

Alcohol and Drug Policy Council Prevention Subcommittee

Meeting Summary

Meeting Date / Location:		November 21, 2022 1:30PM-3:34PM, Microsoft Teams Meeting			
Committee Members					
x	Alison Karimi (DCF Agency Support)	x	Giovanna Mozzo	x	Robert Kanehl
x	Allison Fulton	x	Ingrid Gillespie	x	Robert Lawlor
	Andrew Lyon		Jennifer Sussman	x	Sarju Shah (DMHAS Agency Support)
x	Anna Gasinski	x	Judith Stonger	x	Scott Szalkiewicz
x	Carleen Zambetti	x	Kristi Olds		Shobha Thangada
x	Colleen Violette		Nancy Kingwood	x	Surita Rao
	Daniel Tobin	x	Nathaniel Rickles		Tom Fulton
x	Deborah Lake		Rebecca Allen	x	Tom Russo
x	Don Maletto		Rodrick Marriott		
Supporting Leadership & Other Participants					
x	Diana Shaw	x	Alison Wiser	x	Stephanie Welch
x	Samantha Allard	x	Allison Sullivan	x	Deborah Daniel
x	Ramona Anderson	x	Kelly Leppard	x	Wendy Mill (presenter)
x	Karonesa Logan	x	Kris Robles	x	Jeana Bracey (presenter)
				x	Jamie Locurto (presenter)

TOPIC	DISCUSSION	ACTIONS / DECISIONS
Welcome Review of Minutes	<p>The meeting began at 1:30pm</p> <p>Minutes approved from the last meeting.</p>	<p>Minutes Approved</p>
CHDI Presentation: Comprehensive School Mental Health and Substance Use Preventions: Highlighting the Gap	<p>CT Project AWARE: Child Health and Development Institute (CHDI) is not a direct service provider, but embeds training, consultation, technical assistance and implementation supports across the state. CHDI's areas of expertise include: systems development and integration, evidence-based and best practice dissemination around trauma informed services, quality improvement, measurement-based care, as well as school mental health.</p> <p>Project AWARE was a five-year SAMHSA-funded initiative to the State Department of Education (SDE) in partnership with the Department of Children and Families (DCF) and CHDI. AWARE stands for <i>Advancing Wellness and Resilience in Education</i>. It is a</p>	<p>Contact:</p> <p>Jamie LoCurto, Ph.D. Child Health and Development Institute of CT. Inc. locurto@uchc.edu</p> <p>Action Item: Connect Project AWARE to DMHAS prevention resources</p>

Alcohol and Drug Policy Council

Prevention Subcommittee

trauma-informed, comprehensive approach to school mental health systems development at the district level. CHDI worked with three school districts for this initiative: Middletown, Naugatuck and Windham.

State grantees were provided flexibility to design their AWARE or comprehensive school mental health model so that fits their respective state's resources and support.

The grant started in 2018. Due to COVID, mental and behavioral health in schools became a priority area. Although there have been several iterations of Project AWARE since 2018; there hasn't been a lot of prescription around substance use prevention as part of the implementation model.

Dr. LoCurto provided an overview of their model, where the project embedded some substance use prevention (Tier 1), broader results, and then followed by their recommendations.

CHDI utilized a public health tiered approach that includes: (1) Tier 1: Universal Interventions; (2) Tier 2: Selected Interventions; (3) Tier 3: Indicated Interventions. At the base of the pyramid, CHDI included family-school-community partnerships as a core component. Another core component of their model is the inclusion of professional development and support for a healthy school workforce so school staff feel comfortable talking about substance use and behavioral health with students.

Recommendations/Next Steps include:

- Investing in a state-wide behavioral health screening portal
- Prevention silos in substance-use prevention and mental health; identify substance use prevention/early interventions and train school staff in how to implement recovery friendly spaces
- Have schools sign MOAs to work with local agencies doing substance use prevention/ recovery-friendly spaces

Questions/Comments:

Kelly Edwards: Have you or will you be communicating these recommendations to school personnel?

Jamie Locurto will be meeting with districts on a 1 on 1 basis to develop a customized sustainability profile so that when funding ends the districts can continue this work.

