

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
September 9, 2021 (by tele-conference)

In attendance: Justin Mehl, Cheri Bragg, Shayn Ember, Zachary Green, Jennifer Chadukiewicz, Jody Davis, Lisa Gray, Sou Thammavong, Sandy Valentine, Kelvin Young, TJ Aitken, Ben Metcalf, Alison Wiser, Amy Porter

Agenda Item	Discussion	Action Taken
Check in & Introductions	Members checked in.	N/A
Review of minutes from previous meeting	<p>Questions: Were the minutes updated to reflect changes Sandy suggested?</p> <p style="text-align: center;">Minutes were accepted</p>	Minutes approved.
Commissioner Amy Porter	<p>Guest Amy Porter, Commissioner for the department of aging and disability services.</p> <p>Jennifer invited her to attend in the interest of making sure groups, which are not always heard from, are thought about and listened to. We're interested in asking questions to these groups maybe in a town hall style virtual meeting to give individuals the opportunity to identify barriers they see to their recovery or access to recovery resources.</p> <p>Amy presented that in June of this year, CT released their first ever healthy aging data report that includes state level data and some local data as well. Link to that report: https://healthyagingdatareports.org</p> <p>This report also includes information on substance use within the aging population. The State's plan on aging was just released last fall, a three year plan that includes measures for training around benefits, access to Medicare, etc.</p> <p>This agency has services for individuals who are blind, deaf or hard of hearing, vocational rehabilitation services and they also partner with DMHAS or DDS to make sure individuals are able to get wrap around services they need. There are many different agencies within the state providing services to these populations, included the five AAAs (Area Agencies on Aging) and the Centers for Independent Living.</p>	Draft something offline to send to subcommittee for review and then to send out to Commissioner Porter.

	<p>The group then discussed known challenges facing this population such as, under diagnosis, faults with Medicare, access to recovery support services, housing struggles and ability to access to sober housing.</p> <p>The group is interested in potentially doing a survey or town hall style talking group with this population to find out what their need is for recovery support, also to connect with individuals in the aging population in recovery, or individuals with disabilities and in recover to get them represented on this committee.</p> <p>Amy is happy to distribute information if this committee would like to reach out to AAAs or Centers for independent living, and to communicate through email with Justin, Shayn or Jennifer.</p>	
Language Matters	<p>Looking for final approval of the current version of this document.</p> <p>Interested in sending this out to the full ADPC.</p> <p>Shayn talked about the need for the document to continue to be looked at and updated to reflect cutting edge ways to think about recovery and substance use. Updates to language for how the community wants to be talked about. A workgroup will continue to reimagining and update this language matters document.</p> <p>The current document should be edited to reference that it is currently being updated.</p> <p>Shayn will email the current version to the group and we will approve it at the next meeting.</p>	<p>The current document will be emailed to everyone and we will approve it our next meeting.</p>
Stabilization Model	<p>Forming the workgroup.</p> <p>Jennifer – There are things on the horizon for the ADPC subcommittee, which will require work to be done in small groups between meetings. The biggest task currently, is reviewing all of the different groups in the state talking about and working on stabilization models.</p> <p>Reach out to Jennifer or Shayn to be a part of these work groups.</p> <p>Justin will reach out to other contacts to see if there is a way to pool efforts on this topic.</p>	<p>Reach out to Jennifer or Shayn if interested in stabilization model work group.</p> <p>Email the whole subcommittee list to make sure everyone is able to be included.</p>

Updates	<ul style="list-style-type: none"> • Recovery Friendly Campus Initiative - Zach gave an update: Residents are now living at the recovery community house at UConn Storrs, two meetings are facilitated there with hybrid access. Membership is continuing to grow. Recovery ally training is continuing and has been done with RAs, now close to 400 allies trained in total. Continuing efforts to take this and apply it to campus's other than UConn. Sandy and Shayn talked about the need to get more schools involved and to get CT healthy campus on board. Challenging the belief that you need to have a recovery program or financial support to become a recover friendly campus. Can be a collaborative effort with existing programs, new language in work already being done. Looking further out to present to ADPC full. • SMART recovery APG/Groups - SMART recovery is now Youth recovery CT, non-profits eligible to apply for 10,000 mini grant, reach out to Shyan for information. Youth Conferences - DCF was able to secure some funding for this conference, however, it cannot be used on food. Currently reaching out partners to get funding for food, aiming for next year to have this conference. Another potential workgroup to form, if you work with young people we'd love to have you involved in any capacity with this. 	
Future meeting discussion:		
Next steps		
Other Updates		
Next sub-committee meeting: 2021 Sub-Committee Meeting dates:		

Thursday, October 14th
Thursday, November 11th
Thursday, December 9th