

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
January 13, 2022 (by Microsoft Teams)

In attendance: Justin Mehl, Zachary Green, TJ Aitken, Kris Robles, Yashira Pepin, Anne Trimachi, Ben Metcalf, Jennifer Chadukiewicz, SouThammavong, TJ Aitken, Cheri Bragg, Jody Davis, Kelvin Young, Lyne Stokes, Ana Gopoian

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in. Members shared how COVID has been impacting each of them in their work. If individuals have job descriptions, please feel free to send to the group so we can disperse out to members.	N/A
Review of minutes from previous meeting	Jennifer opened to the group to determine if there are any objections on the minutes. Group approved unanimously	Minutes approved.
Old Business	<ul style="list-style-type: none"> • <i>Co-Chair – vacant email DCF and DMHAS staffers for review to be appointed</i> • <i>Review of Previous accomplishments and successes- reference recommendations on track document- - Justin lead the discussion regarding group looking back on the accomplishments and other areas for us to add to focus on in the new year. The group agreed to add recovery friendly campuses, review the change to insurance and peer service for insurance commission, Reviewed the concept documents for Carol Meredith and DOL, continue to review language matters every 6 months, Review 1115 Waiver SUD and the presence of lived experience Jennifer wanting to celebrate the work on this work. Kris Robles brought up did the group want to continue to review the work around the waiver, Cheri Bragg discussed adding the new peer support process and including the town hall meetings 1/26/22 at 12pm & 1/31 at 6pm Cheri to send more information out. Judy wanted to reiterate the importance of hiring peer support and the defining of the language and paying for the service that they are providing. Justin spoke about how the importance of ensuring the role of the recovery coach/peer support are doing that work. Sou expressed in the chat she put the notice in their newsletter. Justin talked about how it will be</i> 	Get an update from Bill Halsey regarding 1115. Jen recommending setting up a separate meeting to initiate Recovery Friendly Family

important to connect with Treatment subcommittee regarding the work around the 1115 waiver.

Justin talked about looking at the family/allied component – Cheri mentioned that there is a credential process in the works.

Jennifer spoke about CCAR can recovery coach for anyone. Also mentioned the contribution this committee can have to the 1115 waiver while holding value to the peer support specialist and how do we go about to higher these individuals. Ben agreed not to compartmentalize but hold true to what is recovery oriented. Cheri talked about having one credentialed for recovery support specialist.

Jennifer asked as a working group of ADPC can we request if they can present to the recovery subcommittee. Cheri to agree to include the Recovery Subcommittee when and if she hears opportunities to be a part of this.

Justin talked about his experience with Family Partners and what this looked like in other states.

Discussion using the recovery friendly framework to continue to steer the work with the opioid task force.

Jody discussed circling back. Sou would like to partner on this process

Cheri mentioned children and family side of recovery, Favor has done an amazing job of family advocacy in CT

- *Setting priorities and objectives for the year ahead-*

Interest in special populations, Veterans population will be joining subcommittee in next meeting

Circling back to Opioid task force

Participate in town hall meeting connected to peer support and family partners

Recovery friendly communities

Review 1115 waiver and have DSS representative to share update on this to the committee.

Smart Recovery in MYI – waiting to get these back up and running. Right now getting reestablished, technology has been a barrier (not working in the system). Frustration around navigating the system in DOC. TJ discussed ways to support Young People transitioning out of corrections. Question if they can by a

	<p><i>professional zoom account. Kris recommended Anne T reaching out to ADPC criminal justice committee to see if there is any support they can provide. Kris talked about focusing on youth transition and ways we can support them in their life. Jennifer talked about creating recovery families for young people. This can cover for MH/SUD/IPV, Justin talked about developing RECOVERY FAMILY FAMILIES. Kris suggested to include Foster Parents, Adoptive parents as part of this as well. Is there a way to educate foster parents creating curriculums to help the youth in their home to sustain in their recovery (MH and SUD)</i></p> <p><i>Cheri talked about giving the entity to a recovery friendly family and how this will play out.</i></p> <p><i>Anne talked about the label of families can be significantly different for those incarcerated especially if their families need recovery as well. Establishing hope and bringing in hope and identifying other supports as part of the family friends meeting.</i></p> <p><i>Cheri talked about how visiting prison can be intimidating for parents/family.</i></p> <ul style="list-style-type: none"> • Virtual or hybrid- discussion had. <i>Discussion: Potentially having a hybrid option and to have technology for this to occur. Next month will be virtual. Looking for February to be hybrid group to plan for travel in their calendar</i> 	
New Business:	<p>Recovery Friendly Campus update – add to next months meeting.</p> <ul style="list-style-type: none"> • Reactions to presentation form subcommittee • Thoughts on next steps for Recovery Friendly Campus 	
Updates		

Future meeting discussion:	Recovery Friendly Campus update – <ul style="list-style-type: none"> • Reactions to presentation form subcommittee • Thoughts on next steps for Recovery Friendly Campus Recovery Friendly Families													
Next steps	<ul style="list-style-type: none"> • Get an update from Bill Halsey regarding 1115. • Jen recommending setting up a separate meeting to initiate Recovery Friendly Family 													
Other Updates	<ul style="list-style-type: none"> • Anna talked about – full concept of family and the work with the family left behind. 15 support groups that all moved to virtual due to COVID. They just had a memorial quilt project. Another one is in the process. They just rebranded and removed the Inc off. She is working on 2 more regions she is working on. • CCAR started a meeting for parents in recovery- TJ reported there is lots of great discussion coming from this group. TJ is going to send flyer of the group. Wednesday 530pm on ZOOM. • Jody Davis- just hired first assistant director- received generous donor and Jody will be on leave for 2 months. Their Family groups are no longer running as these were not able to get off the ground. 													
<p>Next sub-committee meeting: February 10, 2022</p> <p>Next Full Council meeting: 2/15/22</p> <p>2022 Sub-Committee Meeting dates:</p> <table border="0"> <tr> <td>2/10/22</td> <td>6/9/22</td> <td>10/13/22</td> </tr> <tr> <td>3/10/22</td> <td>7/14/22</td> <td>11/10/22</td> </tr> <tr> <td>4/14/22</td> <td>8/11/22</td> <td>12/8/22</td> </tr> <tr> <td>5/12/22</td> <td>9/8/22</td> <td></td> </tr> </table>			2/10/22	6/9/22	10/13/22	3/10/22	7/14/22	11/10/22	4/14/22	8/11/22	12/8/22	5/12/22	9/8/22	
2/10/22	6/9/22	10/13/22												
3/10/22	7/14/22	11/10/22												
4/14/22	8/11/22	12/8/22												
5/12/22	9/8/22													