

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
July 14, 2022 (by Microsoft Teams)

In attendance: Justin Mehl (DMHAS Staffer), Kris Robles (DCF Staffer), Ben Metcalf, Sandy Valentine (Co-Chair), Alison Allen, Jody Davis, Kathleen Marchione, Lisa Gray, Jillian Griffin (Co- Chair) , TJ Aitken, Anne Trimachi, Elsa Ward (Director of recovery affairs for DMHAS), Jeremy Kosbob (guest Jeremy Kosbob The HUB/Ryasap), Lyne Stokes, Kelvin Young, Sou Thammavong, Elsa Ward (DMHAS)

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in. Guest introductions: - Jeremy Kosbob (The Hub/Ryasap) Recovery in the workplace	N/A
Review of minutes from previous meeting	Edit: Kris Robles made an edit to Mary Kate Mason name. Jill motioned to approve Lisa second Sou abstained	Minutes approved.
Agenda items	<p>1. Recovery Friendly workplace presentation – Jeremy Kosbob Region 1 The HUB, RYASAP- Regional Youth adult substance use action program</p> <ul style="list-style-type: none"> • Power point was shared to the group. • Sou Thammavong – shared the NSC calculator, nsc.org/forms/substance-use-employer-calculator • Reviewed 10 steps to becoming a recovery friendly workplace. – www.recoveryworksct.org; download toolkit, programs directors are listed for contact. • Reviewed resources and other agency’s that are Recovery Friendly Community’s • Each region (5) would have a coordinator and a peer navigator to go out and recruit company’s • Approach using previous relationship to build connections and uplift this initiative • If you want to be a RFW you have to go through the clearing house • Sou will provide the committee the process • Sou is having conversation with Intercommunity and New Life 	

	<p>Questions: Lisa shared Simsbury and providing a list of companies- this list to be shared with Sou as this is her region. Allison asked is the peer navigator the person who helps gets you in the door of the organization? Sou shared this is correct. Allison Allen – willing to share connection with Travelers Company Jody Davis- spoke about how she is working on connecting with other towns to become recovery friendly community to become recovery friendly employer Justin provided a quick review of some back history of Recovery friendly workplace. Kathleen Marchione- asked about to have there been approached to bring in state government. Currently there has been limited to no work yet to get this in for state agency. Some of the struggles -1. Coming out of the pandemic, also no large campaign, peer navigators being down Elsa Ward – Working with HR’s on education and get buy in from the top. Jody Davis – wondering if we can get in with the use of wellness dollars. Justin – shared having regular collaborative meeting with their staff regarding connecting with people. He suggests making a connection and decreasing silos. Jeremy and Sou to potentially attend meeting to make a connection.</p> <p>ADPC tracking recommendation</p> <ul style="list-style-type: none"> • Justin shared the process of this and how to put in the recommendation and it being approved by the council. • Justin shared the Recommendation guide to the group <p>Discussion- whether Recovery Friendly Campus to be a recommendation to present to the council. Kris R brought up defining Recovery Friendly Campus to be Middle, High and College. Sandy to work on writing up the agenda</p> <p>Review of Survey items Jill spoke about next meeting to be September meeting and pause for August meeting Kris to get Sandy on the Aware Advisory committee to present Recovery Friendly Campus and this initiative.</p>	<p>Meet in person to break out into groups to finalize these ideas. Add a half hour for the September meeting. Sandy and Jill to send out a poll</p>
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	<p>Jill talked about how to move forward from our strategic plan- Special population (What are the special populations, what are the overarching need and while addressing the needs)., Recovery Friendly Families/Supports, Young Person initiatives.</p> <p>Members List needs updating-Sandy sent out email to all the group members.</p>	
Future meeting potential topics:	- ADPC Recommendation	Sandy and Jill to send out Location to main group.
Next steps	-	
Other Updates	<p>Lisa Gray-September 25th, Outdoor concert venue to have this be a recovery friendly "Simsbury untapped".</p> <p>November 18th Alcohol free dinner</p> <p>Job posting Promise to Jordan</p> <p>August 18th HIDTA presentation</p> <p>Sou-In person NARCAN 7/20/6-7pm meeting at New Life community center</p> <p>Sandy- CCAR Recovery Walk</p> <p>Jody Davis- Pig Roast to celebrate her organization and anniversary</p> <p>Sandy shared- American Academy of Pediatrics Article – Recommended Terminology for Substance use Disorders in the Care of Children, Adolescents, young adults and Families.</p> <p>August 31st- Overdose awareness event Capital</p>	N/A
<p>Next Recovery sub-committee meeting: September 8, 2022 9am in person TBD</p> <p>Next Full ADPC Council meeting: August 16, 2022 (TUESDAY)at 10am</p>		N/A

2022 Sub-Committee Meeting dates: 10/13/22 11/10/22 8/11/22 12/8/22 9/8/22		