

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
June 8, 2023 (by Microsoft Teams)

In attendance: Elsa Ward (DMHAS), Rebecca Allen (Co- Chair) Thomas Fulton, Cini Shaw, Nicole Hanson, Kris Robles (DCF Staffer), TJ Aitken, Pamela Mulready (Co-Chair) Rebecca Allen(CCAR), TJ Aitken (CCAR), Courtney Dollar (CTHRA), Jacqueline Calayag

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	Meeting Led by Rebecca Allen Motion accepted by	Minutes approved.
Agenda items	<p>Co-Chair Update-</p> <p>Recovery Friendly Community Updates</p> <ul style="list-style-type: none"> • Update on contact list and progress/status • Justin met with rep from New London and are still a Recovery Friendly Community but this fell off the focus. Area of improvement 1. Strengthen municipal buy in. She will reconnect with Gene and talk more about this. Just send them the rubric to review again and they want to get the Mayor involved and is happy to get it on their radar • West Hartford update (CARL) they have the rubric and hiring the peer navigator and Justin offered support. Right now, they are working on the rubric. <p>Rebecca A- spoke with Danbury – the person on their website has changed. Finding out who would take over and the new contact Fernanda is supportive. Erin Henry is the new contact for Danbury</p> <ul style="list-style-type: none"> • She also reached out to Groton and will have a meeting soon with community Speaks Out (Caroline Wilson the prevention 	

	<p>person) They have lost sight and are willing to look at the rubric and pull in a point person for the town of Groton.</p> <ul style="list-style-type: none"> • Courtney: Marco Palmiari Health Director (Champion) . Courtney reported that there are no updates at this time. Their Opioid task force was rescheduled and was not able to be there. She spoke with their mayor briefly and it doesn't seem it is a high priority at this time. Bristol • New Cannan Fairfield- Jacqueline C- Paul Rhinharte- past attempt to get the Rubric established but was unsuccessful. A Community Behavioral Health Fund is being established so she will be making contact to start the discussion again. • Municipality do not need to adopt all the points on the rubric they can adopt what they feel is fitting for them and their town • Ridgefield – Nicole H reported she will reach out today • Wilton- Nicole and Jacqueline C- Ingrid has been busy with national prevention week. Once the event ends they will reach out again. • Waterbury- Western Coalition- Pam needs to reach out • Elsa asked about New Haven and whether or not they have been approached or why they are not on the list for Recovery Friendly Communities. Elsa and Justin brainstorm and reaching out to Carlos Sousa. Courtney reported she is working with North Central District Health Department district willing to coordinate and get them connected. They have a steering committee, and this might be a place to have an initial conversation. • Potential setting up an informational session on Recovery Friendly Community to help gain buy in. Then Highlight the communities that are doing it. Make an attempt during Recovery Month. Question if this is something we can have 	<p>Courtney to make contact and connect with Justin for potential presentation.</p> <p>Rebecca to reach out to the ADPC prevention group and discuss Recovery Friendly</p>
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	<p>the RBHAO to lift up which it would land on the Prevention side of the house. Justin shared that this would be best to stay with Recovery work group. Justin shared that RBHAO have presented to our group as well have run items by our group and we have had good partnership on initiatives.</p> <ul style="list-style-type: none"> • Ana T sent notes and reported I had a conversation with Mandy Maranda, Dir. of Y&F from Wallingford at the Old Saybrook presentation with the AG and RBHAO2 people. I am looking to schedule a meeting. I will reach out to Jason Bannon in hopes of him joining me. • I have talked with Lea Crown, Dir DPH in Meriden and she talked about wanting RFW information. I brought up that a few years back Jason Bannon and I gave a presentation for RFC to the Meriden Healthy Youth Coalition we would like to follow up again, they stalled. I now need to get a few things together to drop off and discuss both. • Branford, Madison, Guilford will be a conversation I will be having with Pam Mautte, Dir. APW RBHAO2. Pam and Jason Bannon did a presentation years ago for RFC and my RFW work can maybe reconnect the initiative. <p>Question/Comment: When in this subcommittee meeting we refer to Recovery Friendly Communities and now Recovery Friendly Campus (New name?) why hasn't Recovery Friend Workplaces been discussed too. Is that because it was a collaboration with DMHAS, DOL, & DPH? I wonder if the RFC was more in conversation with RFW it would create attraction? RFW recipients receive a proclamation from the Governor mailed to them when done. I don't believe that a proclamation for RFC has ever been considered for the RFC? Rebecca provided information regarding RBHAO having the Recovery Friendly Work Place-</p> <ul style="list-style-type: none"> • Next steps <p>4. Work Group updates/report outs:</p>	<p>Community and partnering with this group around this.</p>
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	<ul style="list-style-type: none"> • Recovery Friendly Campus <ul style="list-style-type: none"> ○ Recap of previous meetings and presentations – Pam provided update- CT Healthy campus initiative presentation and shared background and provided them with additional information and discussion on needs assessment. Meeting was not as well attended but thinking the Fall will be better represented. ○ Someone from Safe Project met with them and the National level work and their data base they use. Not it is comparing ours to National and if there is anything we can use. Then how to make this meaningful and purposeful and meeting the needs of the different colleges. ○ Work towards finalization and approval of recommendation to Full Council • Discussion: <ul style="list-style-type: none"> • Special Populations <ul style="list-style-type: none"> ○ Rebecca shared last meeting was 4/21/23. Discussing the needs of the population and updated language and want to invite others to the group. Went over the list of populations that is being focus. Recommended on seeking consultation/TA to bring this together. Next meeting 5/19/23@9 am. 	<p>Group to present recommendation to the Subcommittee June 8th</p>
<p>Future meeting potential topics:</p>		

