

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**February 9, 2023 (by Microsoft Teams)**

**In attendance:** Justin Mehl (DMHAS Staffer) Jillian Griffin (Co- Chair), Kris Robles (DCF Staffer), TJ Aitken, Ana Gopoian, Pamela Mulready, Sara Piatti, Dawn Whalen (Promise to Jordan), Kathleen Marchione, Elsa Ward (DMHAS), Tek Ece, Jacqueline Calayag

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	Led by Jillian Griffin	Minutes approved.
Agenda items	<p><b>Co-Chair Update-</b></p> <ul style="list-style-type: none"> <li>• 3 potential applicants for the new co-chair position. Officially request resume and have 7 days to get them in to DCF/DMHAS staffers and will meet with Co-Chair and staffers and then a vote from the committee will proceed</li> </ul> <p><b>Work Group Attendance and meeting times</b></p> <ul style="list-style-type: none"> <li>• Discussion about importance of staying for the full meeting especially when midway or end of meetings votes are needed</li> <li>• 8:30am start meeting discussion and whether group is interested in this.</li> <li>• If you are not able to attend the work group, please contact staffer and co-chair</li> <li>• Jill asked whether group understand the goal of the work groups. (special population, recovery friendly campus work group). She clarified the goal of the two subgroups and the importance of joining to move these two initiatives forward. Special Populations work group March 3 at 9am. Tek Ece is interested in signing up one of our Behavioral health directors to join special population work group.</li> </ul> <p><b>Workgroup update-</b></p> <p>Special populations have been identified: LGBTQI, Youth, Family, Disability, Comorbidity. Developing a resource book. Elsa had a question on what the goal of this group/purpose. Creating a needs assessment in order to get a clear picture of this.</p>	

	<p>Making sure that what ever resource gets created that there are opportunities that the guide can be updated regularly. Tek Ece talked about that the biggest barrier is us and that we need to focus on workforce and ensure training and education is occurring. Interested to bring these resources to all the medical providers and FQHC</p> <p>Recovery Friendly Campus Workgroup- came up with information and identified forming a formal work group to identify specific task as well as developed action items and the toolkit. Another doodle poll will be sent out to the group to ensure we have a group representative.</p> <p>Ana spoke about the Elks and how they have significant resources, scholarships and school programs if we want to connect with them. Ana talked about potential of IMPACT grants.</p> <p>Reviewed the recommendation and began to make updates to this.</p> <p>Workgroup updates:</p> <ul style="list-style-type: none"> <li>- Subcommittee members continued the discussion around the creation or two distinct workgroups that emphasizes the target areas of focus that were identified in previous meetings.</li> <li>- A Recovery Friendly Campus Workgroup and a Special Populations workgroup will be set up and offered to committee members to participated.</li> <li>- Date to present in Full Council in April 18th</li> </ul> <p>Recovery Friendly Community review of list</p> <ul style="list-style-type: none"> <li>• Review list and who will be able to take on to make contact with the community. We will need to add email and phone number to the list</li> <li>• Group walked through the list and began to identify subcommittee members to begin to make contact with the town.</li> </ul>	<p>Jill will send out a new doodle poll subcommittee for Recovery Friendly Campus workgroup</p> <p>CT Healthy Campus Initiative - Pamela Mulready to ask the group about joining the work group JaCqueline to follow up with Fairfield University and Sacred Heart University.</p>
<p>Future meeting potential topics:</p>	<p>Update Members list Review of Charter Recovery Friendly Community report out Special Populations Work group report out Recovery Friendly Campus work group report out.</p>	

Next steps		
Other Updates	<p>Jacqueline Calayag</p> <p>A week from today, we are hosting our <i>Monthly Pathway Session</i> on Collegiate Recovery Programs. Speaking will be <a href="#">Lisa Arnold</a> of Fairfield University and <a href="#">Amy Boyd Austin</a> of the University of Vermont.</p> <p>When: Wednesday, February 15, 7-8pm  Where: Over ZOOM. Go to <a href="https://bit.ly/Feb_15_Pathway_Register">https://bit.ly/Feb_15 Pathway Register</a> to sign up and get the link.</p> <p><a href="https://inspirerecoveryct.com/onsite-trainings/">https://inspirerecoveryct.com/onsite-trainings/</a></p> <p>Current Offerings - Inspire Recovery  Addiction Treatment Series Jill Griffin, LCSW, LADC will be offering onsite CEU trainings beginning in March. Register below: <a href="https://forms.gle/ADzyxhwXSAezrzaJ9">https://forms.gle/ADzyxhwXSAezrzaJ9</a></p> <p>Smart Recovery- new members 54</p>	N/A
<p><b>Next Recovery sub-committee meeting:</b>  March 9<sup>th</sup>, 2023 @ 830am-10am</p> <p><b>Next Full ADPC Council meeting:</b>  2/21/23 <a href="#">Click here to join the meeting</a></p> <p><b>2023 Sub-Committee Meeting dates:</b></p>	<p><b>Next Full ADPC Council meeting:</b>  2/21/23 <a href="#">Click here to join the meeting</a></p>	N/A