

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**May 13, 2021 (by tele-conference)**

**In attendance:** Jennifer Chadukiewicz, Shayn Ember, Lauren Siembab, Ana Gopoian, Justin Mehl, Zachary Green, Sandy Valentine, Anne Trimachi, TJ Aitken, Pamela Mulready, Jody Davis, Jason Bannon, Wende Cooper

| Agenda Item                             | Discussion   | Action Taken  |
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| Check in & Introductions                | Members checked in.<br>Guests: Pamela Mulready   | N/A   |
| Review of minutes from previous meeting | No edits identified.<br>Minutes approved by the group.   |   |
| Youth in Recovery initiatives           | <p>Recovery Friendly Campus update – Zach Green &amp; Sandy Valentine:</p> <ul style="list-style-type: none"> <li>• Zach and Sandy presented the Power Point and the response to the survey and the feed back that they received.</li> <li>• Discussion around is a better way to define a champion. High level person/ being a change maker, recovery advocate, Recovery language matters.</li> <li>• As part of the survey, they used the self-assessment. Sandy emailed the RFC assessment to the group for review.</li> </ul> <p>CROSS Initiative – Shayn Ember:</p> <ul style="list-style-type: none"> <li>• No new updates</li> </ul> <p>DOC/Manson Youth services – Anne Trimachi</p> <ul style="list-style-type: none"> <li>• Continues to work towards Zoom recovery meetings by using the New Media room at MYI</li> </ul> | <ul style="list-style-type: none"> <li>• Zach and Sandy to connect with Jody to follow up around CCSU</li> <li>• Zach and Sandy to move the outcome of this survey up to the Executive Director at UConn Student health and wellness</li> <li>• Consider integrating health campus initiative work</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>Looking to continue to increase CROSS /SMART at MYI</li> </ul> <p>CCAR Young Adult &amp; Families Services Manager: TJ Aitken report:</p> <ul style="list-style-type: none"> <li>Keeping online groups going</li> </ul>   |            |
| <p>"Language Matters"<br/>Final approval</p> | <p>Jennifer lead discussion.<br/>Justin mention this being a live active document that potentially will need to be updated.<br/>Group approved current revised edition 4/21/21</p> <p>From the chat Wende Cooper wrote: Cheri emailed Wendy to share:<br/>Some last minute comments to share on the language document: I wonder if "peer-led" or "mutual aid" are better substitutes for "self-help" rather than "recovery community" as they seem related, but different. Also, wondering if it would be good to add a short sentence to subheading about the fact that often it is best to just say "person" without any label whenever possible to minimize the "us" vs. "them"/"well" vs. "unwell" pathologizing language and maximize the humanizing language – that these conditions are human conditions, common to humans.</p> | <p>N/A</p> |
| <p>Full Council Follow - Up items.</p>       | <p>Discussion:<br/><b>Incentivizing</b> -Shayn talked about the opportunity to assist with treatment and around diversion by offering incentives to individuals.<br/><b>Beacon MOUD recommendations</b>-Jennifer will revisit allowing for her to circle back and gather additional information on this topic.</p>   |            |

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|                      | <p><b>Harm Reduction in RFC</b>-Revisit language in the Rubric, invite Mark Jenkins to further discuss this. Next Thursday is a Harm reduction forum to potential consideration in attending.</p> <p><b>Stabilization Center:</b> Model discussion about able to fund and pilot in CT. Partnership with the ADPC Criminal Justice Committee to present together a formal proposal. Justin brought a meeting being coordinated to meet with Criminal Justice Committee next week. It would be good to come up with 3-5 common facts that both can come together on. TJ asked about Redemption house and if there is discussion to look at this model.</p> <p>Jennifer spoke about additional models to bring in the discussion. In addition, Justin presented themes the team has thoughts to include in the model. 1. Short term, 2. Safe 3. Stable 4. Sober 5. Supervised 6. Navigator/case manager/recovery support staff</p> | <p>Shayn, Justin, Jennifer to meet with the criminal justice committee to present these thoughts.</p> |
| <p>Next steps</p>    | <p>Next meeting update on how the joint meeting with ADPC criminal justice/ADPC recovery outcome is.</p>  |   |
| <p>Other Updates</p> | <p>Suggestion: From CHAT in TEAMS:<br/>Sandy Valentine -If anyone is interested in using the Recovery Ally Training program, the Powerpoint Deck and Script are available to download by filling out some basic info at this link:<br/><a href="https://studenthealth.uconn.edu/recovery-ally-training/">https://studenthealth.uconn.edu/recovery-ally-training/</a></p> <p>Ana Gopoiian- Public opportunity Friday May 21st, 6:30-8:30pm Wallingford Elks Lodge 1365. BHcare Narcan Training and New England HIDTA speaker discussion. The Parphernalia Project. Face to Face and Virtual options.</p>   |   |

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|   | <p>TheCharityChallenge 5K Color Run Sunday June 6th,<br/>Tamarack Lodge Voluntown CT</p> <p>Pamela Mulready-SMART College Age Meeting on<br/>zoom (under 30 only) will continue through the<br/>summer. We spoke with SMART national yesterday<br/>about potentially adding an additional weekly<br/>meeting and young people's only chat function</p> |  |
| <p><b>Next sub-committee meeting:</b><br/><b>2021 Sub-Committee Meeting dates:</b><br/>Thursday, June 10th<br/>Thursday, July 8th<br/>Thursday, August 12th<br/>Thursday, September 9th<br/>Thursday, October 14th<br/>Thursday, November 11th<br/>Thursday, December 9th</p> |  |  |