

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
November 10, 2022 (UConn SSW and by Microsoft Teams)

In attendance: Justin Mehl (DMHAS Staffer), Kris Robles (DCF Staffer), Cheri Bragg (DMHAS) Sandy Valentine (Co-Chair), Kathleen Marchione, Jillian Griffin (Co- Chair), Cam Piasecki (New Foundation), Sou Thammavong, Jacquelin Calayag, Jody Davis, Nicole Hampton, TJ Aitken

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in. New Member Cam Piasecki	N/A
Review of minutes from previous meeting	Edit: no edits Jody Davis moved to approved Sou Thammavong second to approve minutes.	Minutes approved.
Agenda items	<p>Jillian Griffin-</p> <ul style="list-style-type: none"> • Took a pulse of the committee and understanding of what the goal of the committee is and whether or not members feel like they are clear. <p>Discussion:</p> <ul style="list-style-type: none"> • Kathy Marchione shared that they have never been very clear on the goal but are attending to share information and bring back information to her departments. • Jody Davis shared she was not understanding for the first 2 years and not has a good understanding. She expressed supporting the direction we are in right now with recovery friendly campus. • Cheri -not always sure of where the health maintenance comes into play and when and where we integrate mental health. Ensure we have the right people at the table when we discuss this area. • Justin shared about how the Mental health recommendation are to find a balance but to be able to be broad and make space for discussions. • Jillian shared about noticing that other committees have a charter and whether our committee would benefit to have this to ensure there is a standard language. Justin spoke about having a small work group could help direct our work. 	

- **Judy Davis is willing to work on a charter with a group of people. She would also look to see regular follow up on projects that have been lifted up from the group and see the status and see if there is any other supports needed.**
- **Jillian will share the charters with the group as we work on this as a group.**
- **Justin suggested group members attending the full council as an opportunity to get more understanding of all the groups and the work that is lifting up.**

Recovery Friendly Community Update

Justin- Sarah Piati- Recovery coach in the community and worked on getting Portland to be a recovery friendly community. She utilized the rubric and that this was finalized.

Justin will invite her to give a update on this in next meeting.

Sou requested the rubric as well as West Harford is interested in becoming a RFC. SW RBAHO involved in TACT 18 and shared that they were impressed with Simsbury RFC and website. They are looking to seek guidance on this process.

Sandy put a copy of the rubric in the chat.

Sandy shared that she met with HR leader for wellness for Recovery Friendly Workplace at UConn.

Justin will send a list of towns that have adopted RFC

The following towns/communities have gone through a process utilizing the rubric and currently identify as Recovery Friendly:

- Bristol
- Danbury
- Enfield
- Fairfield
- Groton
- New Britain
- New Canaan
- New London
- Ridgefield
- Simsbury
- Somers
- Stafford

Branford, Darien, Guilford, Hamden, Madison, Manchester, Meriden, Wallingford, Waterbury, and Wilton remain in progress.

Recovery Friendly Campus Recommendation Walkthrough and Discussion

Documents were shared to the group via email.

- We reviewed comments that were provided by Ana Gopoian
- Group shared input on first slide regarding data points to share in the presentation.
- Justin requested to clarify data it being national or CT data.
- Maybe we add to the rubric on the possibility to format campus to have.
- Jody spoke about not forgetting High School Campuses.
- How do campuses begin the work- Discussed who we need to align with.
- Ensuring we are using language that is college specific or to have some one that will be able to translate this to put into practice.

Under core components:

- Can these just be the steps to take?
- Change adolescent to young people and adopt definition of APG from CT Drug Free
- Consider adding language under Community/Campus attitudes to include on campus dorm options for formerly incarcerated individuals
- Tweaks around language –changing Narcan to naloxone
- Swap ally training from department section to resource section
- Sandy shared that UConn school of social work has recognized the Recovery ally training as 2CEU's for clinicians willing to attend. CCAR has authorized the training to count towards 2 hours of RC professional training. Sandy stated that she would b willing to offer the Recovery Ally Train the trainer model) to other campuses interested in exploring or becoming Recovery friendly. She is additionally training over 500 people in Lincoln England on this model.
- The Subcommittee doesn't feel the official recommendation will be ready in for December full council
- Sandy asked if both documents she presented should be shared or just the tool? A consensus was not reached and will need to circle back.

	<ul style="list-style-type: none"> Justin mentioned the need to formalize any recommendations onto the standard ADPC recommendation form and encouraged subcommittee members to review the recent recommendation that came out of Prevention that was attached to the minutes and agenda. Group proposed formation of workgroups. One to continue R F Campus work in between meetings (led by Sandy) and another to focus on special populations work and charter (Led by Jill). Invitation to workgroups will be delivered to subcommittee via the co-chairs. Based on feedback received the chairs will arrange a meeting time (possibly through doodle poll) to find times for the work groups to convene. 	
Future meeting potential topics:	-	
Next steps	Finalize Full Council recommendation Set up an ad hoc to move this work along.	
Other Updates		N/A
Next Recovery sub-committee meeting: 12/8/22 Next Full ADPC Council meeting: 12/20/22 2022 Sub-Committee Meeting dates: 12/8/22		N/A