

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**December 9, 2021 (by tele-conference)**

**In attendance:** Justin Mehl, Cheri Bragg, Shayn Ember, Zachary Green, Lisa Gray, Sou Thammavong, Sandy Valentine, TJ Aitken, Kris Robles, Ana Gopoian, Yashira Pepin, Jason Bannon, Ana Gopoian, Nicole Hampton

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	Questions: Kris to change off to of in the section of Recovery Friendly Campus.	Minutes approved.
Old Business	<p>Jennifer Chadukiewicz to email group for individuals interested in crisis stabilization workgroup.</p> <p>Jennifer, Shayn, Kris and Justin draft up letter to Commissioner Porter regarding requesting representation for this population.</p> <p>Justin Mehl - to follow up with Commissioner Porter with having a representative to join the ADPC recovery group.</p> <p>Shayn report on youth workgroup for conference status.</p> <p><b>Update:</b> Shayn reached out to TJ, DCF staff and UConn, Children Center of Hamden, and Wheeler.</p> <p><i>Discussion:</i> There was a planned invite for November and meeting didn't occur. New meeting scheduled for January 2022. There is a mixed feeling to have a virtual event for youth, but more for youth providers and family. Suggestions for youth panel and have voices of youth be heard. Bigger conversation was about having a bigger in person event in May modeling over the True Colors conference. Shayn met with Robin McHaelen (founder of True Colors) regarding this idea to begin the planning of this. Sandy brought up the language of youth vs young people. Wondering were this was generated and if this can be changed. Sandy asked about where the Youth Recovery CT came up from. Shayn provided an explanation. Discussed ensuring conference name encompasses all people.</p> <p>TJ shared that he gets push back from CCAR regarding youth understanding he is speaking about individuals above 18. He feels using young people is more inclusive vs using young adults.</p> <p>Request to shift language of YOUTH RECOVERY CT.</p>	<p>Language matter to be reviewed every 6 months. (May 2022 next review) Send out in March and April for preparation add an item when this is distributed to welcome input</p> <p>Group members that are interested in the work group for crisis stabilization send email to chairs (Ana and Cheri are interested follow up with email to chairs)</p>

	Kris and Justin to presented Language Matters to state partners and has been approved <b><i>(Cheri Brag request we continue to look at this document)</i></b>	
New Business:	Shayn will be resigning from co-chair position as they will be entering school for nursing and pursuing APRN for Psych, but will look to remain as a member of the group  Language Matters- Safe Project is distributing the document.	
Recovery Friendly Campus	Sandy Valentine, RCP & Zach Green, RSS UCONN <ul style="list-style-type: none"> <li>Update- it was an ask if it was okay to use the branding of this initiative comes out of the ADPC recovery subcommittee- group agreed. Group provided feed back to the slide deck that they presented in preparation to them sharing with the Larger ADPC Full Council.</li> <li>Full Council Presentation Practice- Discussion &amp; Feedback</li> </ul>	
Reflections and Aspirations	<ul style="list-style-type: none"> <li>Review of Previous accomplishments and successes- reference recommendations on track document- - <b><i>add to next month's agenda</i></b></li> <li>Setting priorities and objectives for the year ahead- <b><i>add to next month's agenda</i></b></li> <li>Virtual or hybrid- discussion had. <b><i>Discussion: Potentially having a hybrid option and to have technology for this to occur. Next month will be virtual. Looking for February to be hybrid group to plan for travel in their calendar.</i></b></li> </ul>	Add to the January agenda- group members to send out updates to the tracking sheet to chairs and State staffers (DCF/DMHAS)
Updates	<ul style="list-style-type: none"> <li>Smart Recovery/APG group- move to next month agenda</li> <li>Youth Conference- <i>Shayne provided update in old business</i></li> </ul>	

	<ul style="list-style-type: none"> <li>• Others? Sandy reported out regarding APRIL 8<sup>TH</sup> WILL HAVE THE CONFERENCE UCONN RECOVERY CONFERENCE. Asked the group to see if there is an option to get Previous DMHAS commissioner to share a message at the conference.</li> </ul>	
Future meeting discussion:	<ul style="list-style-type: none"> <li>• Review of Previous accomplishments and successes- reference recommendations on track document</li> <li>• Setting priorities and objectives for the year ahead</li> <li>• Crisis stabilization work group member list</li> </ul>	
Next steps		
Other Updates		
<p><b>Next sub-committee meeting:</b> January 13, 2022  Next Full Council meeting: 12/21/21 @ 10am  <b>2022 Sub-Committee Meeting dates:</b>  2/10/22    6/9/22    10/13/22  3/10/22    7/14/22    11/10/22  4/14/22    8/11/22    12/8/22  5/12/22    9/8/22</p>		