

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**June 9, 2022 (by Microsoft Teams)**

**In attendance:** Justin Mehl, Kris Robles, Ben Metcalf, Ana Gopian, Sandy Valentine, Alison Allen, Elsa Ward, Jody Davis, Kathleen Marchione, Lisa Gray, Nicole Hampton, Yashira Pepin, Cini Shaw, Mary Mason (Legislation Liaison), Jillian Griffin, TJ Aitken, Anne Trimachi, Elsa Ward (Director of recovery affairs for DMHAS)

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in. Kris Robles introduced Jillian Griffin as the new Co- Chair Guest introductions: -	N/A
Review of minutes from previous meeting	Edit: Ana recommended a link move to not have it be confused with something	Minutes approved.
Agenda items	<ul style="list-style-type: none"> <li>• <b>Sandy went over the use of Teams for ADPC recovery</b></li> <li>• Strategic planning a brainstorming for subcommittee focus <ul style="list-style-type: none"> <li>*<b>Sandy shared 2019-2020 National Surveys on Drug Use and Health: Model based Estimated tools</b></li> <li>* <b>Kris and Justin shared the goal of ADPC Recovery</b></li> </ul> </li> </ul> <p><b>Questions that was asked was what you like our subcommittee would to focus on between July 2022 &amp; July 2023.</b></p> <ul style="list-style-type: none"> <li>*<b>Peer respite, peer reimbursement, family supports Recovery Housing transitional, Young people Recovery, Broader Grant opportunity Medicaid waiver, Marijuana recovery support education , Bereavement grief and loss, family support for funerals, Recovery Housing transitional housing paid by insurance, continuity of recovery resources following release from incarceration especially for youths and families</b></li> <li>* <b>Jillian shared some information around Peer Respite and what this has look liked</b></li> </ul> <p><b>Who is missing from our Sub-committee? Some one form senior population, Young people under 21, LGBTQI population, The Phoenix, NASW Ct Addiction committee.</b></p>	

Future meeting potential topics:	- Recovery Friendly workplace initiative to come and present to the work group	
Next steps	-	
Other Updates	<ul style="list-style-type: none"> <li>- Elsa Ward- looking to go and meet individuals and go and see individuals place of work connected to Recovery.</li> <li>- Lisa Gray- Simsbury being recognized as a recovery friendly community, they have recently been given grant to do a study.</li> <li>- Jillian - family support group for MH (virtual)</li> <li>- TJ-CCAR 3 young people recovery meeting, young people in New Haven <a href="mailto:tj@ccar.us">tj@ccar.us</a>, basketball group in Manchester, Parent in recovery group, parent friends and allies group</li> </ul> <p>Ana provided dates of upcoming events: June 15th, Wednesday Setback</p> <ul style="list-style-type: none"> <li>- June 18th, Saturday TriCircle resource table (Hebron)</li> <li>- June 26th, Sunday TheCharityChallenge 5K Color Run at Tamarack Lodge Voluntown</li> <li>- June 28th, Tuesday Correctional Wellness Fair Hartford Correctional Center</li> <li>- June 29th, Wednesday TriCircle resource information in Amity</li> <li>- July 6th, Wednesday Setback</li> <li>- July 13th, Wednesday Everyone Knows Some, There is Hope IV Wallingford Elks</li> <li>- July 20th, Wednesday Setback</li> <li>- July 28th &amp; 29th Thursday/Friday TriCircle's 5th Symposium will be hybrid, from 9am-12pm (8am-1pm) Physically at Chauncey Building at Gaylord Hospital and virtually supported by the ORN from Brown University. Presenters are Dr. John Kelly, from Boston, Pam Mautte, Dir. of Prevention &amp; Wellness for BHcare, Mark Jenkins, Dir. CT Harm Reduction Alliance, and me, unless someone else wants to do it.</li> <li>- August 3rd, Wednesday Setback</li> <li>- August 17th, Wednesday Setback</li> <li>- August 27th, Saturday Raianna's Run for Opioid &amp; Overdose Awareness</li> <li>- August 31st, Wednesday Overdose Awareness Day (Unscheduled)</li> <li>- September TBD The Charity Challenge Music Festival</li> <li>- September 7th, Wednesday Setback</li> </ul>	N/A

	<ul style="list-style-type: none"> <li>- September 18th, Sunday 4th Recovery Festival Mountain Mist Outdoor Center Meriden</li> <li>- September 21st , Wednesday Setback</li> <li>- September 24th, Saturday 4th Annual Outrun Addiction (Enfield)</li> <li>- October 2nd, Sunday Apple Harvest Festival Road Race "Team Tyler" (Southington)</li> <li>- October 5th, Wednesday Setback</li> <li>- October 19th, Wednesday Setback</li> <li>- October 23rd, Sunday TriCircle's 4th Gala Brunch Wallingford Elks</li> <li>- November 2nd, Wednesday Setback</li> <li>- November 16th, Wednesday Setback</li> <li>- December 4th, Sunday TriCircle's 5th Annual Holiday Mtg Chauncy Bld. Gaylord Hosp.</li> <li>- December 7th, Wednesday Setback</li> <li>- December 21st, Wednesday Setback</li> </ul>	
<p><b>Next Recovery sub-committee meeting:</b> 7/14/22</p> <p><b>Next Full ADPC Council meeting:</b> June 21, 2022@ 10am (Tuesday)</p> <p><b>2022 Sub-Committee Meeting dates:</b> 10/13/22    11/10/22 8/11/22    12/8/22 9/8/22</p>		N/A