

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**August 10, 2023 (by Microsoft Teams)**

**In attendance:** Katherine Ramos (DMHAS), Dylan Rutigliano, Jacqueline Weiss (Recovery Centers of America), Rebecca Allen (CCAR), Laura Zeppieri (Wheeler Clinic Youth Recovery CT), Thomas Fulton (Wheeler Clinic), Jacquelin Calayag (Liberations), Jody Davis (Corndale Recovery), Kathleen Marchione (Dept of Aging and Disability, BRS), Cini Shaw (The Lighthouse), Sara Piatti (Central CT Health District), Courtney Dollar (CTHRA), Keri Lloyd (DCF) covering for Kris Robles (DCF Staffer), Justin Mehl (DMHAS Staffer), TJ Aitken (CCAR), Tracey Hanson (1<sup>st</sup> Selectman, Voluntown), Elsa Ward (DMHAS), Erin Marino (Cornell Scott)

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	Jody Davis voted to approve the minutes from June 8, 2023. Laura Zeppieri seconded.	Minutes approved.
Agenda items	1. Opioid Settlement Advisory Committee (OSAC) update: <ul style="list-style-type: none"> <li>• Katherine Ramos (<a href="mailto:Katherine.Ramos@ct.gov">Katherine.Ramos@ct.gov</a>) provided update for OSAC – have had 3 meetings with most recent on July 11<sup>th</sup></li> <li>• Process posted online and was approved by the Committee <a href="https://portal.ct.gov/COSAC">https://portal.ct.gov/COSAC</a></li> <li>• Approved the Public Participation Guidelines and the Bylaws which are also posted on the website</li> <li>• Working to develop a time-limited portal for stakeholders to submit their recommendations – hoping to get this up and running soon and will advertise its availability, once ready.</li> <li>• A couple changes from this past Legislative Session:               <ol style="list-style-type: none"> <li>i. Increased membership (went from 37 to 45 members) - working to fill these seats.</li> <li>ii. On or before 10/1/23, all municipalities who received settlement funds have to directly report to OSAC on what</li> </ol> </li> </ul>	

they have spent so far and DMHAS will help post to OSAC website for transparency. Municipality allocations are posted under “Materials” on the OSAC website.

- OSAC committee is open to the public; **next meeting Tuesday September 12, 2023, 10am-12pm**
- \$61 million dollars have come into the state so far; each settlement is different but OSAC is notified any time new money is received.

2. Recovery Friendly Campus/Learning

- Update on workgroup progress
  - i. Workgroup meeting regularly and connecting with the State Schools’ Administrative and Clinical staff to help roll this into some projects they are simultaneously implementing to see what the crossover may be.
  - ii. Have been invited to do a presentation at a gathering in October to discuss Recovery Friendly Campus.
  - iii. Continuing to gather information locally and statewide and brainstorm recommendations
- Approved through voting process at full council

3. Recovery Friendly Community Updates

- Update on contact list and progress/status
  - i. Background: Recovery Friendly Communities is one of the first initiatives of this subcommittee. Approached municipality leadership to help communities self-identify that they are recovery-friendly or would like to grow in this area.
  - ii. Logo created by the subcommittee
  - iii. Time to reach back out, assign people to various committees and identify next steps. People have been reaching out to obtain additional contacts to update this list.
  - iv. Sara Piatti – made connection with Rocky Hill police chief. Meeting with Social Services upcoming and will then bring it to the Mayor after. Portland has had a recent change in their

recovery champion (left their position for a new work opportunity) – working with the First Selectman to identify a new champion. Hoping to connect with West Hartford soon. Justin had connected with Carl, may be ready to engage in a conversation. Sara and Justin will partner to work with West Hartford.

v. Rebecca working with Danbury – met with their communication officer for the city (new to this position); still very active with the initiative and have a website with video supporting this. Also connected with Groton – Community Speaks Out. Have a group of partners that they are connecting with. Rebecca will follow up with them probably in September.

- Next steps

i. People interested in reaching out to other communities can do so – don't have to do it alone, can do so in partnership with a member of this subcommittee.

ii. Justin will circulate the Rubric and PowerPoint for Recovery Friendly Communities and what is expected for communities agreeing to participate in this.

iii. When a recovery friendly community is holding any events, they generally have to advertise. If we could assist them with their advertisement (listservs, etc), it may help get the word out more and spark interest by other communities.

iv. Have a conversation with HUD – when individuals receive a voucher they are not permitted to use this for recovery housing or sober housing. Explore expanding options for individuals served by HUD to choose where they live.

v. Possible exploration of connecting individuals in sober housing or recovery housing to recovery coaches and mobile employment coordinators such that when they transition to

their own apartment they're better connected to natural supports and resources and improve opportunities for long-term success.

