the living environment. Many sober living homes refer the resident to a SUD treatment or offer another form of treatment.
- How effective are sober living homes?
- 1115 SUD Waiver and how is it affecting sober living provided expansion of residential and ambulatory services as well ensure access to MAT
- Shared CT addiction services availability site
- Shared potential impact on the system.
- How has potential impacts affect Sober homes: must provide MAT, people move through levels of care faster creating capacity issues sober homes intake process may need to adapt to individualized treatment, lower intensity residential services will need to place more emphasis on clinical services.

Supported Recovery Housing services (BASIC NEEDS)

- 20 agencies, 337 covered beds in 67 homes
- 60 days annual maximum authorized 30 days at a time and billed weekly. Documentations of case management notes required.
- Annual chart reviews and inspections

3 Funding options

- BHRP basic needs
- SOR SRHS- any insurance, primary diagnosis oud required, ending 9/24

- **BGRP SRHS-E- all other individuals, ending 3/2025**

What does this look like

SHS is a community residence where individuals choose to live in supported environment together.

Frequently peer owned and operated.

Inclusive of strengths-based case management for linkage to community resources

What are the set standards, NARR & CTARR certify homes on a larger scale- this is an additional voluntary, independent, certification not required for SRHS or monitored by DMHAS OR ABH

SRHS provers reimbursed over \$18,000 for holiday and community celebrations in 2022-2023

For the first time in 2023, ABH and DMHAS established a community supplies fund for all providers to assist new arrivals with immediate basic needs items. SRHS providers have identified this as an unmet need.

GAPS identified and recommendations for Sober Housing shared.

Paster Dana Smith request to add information about redemption housing.

Also they mentioned that needing to expand on the 2 months due to the amount of pressure the individual has to tend to in the first 2 months.

Courtney mentioned about carving out space in shelters regarding supporting those who have relapsed and needing to leave the sober home. What can this space look like. "wet shelter concept"

Justin- have any of the sober houses having policies to manage the individual due to recent lapse. Michelle shared that providers are working on this collaboratively.

As time permits:

5. Workgroup updates

- **Recovery Friendly Education**
- **Special Populations**

	<ul style="list-style-type: none"> • Housing <p>6. Opioid Settlement Advisory Committee (OSAC) brief recap</p> <ul style="list-style-type: none"> • Further thoughts on recommendations? <p>7. Updates</p> <ul style="list-style-type: none"> • All in attendance are welcome to offer updates from their professional setting and area of focus as time permits 	
Future meeting potential topics:		
Next steps	1. Justin will circulate the Rubric and PowerPoint for Recovery Friendly Communities and what is expected for communities agreeing to participate in this.	
Other Updates		N/A
Next Recovery sub-committee meeting: November 9 th @830am-10am Next Full ADPC Council meeting: Click here to join the meeting 2023 Sub-Committee Meeting dates:	Next Full ADPC Council meeting: December 19, 2023 Join on your computer, mobile app or room device Click here to join the meeting Meeting ID: 263 463 193 86 Passcode: WZG4Wc Download Teams Join on the web Or call in (audio only) +1 860-840-2075 .,294341421# United States, Hartford Phone Conference ID: 294 341 421#	N/A