Kelley Edward: A resource that you can tap into would be the State Education Resource Center (SERC) – they will be opening up

Alcohol and Drug Policy Council

Prevention Subcommittee

	<p>their resource library and will have resources/curricula for schools to utilize.</p> <p>Nate Rickles: As part of a project with DMHAS Prevention, UConn is pairing health professional students with health districts. There might be an opportunity for these partnerships to include schools as well.</p> <p>Allison Fulton also added that the RBHAOs have trained graduate programs in SBIRT and they are always looking for hands on experience and happy to connect CHDI to the grad programs.</p> <p>Judith Stonger commented that it is good to identify students who need supports, but also look at this as an opportunity to affirm and congratulate students who are not using substances.</p>	
<p>Governor's Prevention Advisory Board (Youth Advisory Board)</p>	<p>Governor's Prevention Partnership: Youth Advisory Board (YAB)</p> <p>The Youth advisory Board is a group for youth who are engaged in prevention work at their local levels - within Local Prevention Councils or at within their high school prevention group. The YAB provides a network of like-minded people, supports the growth of prevention knowledge as well as their professional skills through advanced trainings in prevention, leadership and advocacy.</p> <p>YAB currently has over 30 youths representing 18 communities participating in the advisory board. Expectations are to attend monthly virtual board meetings and participate in work groups. YAB offers peer-to-peer coaching to develop those relationships within the prevention network and looks to amplify the youth voice in Connecticut's prevention movement.</p> <p>YAB has three special in-person events throughout the year including a September kick-off, a January energizer and a celebration in June. Youths also participate in the National Prevention Week planning events.</p> <p>Wendy extended an invitation to all Prevention subcommittee members to become involved with the YAB by becoming a guest speaker at a monthly board meeting, offer to provide a prevention training specific to a subcommittee member's area of expertise, or attend the June Future Prevention Leaders Conference.</p>	<p>Contact: Wendy Mill Program Coordinator, Youth Advisory wendy@preventionworksct.org</p> <p>Action Item: Share information regarding the Future Prevention Leaders Conference</p>

Alcohol and Drug Policy Council

Prevention Subcommittee

<p>Department of Public Health Tobacco Cessation Presentation Highlights</p>	<p>Campaign to Build Awareness about health risks for tobacco use.</p> <p>Phase I: Encourage smokers to quit by driving smokers to the Quitline. Campaign was promoted through traditional radio promotion (6 English radio stations and 5 Spanish radio stations), Digital Gas Station Monitors, Face Book Boosted Posts, Google Text Ads and You Tube videos</p> <p>Phase II focused on messaging around educating young adults on the dangers of vaping and encouraging users to quit.</p> <p>Key Messages for both Tobacco Cessation and Vaping Cessation was a shared approach of giving solutions instead of using scare tactics and approaches.</p> <p>A new campaign (phase III) is in the works with a focus on community needs as identified by local health departments and districts.</p> <p>Questions: Sarju Shah asked what are the priorities identified by the local health departments/districts and can this information be shared. Allison Sullivan mentioned that 26 surveys went out to local health departments to prioritize their tobacco cessation needs – and majority of the surveys identifies a need to focus on Parents and Youth. Once the highest priority is finalized an RFP will be posted.</p>	<p>Contact: Allison Sullivan allison.sullivan@ct.gov</p>
<p>CT Vaping Awareness Campaign</p>	<p>DMHAS Tobacco Prevention and Enforcement Program is developing a vaping awareness campaign utilizing social media influencers.</p> <p>The campaign is utilizing social media influencers – these are people who have online following based on their personality, skills or interests – to connect to the audience and focus on the harmful impact of vaping on individuals. The vaping campaign will target 12-24 year olds as well as parents and trusted adults. Goals of the campaign include:</p> <ul style="list-style-type: none"> • Raise Awareness regarding the dangers of vaping • Curb vape use among youth and young adults statewide • Reduce starts and increase quits 	<p>Contact: Gregory Carver Gregory.Carver@ct.gov</p>
<p>Other / Member updates</p>	<p>Stigma and Media Workgroup Forum is 01/20/2023. Members were asked if anyone is a subject matter expert or would like to be added as a speaker should contact Judy Stonger.</p>	<p>Contact Judith Stronger for Stigma and Media or</p>

Alcohol and Drug Policy Council Prevention Subcommittee

	<p>Naloxone Workgroup – Naloxone workgroup has been approved to proceed. The first meeting will be held on 12/02/22. To participate, reach out to Judy.</p> <p>Cannabis Workgroup – The Be In the Know CT Campaign launched November 24th with a dozen billboards across the state. Additional messaging will be released shortly.</p>	<p>Naloxone Workgroups istonger@Wheelerclinic.org</p> <p>Contact for Cannabis Workgroup: Sarju Shah Sarju.Shah@ct.gov</p>
	<p>The meeting adjourned at 3:34 pm.</p> <p><u>Next Prevention Subcommittee Meeting:</u> December 19, 2022 (Cancelled)</p> <p><u>Next Full ADPC Meeting:</u> December 20, 2022</p>	