- vi. Basic Needs Coverage (3 months) - not enough time for individuals to stabilize; explore expanded coverage.
- vii. DOH funding for Permanent Supportive Housing
- viii. Potentially explore a workgroup around housing and develop a possible recommendation. **Email Subcommittee Chairs if interested in participating.**

4. Special Populations Work Group updates/report outs:

- Recap of previous meetings, updates, next steps
  - i. No meeting in June.
  - ii. Focus of this workgroup is that there are special populations who struggle more to connect to recovery resources: LGBTQ+, persons with co-occurring disorders, BIPOC, family, young people, persons who use drugs, older adults, veterans
  - iii. How do we bring resources to fill identified gaps for each of these subpopulations?
- Recommendation
  - i. Would like to hire a consultant via available funds to do some resource mapping for these subpopulations – both for resources in CT and available virtually. Would also want them to perform a gap analysis and make recommendations.
    1. Would send this committee a monthly report; believe this project would be short term (~ 6 months).
    2. Target dates may need to be adjusted due to approval processes, bidding processes, etc. Will adjust as needed.
    3. Elsa Ward has a consultant via a TA through SAMHSA who is working on identifying all-inclusive recovery resources. Elsa willing to share what is already

	<p>identified to help a new consultant not repeat work. A few town halls also planned. Will be developing a vision statement and plan for the next three years.</p> <p>4. Planning to have recommendation finalized and ready for the October full committee meeting.</p>	
Future meeting potential topics:		
Next steps	<ol style="list-style-type: none"> <li>1. Justin will circulate the Rubric and PowerPoint for Recovery Friendly Communities and what is expected for communities agreeing to participate in this.</li> <li>2. Individuals interested in participating in a Housing Workgroup should email the Subcommittee Chairs with their interest. A doodle poll to identify shared availability of interested participants will follow.</li> </ol>	
Other Updates	<ul style="list-style-type: none"> <li>• CCAR is hiring young people and family coordinators in Hartford and Bridgeport centers. In about a month, these two centers will expand hours to increase accessibility to the community (including evenings and Saturdays). Any questions, feel free to reach out to TJ Aitken <a href="mailto:tj@ccar.us">tj@ccar.us</a></li> <li>• Celebrating Recovery Month 2023 in September. DMHAS partnering with the Clearinghouse – doing a media campaign to put a face and voice to recovery for anyone who is interested in participating. Media campaign will span across multiple media platforms, including various social media platforms. DMHAS shared information on how to participate for dissemination to subcommittee members.</li> </ul>	N/A

	<ul style="list-style-type: none"> <li>• August 31<sup>th</sup> is Overdose Awareness Day. DMHAS partnering with City of New Britain. Walnut Hill Park from 11-2 with speakers starting at 1pm. DJ, Food Truck, Provider Tables, Remembrance of the Flag, Harm Reduction Vehicles.</li> <li>• DMHAS Annual Harm Reduction Conference on September 22. Omni in New Haven with 6 CEUs. Virtual and In Person Option. Focus on Disparities and Building Equity.</li> <li>• Hartford Recovery Community Center moved this week and is now located at 75 Charter Oak, Hartford.</li> <li>• In-person ADPC subcommittee meeting – may look to use the space at the Hartford Recovery Community Center if folks are interested. Will explore hybrid option for individuals who might not be able to attend in person.</li> </ul>	
<p><b>Next Recovery sub-committee meeting:</b> September 14th @830am-10am</p> <p><b>Next Full ADPC Council meeting:</b> <a href="#">Click here to join the meeting</a></p> <p><b>2023 Sub-Committee Meeting dates:</b></p>	<p><b>Next Full ADPC Council meeting:</b> August 15<sup>th</sup>, 2023</p> <p><b>Join on your computer, mobile app or room device</b> <a href="#">Click here to join the meeting</a> Meeting ID: 263 463 193 86 Passcode: WZG4Wc <a href="#">Download Teams</a>   <a href="#">Join on the web</a></p> <p><b>Or call in (audio only)</b> <a href="#">+1 860-840-2075,,294341421#</a> United States, Hartford Phone Conference ID: 294 341 421#</p>	N/A