

Alcohol and Drug Policy Council  
Prevention Subcommittee

Meeting Summary

<b>Meeting Date / Location:</b>		November 20, 2023 Teams Meeting			
x	Alison Karimi (DCF Agency Support)	x	Giovanna Mozzo	x	Robert Kanehl
x	Allison Fulton		Ingrid Gillespie		Robert Lawlor
x	Andrew Lyon	x	Jennifer Sussman	x	Sarju Shah (DMHAS Agency Support)
x	Anna Gasinski	x	Judith Stonger	x	Scott Szalkiewicz
x	Carleen Zambetti		Kristi Olds	x	Shobha Thangada
x	Colleen Violette		Nancy Kingwood	x	Surita Rao
	Daniel Tobin	x	Nathaniel Rickles	x	Tom Fulton
x	Deborah Lake		Rebecca Allen		Tom Russo
	Don Maleto		Rodrick Marriott	x	Dawn Niles (OSAC Representative)
<b>Supporting Leadership &amp; Other Participants</b>					
x	Diana Shaw (DCP)	x	Stephanie Welch (DMHAS)	x	Aisha Hamid (Clearinghouse)
x	Samantha Allard (DCP)	x	Kelly Edwards (DMHAS)	x	Joshua Freeman (GPP)
x	Ramona Anderson (DCP)		Kelly Leppard (DMHAS)	x	Wendy Mill (GPP)
x	Karonesa Logan (DCP)	x	Denique Weidema-Lewis	x	Kendra Epps (GPP)
x	Steven Wolf (DCP)	x	Allyson Nadeau	x	Susan Sarmiento (GPP)
	Allison Sullivan (DPH)		Cynthia Petronia-Vazquez	x	Mya Singh-Johal (GPP)
	Seth Baker (DPH)	x	Kris Robles (DCF)	x	Jessica White (GPP)
	Robin-Tousey Ayers (DPH)	x	Allie Hunter	x	Angela Duhaime
x	Erica Previti (DPH)	x	Kim Karanda	x	Pam Mautte
x	Sara Moriarty (DPH)	x	Jessica Parmelee	x	Vanessa St.Clair (DPH)

TOPIC	DISCUSSION	ACTIONS / DECISIONS
Welcome Review of Minutes	The meeting began at 1:30p.m.  September meeting minutes approved by Judith Stronger.	Minutes Approved
OSAC Updates	Dawn Niles, is the designated OSAC committee member to sit on the Prevention Subcommittee. Sarju asked if organizations have the ability to submit a future proposal to OSAC since the portal is closed. Dawn stated that this has not been addressed yet, but it will be discussed on the Participation Committee that she also sits on. Dawn stated that submissions were lower than expected based on other states. OSAC may consider re-opening the portal for additional submissions in the future.	Dawn Niles
DMHAS Introduction	Sarju gave an update on the CT DMHAS Health Promotion Division. Provided a description of primary prevention services provided through DMHAS around substance use and mental health promotion for the state. DMHAS provide primary prevention programming across the lifespan with a focus on youth and young adult population.  She provided information on the prevention strategies, Institute of Medicine categories and a high-level overview of the DMHAS Prevention Infrastructure and current initiatives. (see presentation).	<b>DMHAS Contact:</b> <b>Sarju Shah</b>

