Meeting Minutes

Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee

June 10, 2021 (by tele-conference)

<u>In attendance:</u> Jennifer Chadukiewicz, Shayn Ember, Lyne Stokes, Lisa Gray (Guest), Ana Gopoian, Justin Mehl, Zachary Green, Sandy Valentine, Anne Trimachi, Wende Cooper, Cheri Bragg, Kelvin Young, TJ Aitken, Kris Robles

Agenda Item	Discussion	Action Taken
Check in &	Members checked in.	N/A
Introductions	Guests: Lisa Gray	
Review of minutes from previous	Edits to be made to minutes Delete an e on Shayn name	Minutes to be reviewed for approval due to edits.
meeting	Remove an n on Ana Gopoian name and add an o to her name in parts of the minutes.	
	Remove er and add ar to Zachary Clarify that Cheri emailed Wendy the statement on Language matters	
	Update that Manson youth institute is working towards not continuing the media room.	
	Removed following up with Mary Painter regarding the recovery friendly community at UConn.	
Stabilization Center	Stabilization Center discussion-Jennifer Chadukiwicz	Follow up discussion on next steps on collecting
Follow up discussion	Provided an update from the joint meeting with ADPC criminal justice and ADPC recovery and health management subcommittee. She	data on feasibility assessment.
	shared that it was a group consensus to do a feasibility study. She shared that a discussion occurred around the needs of boy	Kris to add member list distribution to the minutes
	subcommittees. Criminal justice being prevention on sending people to jail and assessing whether treatment is needing while at the	Allison Kernan <allison.kernan@rnpinc.org>; Ana Gopoian <ana@tricircleinc.com>; Ben</ana@tricircleinc.com></allison.kernan@rnpinc.org>
	stabilization center and for the recovery ADPC being on the treatment	Metcalf bmetcalf@hillhealthcenter.com>;
	end regarding waiting for treatment bed to open and using the	Bragg, Cheri <cheri.bragg@ct.gov>; Charles</cheri.bragg@ct.gov>
	stabilization for that purpose. Justin talked about the goal of the	Mitchell (charles@middlesexchamber.com);
	meeting and how both committees agreed with the model and how	Debra Truax <dtrue1023@gmail.com>; Green,</dtrue1023@gmail.com>

the two subcommittees decided on when funding comes available that we agreed on a need's assessment/feasibility study. Justin clarified that once the funding comes available that this would go out for an RFP for a nonprofit to take over. THE RFP would go out to BID. He stated the purpose of the feasibility study would be to gather data and poling individuals such as police and other individual to prepare for a presentation.

Jennifer mentioned that we do not have data yet and whether the committee wants to be part of joining with the criminal justice committee to do this.

Jennifer provided input of the effort around obtaining short term stabilization model temporary respite housing that are seeking recovery and that are in between medical admission and a bed being available.

Cheri had a question regarding what the commissioner talked about surrounding invented hybrid model and whether mental health would be part of this stabilization center. She also asked what group would be doing the needs assessment. In addition, what particular gaps are there that she is not aware of? She wanted the group to know the importance of being inclusive around this concern. She talked about the hearing voices network. Jennifer spoke about the gap being bed not being available and not putting a person back to the environment putting them at risk. Having them be able to attend the short-term respite while waiting for a bed. Justin talked about the gap of there being is a wait for residential and having them back into an unsafe situation while waiting for a residential bed.

Shayn also spoke about waiting for a sober living and using the short-term respite bed for this purpose is helpful.

Justin spoke that there will be an overlap of substance use and mental health. That having a clinical presence will be important. There will be