Next steps		
Other Updates	<p>TriCircle events and opportunities: ~ All on TriCircle's website events page www.tricircle.org</p> <ul style="list-style-type: none"> • Volunteers needed to man our booth at the CT Barber Expo. This is TriCircle's 3rd year we have been sponsors in and we will be offering a quick naloxone training (Narcan) and giving CT barbers and stylist kits. We will also be handing out the literature with the QR Code video. May 20-22, at Mohegan Sun interested in helping out, free admission volunteering with TriCircle. • Join US on the Mat, free Yoga Saturday May 27th, 10:00-11:00am 169 Colony St Meriden • Every Monday of the year TriCircle offers Hope After Loss Groups in 3 locations, all have virtual options, Meriden, Colchester, and Marlborough. 2023 Schedule Hope-After-Loss-Groups-2023-Calendar.pdf (tricircle.org) • Every Thursday of the year TriCircle offers Hope & Support Groups in 3 locations, all with virtual options, Meriden, Colchester, Somers. 2023 Schedule Hope-Support-Groups-2023-Calendar.pdf (tricircle.org) • Setback on the 1st & 3rd Wednesday each month at 1741 Pub & Grill Middlefield (Lyman Orchards) \$20 buy in 1/2 goes to TriCircle and the other half go to cash prizes. • Hope After Loss Group is having the TriCircle Selfcare Retreat, September 30th, (Raindate October 7th) The Story Barn, 952 Main St. Somers, CT, with Meditation, Yoga, Art Project, Dinner, Bonfire & Smores. • Hope & Support Group is having the TriCircle Selfcare Retreat, October 1st, (Raindate October 8th) The Story Barn, 952 Main St. 	N/A

Somers, CT, with Meditation, Yoga, Art Project, Dinner, Bonfire & Smores.

- Be in the know with all of TriCircle's events & great information signing up for "The TriCircle Connection" newsletter.

Youth Recovery CT- Pamela Mulready

Also, anyone under 30 can attend this young adult national meeting of SMART Recovery [SMART Recovery - Meeting #7014 Mentor, Ohio](#)

SMART Recovery - Meeting #7014 Mentor, Ohio
SMART Recovery meeting in Mentor, Ohio

Nicole Hampton www.ccbevents.org, Spring Conference 6/1, 8am-4pm at Saint Clements Castle, Portland, CT
Nicole Hampton, High Focus Treatment Center, Adult & Adolescent IOP & PHP, Norwalk & Farmington, 203-939-3085 cell

Mulready, Pamela A

If you aren't familiar with SEPI and work with people who are pregnant, we can come train you on how to create a family care plan to help support them [Resources for Individuals & Families | SEPI-CT \(sepict.org\)](#)

Resources for Individuals & Families | SEPI-CT
" SEPI-CT offers resources like the family care plan template and other Connecticut assistance helplines for individuals and families. "

Mulready, Pamela A

[Recovery Friendly Community | wctcoalition](#)

Recovery Friendly Community | wctcoalition

	Find a local Recovery Friendly Community or learn how to make your community Recovery Friendly	
Next Recovery sub-committee meeting: June 8 th @830am-10am Next Full ADPC Council meeting: Click here to join the meeting 2023 Sub-Committee Meeting dates:	Next Full ADPC Council meeting: June 20 th Click here to join the meeting	N/A

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