

Meeting Minutes
Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee
February 11, 2021 *(by tele-conference)*

In attendance: Jennifer Chadukiewicz, Shayn Ember, Lauren Siembab, Ana Gopoian, Justin Mehl, Zachery Green, Sandy Valentine, Charles Mitchell, Anne Trimachi, Wende Cooper, Ben Metcalf, Jody Davis, TJ Aitken & Kelvin Young.

Agenda Item	Discussion	Action Taken
Check in & Introductions	All members checked in. New Members: <ul style="list-style-type: none"> • None 	N/A
Review of minutes from previous meeting	Typos identified <ul style="list-style-type: none"> • Check page 4 “young people who are “incarcerated” • Next sub-committee meeting: Thursday, “February 14” –<i>accurate date is February 11th</i> 	
Youth in Recovery initiatives	<u>CCAR Young Adult & Families Services Manager:</u> TJ Aitken report: <ul style="list-style-type: none"> • CCAR (2) family support groups meeting on Mondays & Thursdays • CCAR Young Persons All Recovery meeting: Wednesday nights at 5pm • CCAR (in person) Due to the success and high turnout of current groups TJ is delaying the Young Person All Recovery meeting planned to take place in Manchester on Wednesdays at 7pm at the Manchester Recovery Community Center in order to plan the rollout more thoughtfully. 	Anne T. will collaborate with TJ about connecting Manson Youth Institution SMART to CCAR Young Adult & Families programs

Discussion:

- Question: What defines a young person?
- Response: Age and group attendance is open to the person participating and they define which age group they feel most comfortable in.
- Manson Youth Institution/DOC: interested in connecting their SMART groups with CCAR young adult programs.

Recovery Friendly Campus update – Zach Green and Sandy Valentine

- Outreach to four regional campuses and Recovery Ally training continues
- After multiple outreach efforts, only Pamela from Trinity has currently responded to statewide Recovery Friendly Campus initiative.
- UConn new Provost is a clinical psychologist with “addiction history”
- Zachary was featured in a Recovery Matters Podcast and the link was shared with the group.

Discussion

- The lack of response from college administrators is speculated to be due to diminished capacity for staff to take on the responsibility and collateral consequences of COVID-19.
- Suggestion With 8 weeks of school left, perhaps efforts should be paused and resumed again in September.

Jennifer requested that campus contacts be shared within and offered to assist in the outreach efforts and keep the conversation going.

Sandy V. indicated she will share her contact list and asked that the information remains within this group only.

Ben M. will reach out to Southern Dept. of Social Work in September when he anticipates more in person learning will be occurring.

	<p><u>The CROSS Initiative update:</u></p> <ul style="list-style-type: none"> • The CROSS grant new Request for Applications (RFA) will be released soon; this is a rolling process • A new website with interactive videos will be launched in March. <p><u>Manson Youth Update:</u></p> <ul style="list-style-type: none"> • Two Counselors have been trained as Recovery Coaches • Narcan is currently being offered at discharge with training • An uptick in opioid use disorder in young people being admitted has been identified • Calvin produced a DVD with sound healing and his personal story that was viewed and appreciated • SMART meetings are being identified as more popular than the programs “standard treatment” • Clients are unable to access Recovery Podcast in its current format 	<p>Sandy and Zachary will follow up with Anne T. to assist her with methods to access podcast.</p>
<p>Language Matters Document Update</p>	<p><u>Discussion about edits:</u></p> <ul style="list-style-type: none"> • Efforts have been made to maintain document format and layout due to its pre-established familiarity. • <u>Comment</u> The original intention of this document is to educate the lay person who doesn’t currently have a reference point for recovery-oriented language. 	<p>Shayn made live notes on shared document to reflect comments on specific sections</p> <p>A revision date will need to be added to the document prior to adoption request by the full council</p>

	<ul style="list-style-type: none"> • <u>Comment</u> “If you are talking about me (a person in recovery) please use the language in this document”. • Jennifer read a statement to the group submitted by Cheri who was not able to attend. Among other things Cheri pointed out the strong inclination towards the medical model this document may promote with its language choices, and asked the group if this was intentional. Cheri further asked the group if other etiologies and social determinants leading to substance use challenge such as but not limited to trauma might be embedded into the document • <u>Suggestion</u> Include a revised mission statement on the document clearly identifying the intent. • <u>Suggestion</u> Create additional document(s) expanding the original idea to include education around addiction more broadly and/or include links to these related topics on current document. 	<p>Lauren requested that specific recommendations be sent to the group as it relates to feedback pertaining to this document.</p> <p>The subcommittee would like to hear from Cheri in more detail at our next meeting and continue discussion with her.</p> <p>Jennifer asked that colleagues continue to read the document and come to the next meeting with specific suggestions for another 15-20 minute discussion.</p>
Recovery Works (Middletown)	<p><u>Update</u></p> <ul style="list-style-type: none"> • Charles indicated that in general this initiative is well received and moving forward; however Covid-19 has stalled progress to an extent • <u>Question</u> Are employers currently using tool kit? • <u>Response</u> That is in the beginning stages • <u>Question:</u> Are you familiar with a program that gives businesses incentives to hire ex-felons? • <u>Response</u> Resulted in a related discussion about House Bill #6117 which is a bipartisan bill sponsored by Rep. Hampton and Rep. Buckbee 	

	that would give tax incentives to participating businesses.	
Other Updates	<p><u>1115 Waiver:</u> The Recovery Subcommittee is involved in the review of the proposed plan to give feedback as representatives of people who identify as being in long-term recovery. Bill Halsey who is the Medicaid Director at DSS has previously presented to the group and will connect again. Topics of interest may be related to possible reimbursement mechanism for Peer Support and changing criteria for admissions into related addiction services.</p> <p><u>In the Chat Box:</u> Recovery Matters Podcast link: https://podcasts.apple.com/us/podcast/where-i-need-to-be/id1538504096?i=1000508289724</p> <p>Discussion on severity of benzodiazepine use</p> <p>Memorial Quilt Project 2/27, 2/28, 4/10, 5/1 all from 11-3 @ TriCircle in Middlefield of</p>	
<p>Next sub-committee meeting: Thursday, February 11, 2020; 9-10:30 am</p> <p>2021 Sub-Committee Meeting dates:</p> <p>Thursday, February 11th</p> <p>Thursday, March 11th</p> <p>Thursday, April 8th</p> <p>Thursday, May 13th</p> <p>Thursday, June 10th</p> <p>Thursday, July 8th</p> <p>Thursday, August 12th</p> <p>Thursday, September 9th</p> <p>Thursday, October 14th</p> <p>Thursday, November 11th</p> <p>Thursday, December 9th</p>		