Zachary (SHaW - Health Promotion Student)
<ztg19001work@uconn.edu>; Jason Bannon
<jbannon@cwa1298.org>; Jennifer
Chadukiewicz <jennifer@ccar.us>; Jody Davis
<jody@coramdeorecovery.org>; Kelvin Young
<kyoung06457@gmail.com>; Lisa Gray
(info@apromisetojordan.org); Lyne Stokes
<lynestokes@hotmail.com>; ROBLES, KRIS
<KRIS.ROBLES@ct.gov>

	initial focus on substance use, however folks coming in with mental health are welcome to participate as well. Shayn shared that the group agreed that folks having active mental health issues would be welcomed in the stabilization and not be turned away. Being inclusive around this concern was agreed upon in the meeting. Kelvin Young - required to vote on the topic. Jennifer clarified for the group what the committee would be voting on: ADPC Recovery and Health Subcommittee to take on the project with the Criminal Justice ADPC Subcommittee in developing a feasibility statement. Vote- 1 abstaining, 0- opposition, 13 remainder in favor. Sandy reported that she is abstaining only because she felt she couldn't give a thoughtful response Ana Gopoian asked the question on who the people would be to collect the data and involved in the working meeting?	
Charter Review	Jennifer lead discussion around the history of ADPC and the ADPC being a council that is appointed to address policy on alcohol and drugs. She spoke about the charter and how it guides our work. She mentioned that it is important to make no cost recommendation and that it has a policy impact. She shared the previous charter for the committee to review. She read the Charter to the group. She asked for the group to review and to bring back to the group regarding any further ideas under duties and responsibilities. She read the conflict of interest messaging if individuals found this to be occurring to bring it back to her, Shayn, Justin, or Kris. Sandy asked if we could update the change of the charter. Jennifer explained that this charter is unable to be changed. Sandy asked why	Jennifer informed the group that we will add the Charter as an agenda item for the future meeting discussions.

	there is a strike on the first line of the charter. Jennifer was able to explain that it has to stay on the charter, but this item was transferred to the criminal justice ADPC committee. Jennifer spoke about overdose rates and we want to make sure that we are including youth and family in the recovery and that they are present. Shayn had a question and how we do a good job in looking at special population with youth and mental illness. They mentioned that we could be looking at people of color and LGBT population, sex workers. Is this something we look at regarding having health equity. Jennifer mentioned underserved elderly. Wendy also mentioned Veterans and grandparents. Jennifer informed the group that we will add the Charter as an agenda item for the future meeting discussions.	
"Language Matters" final approval with Harm Reduction Considerations	Discussion: Jennifer will email the revision of this to the committee member so that folks can review and provide feedback. She read tot the committee the portion that will need to be added to include harm reduction language. Committee members began to include feed back	
Future meeting discussion:	Discussion was held about rejoining in person meetings and what the group thought about this. Ana mentioned that potentially she can host the July meeting. Sandy mentioned CDC guidelines for office spacing when meeting in person. Zachary talked about Ana setting up the hybrid to see how it works and let her access the meeting as if people were going to attend and	

then revisit again in August to see if it works. Justin asked whether it is	
1. Next meeting update on how the joint meeting with ADPC criminal justice/ADPC recovery outcome is. 2. Charter review 3. SUD1115 Waiver	
Jennifer brought up DMHAS commissioners' confirmation yesterday. She mentioned there is a lot of things happening nationally. There looks like potential funding and some opportunities are out there for recovery. Shayn wanted to thank everyone for the comments and feedback and if there is anything anyone wants to discuss to go ahead and email it. Suggestion: From CHAT in TEAMS: A promise to Jordan having the town of Simsbury being recognized as a recovery friendly community. They have come up to a roadblock now due to being at the place of needing funding to become a recovery friendly community. They have been working since March to get a duns number so that they are eligible to get state and federal funding. info@apromisetojordan Ana Gopoian: We spoke about the Redemption House in our last meeting. Its been brought to my attention that this is noa a men's recovery house no longer its first intention. Cheri Bragg: So important to have non clinical input/lived experience of addiction/mh/trauma driving decision about what they need. Sandy Valentine reported having technical issues. As well requested	
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	criminal justice/ADPC recovery outcome is. 2. Charter review 3. SUD1115 Waiver Jennifer brought up DMHAS commissioners' confirmation yesterday. She mentioned there is a lot of things happening nationally. There looks like potential funding and some opportunities are out there for recovery. Shayn wanted to thank everyone for the comments and feedback and if there is anything anyone wants to discuss to go ahead and email it. Suggestion: From CHAT in TEAMS: A promise to Jordan having the town of Simsbury being recognized as a recovery friendly community. They have come up to a roadblock now due to being at the place of needing funding to become a recovery friendly community. They have been working since March to get a duns number so that they are eligible to get state and federal funding. info@apromisetojordan Ana Gopoian: We spoke about the Redemption House in our last meeting. Its been brought to my attention that this is noa a men's recovery house no longer its first intention. Cheri Bragg: So important to have non clinical input/lived experience of addiction/mh/trauma driving decision about what they need. Sandy Valentine reported having technical issues. As well requested

