

**Meeting Minutes**  
**Alcohol and Drug Policy Council: Recovery and Health Management Sub-Committee**  
**January 14, 2020 (by tele-conference)**

**In attendance:** Jennifer Chadukiewicz, Shayn Ember, Lauren Siembab, Marsha Murray, Ana Gopoian, Justin Mehl, Zachery Green, Sandy Valentine, Anne Trimachi, Wende Cooper, Ben Metcalf, Jason Bannon, Kelvin Young, Lyne Stokes & TJ Atken

Agenda Item	Discussion	Action Taken
Check in & Introductions	All members checked in. New Members: <ul style="list-style-type: none"> <li>• TJ Atken from CCAR Young Adult &amp; Families Services Manager</li> <li>• Lyne Stokes from Recovery Support Specialist from Hartford Healthcare at Rushford</li> </ul>	N/A
Review of minutes from previous meeting	Approved with no modifications	No modifications
Youth in Recovery initiatives	<u>CCAR Young Adult &amp; Families Services Manager:</u> TJ Atken report: <ul style="list-style-type: none"> <li>• Developing a <b>NARCAN training</b> near the UConn campus; in collaboration with Zach Green &amp; Sandy Valentine (has not receive finalized approval to date/discussions in process)</li> <li>• <b>CCAR (2) family support groups</b> meeting on Mondays &amp; Thursdays</li> <li>• <b>CCAR Young Persons All Recovery</b> meeting: Wednesday nights at 5pm</li> <li>• <b>CCAR (in person) Young Person All Recovery</b> meeting <b>coming to Manchester</b> on Wednesdays at 7pm at the Manchester Recovery Community Center</li> </ul>	TJ will send support group meeting flyers via email to the ADPC Recovery subcommittee  Ana will send copy of NARCAN company letter; that describes guidelines for expiration and storage temperatures  Anne T. will connect with TJ about connecting Manson Youth Institution SMART to CCAR Young Adult & Families programs  Sandy V. will send a copy of the PowerPoint presentation to the ADPC Recovery subcommittee  Lyne & TJ will connect about sharing information at Rushford groups

- Developing a **presentation for young people to become a recovery coach**; the presentation will explain: what is a recovery coach, what this role does for communities and how this role can be beneficial to everyone. The objective of the presentation is to get young people motivated to become a recovery coach.

Discussion:

- DMHAS provides NARCAN for training sessions; contact Lauren S. or Justin M. if NARCAN is needed for trainings mentioned above
- A letter from one of the companies that develops NARCAN describes expiration date and storage temperatures; we will wait for official company approval.
- Question: Is NARCAN trainings required to include mental health training?
- Answer: QPR currently a part of the NARCAN trainings; this is a part of the deliverables for communities that get mini-grants; they have to have suicide prevention training along with NARCAN trainings/distribution
- The CROSS initiative also brainstorming about how to get young people involved in Recovery Leadership
- Question: Will there be a decrease cost in recovery coaching for young people interested?
- Answer: If someone completes 100 hours of volunteer service through the CCAR recovery community centers they become eligible to participate in the recovery coach academy for free.

- Question: Would you be interested in presenting to the CROSS initiative?
- Answer: Yes we can coordinate a presentation via email.
- Manson Youth Institution/DOC: interested in connecting their SMART groups with CCAR young adult programs.

Recovery Friendly Campus update – Zach Green and Sandy Valentine

- Sandy developed a PowerPoint presentation based on the recovery friendly community rubric
- Needed: Recovery Friendly Planning groups including students
- Evaluation: when will we know a campus is recovery friendly campus? Once students feel comfortable asking for help instead of feeling stigmatized
- Planning large council presentation discussion: suggestion include how you are building the rubric for recovery friendly campuses and what other campuses has signed on to this; possibly presenting during the April or June meeting
- Suggestion: Making a declaration: “We want to be a recovery friendly campus”
- Suggestion: contact the schools that have the Drug and Alcohol Recovery Counselor (DARC) program, the CROSS network, the healthy campuses initiative,
- Recovery training ally training will continue this Spring

	<ul style="list-style-type: none"> <li>• <u>Comment:</u> Our subcommittee’s work in this area focuses on supporting young people on college campuses, young people who are incarnated and young people in the community.</li> </ul> <p><u>The CROSS Initiative update:</u></p> <ul style="list-style-type: none"> <li>• The CROSS grant <b>new Request for Applications (RFA)</b> will be released soon; this is a rolling process</li> <li>• SMART meetings are mostly virtual except for those in correctional facilities</li> </ul>	
Language Matters Document Update	<p><u>Discussion about edits:</u></p> <ul style="list-style-type: none"> <li>• Update draft will all submitted edits will be reviewed during next meeting</li> </ul>	Jennifer will compile all edit submissions into a draft document; to be distributed will the next meeting’s agenda & minutes.
Other Updates	<p>Consider sharing our recovery friendly community/towns resources &amp; initiatives. For example, Bristol and New Britain has continue to do extraordinary work thus far; New Britain mayor supported Roots for Recovery get a grant to renovate a building in downtown New Britain to move the methadone clinic and co-house it with a recovery community center.</p> <p><u>In the Chat Box:</u>  Are harm reduction efforts considered for on or near campuses?  Most of the campuses efforts are aimed at harm reduction not recovery currently.</p>	
<p><b>Next sub-committee meeting:</b> Thursday, February 14, 2020; 9-10:30 am  <b>2021 Sub-Committee Meeting dates:</b>  Thursday, February 11th  Thursday, March 11th  Thursday, April 8th  Thursday, May 13th  Thursday, June 10th  Thursday, July 8th  Thursday, August 12th  Thursday, September 9th</p>		

Thursday, October 14th  
Thursday, November 11th  
Thursday, December 9th