Sandy Valentine wrote: there has been a lot that happened in 4 years in our world, are there any revisions to this appropriate going forward? Is there specific documentation about the role and selection of Chairs and the State staff that are support to the subcommittee? Shayn agreed to this.

TJ -CCAR opening mic night Machester community center to be determined. He is looking to have a date for Mid July. Lisa Gray- is looking to work with Simsbury taskforce to make events to be recovery friendly event.

Shayn wrote another special population would be currently or formerly incarcerated people.

In addition, they wrote I'm wondering what tother people think about adding a whole line for harm reduction language? They agree that it can be more than sometimes

Kelvin Young wrote: I have to present at another meeting and left the meeting.

Justin mentioned that he has providers looking for someone to do some recovery work. Ana Gopoian asked him to email the job description

Sandy Valentine: Just wanted to thank group for their support. Our URC Advisory Council endorsed our efforts to officially initiate a project on campus to make it Recovery Friendly - we are going bold now! Subtle no more!!

Cheri Bragg: Advancing Peer Support Summer Series: Had a highly successful Kick-off on 5/27 re: History of Peer Support featuring Phil Valentine, ED-CCAR & Dr. Larry Davidson, Yale-PRCH. Intentional Peer support was presented yesterday. Future topics include 6/23

from 1-3pm: Advocacy/Speaking up & out in the Peer Support Role. July topics include: supervison/co-supervison/mentoring & Latinx cultural values & peer support; August & September will include various frameworks of distress/Power-Threat-Meaning; social justice frameworks; Lived Experience & Innovative Approaches around the world. Will send flyers to this group. Also Family Group presented "The ARts, Creativity & Healing" - next presentation will be about ACE's Science on 10/12 @ 6pm. Flyers forthcoming for all.

Ana Gopoian: June 23rd, and 29th, Memorial Quilt Square Making opportunity at the Wallingford Elks Lodge 1365 6:30-8:30pm, July 24th, Fellowship Festival Mason Lodge #20 in Westerly Rhode Island September 10th & 17th, ORN 2Part Training, September 12th, Music Festival,

Lisa Gray:

[10:26 AM] Lisa Gray (Guest)

If you like to walk, run, or bike, join A Promise to Jordan this Saturday for Ks to Kick

Addiction. www.runsignup.com/race/ct/simsbury/kstokickaddiction. Ks to Kick Addiction and Blindness Fun Run/Walk and Bike Ride The Ks to Kick Addiction and Blindness Fun Run/Walk and Bike Ride is on Saturday June 12, 2021. It includes the following events: 15K Bike Ride, 10K Fun Run/Walk, and 5K Fun Run/Walk. www.runsignup.com

Zachary Green:

[10:26 AM] Green, Zachary (SHaW - Health Promotion Student)

UConn is continuing throughout the summer our All Recovery Meetings (10:30am-11:30am Mondays) for the students and also a Friends and Family SMART meeting to support the loved ones of those affected by someone with an addiction (Mondays 12-1pm) as well as several more dates for our recovery ally training. This schedule will look different at the start of the Fall semester, but just to make aware that we do have some meetings/ally training's this summer. - https://studenthealth.uconn.edu/alcohol-substance-support/

Alcohol, Other Substance Use, & Support Hours & Offices Schedule an Appointment Your Health Information Need Help Immediately Student Health and Wellness strives to promote an environment that supports the health and safety of students, on ... studenthealth.uconn.edu

Next sub-committee meeting:

2021 Sub-Committee Meeting dates:

Thursday, June 10th

Thursday, July 8th

Thursday, August 12th

Thursday, September 9th

Thursday, October 14th

Thursday, November 11th

Thursday, December 9th