	<p>For today, she showcased how the Regional Behavioral Health Organizations (RBHAOs), CT Clearinghouse, and CT Governor’s Prevention Partnership are contracted to provide services.</p> <p>At the December meeting, the committee will hear about the State Education Resource Center, DMHAS Center for Prevention Evaluation and Statistics and the Training and Technical Assistance Service Center.</p>	
<p>Regional Behavioral Health Action Organizations (RBHAOs)</p>	<p>CT DHMAS RBHAOS</p> <p>There are five RBHAO's across the state that provide services to the DMHAS regions, these are:</p> <ul style="list-style-type: none"> <li>• Region 1 (Southwestern CT): The Hub, division of the <i>Regional Youth Adult Social Action Partnership (RYASAP)</i></li> <li>• Region 2 (Southcentral CT): Alliance for Prevention &amp; Wellness (APW), program of BHCare</li> <li>• Region 3 (Eastern CT): SERAC</li> <li>• Region 4 (Northcentral CT): Amplify</li> <li>• Region 5 (Western Ct): Western CT Coalition</li> </ul> <p>The RBHAOs service 169 towns in CT; administers the local prevention councils; and acts as the strategic community partner. RBHAOs identify service systems gaps, strengths and develop plans to address substance use as well as promoting mental health. RBHAOs provide the following services:</p> <ul style="list-style-type: none"> <li>• Coordinate the regional suicide advisory boards</li> <li>• Administer funding for the 135 Local Prevention Councils</li> <li>• Coordinate 12 Catchment Area Councils</li> <li>• Support programs under federal funding such as State Opioids Response, Partnership For Success, Block Grant, etc.</li> <li>• Hired coordinators for problem gambling services, recovery friend workplaces, Gambling Prevention Coordinators,</li> <li>• And Behavioral Health Providers</li> </ul> <p>How do they get things done:</p> <ul style="list-style-type: none"> <li>• Building relationships, building capacity, engage communities and local organizations.</li> <li>• Ensure people with lived experience are represented on their boards and staff</li> <li>• Ensure 12-Sector representatives such as schools, Lists', Chip's, JRB's, Regional Crisis Teams, Networks of Care, etc. are at the table.</li> </ul> <p>Provide various trainings, examples include:</p> <ul style="list-style-type: none"> <li>• 3000 individuals were QPR trained in 2023</li> <li>• 2000 individuals trained in Naloxone in 2023</li> <li>• How to be an Ally (LGBTQI+)</li> <li>• MHFA, SBIRT, Vaping, Alcohol, Cannabis, Internet Safety</li> <li>• Promote state and national campaigns <ul style="list-style-type: none"> <li>○ Take Back 10/28/23 in CT during October was 9167 pounds.</li> <li>○ Create resources to fill gaps/needs such as Youththinkyouknowct.org campaign</li> </ul> </li> <li>• Assist local leaders with policy development and use of best practice.</li> </ul> <p>Each RBHAO then highlighted the work within their region. Please see presentation for more information.</p>	<p><b>RBHAO Contacts:</b></p> <p>Region 1: Giovanna Mozzo <a href="mailto:gmozzo@thehubct.org">gmozzo@thehubct.org</a></p> <p>Region 2: Pam Mautte <a href="mailto:pmautte@bhcare.org">pmautte@bhcare.org</a></p> <p>Region 3: Angela Duhaime <a href="mailto:aduhaime@seracct.org">aduhaime@seracct.org</a></p> <p>Region 4: Allyson Nadeau <a href="mailto:anadeau@amplifyct.org">anadeau@amplifyct.org</a></p> <p>Region 5: Allison Fulton <a href="mailto:afulton@wctcoalition.org">afulton@wctcoalition.org</a></p>

<p>Governor's Prevention Partnership</p>	<p>Governor's Prevention Partnership (GPP)</p> <p>GPP is a DMHAS Prevention Resource Link with a focus to enhance the youth prevention and mentoring framework in Connecticut through training, technical assistance, and collaborative approaches. GPP connects people, programs, and communities to the resources they need to positively affect the lives of Connecticut's youth. Major initiatives include:</p> <ul style="list-style-type: none"> <li>• Trainings - Provided workshops, presentations and trainings on current trends in youth substance use, introduction to cannabis prevention, as well as "Real Mentors are Prevention" which focus on equipping mentors and mentors to young people to effectively do opioid misused prevention.</li> <li>• Launched a campaign in September - "Prevention Starts with You" to raise awareness of the dangers of unsafe prescription disposal. With the goal to distribute 50,000 drug deactivation kits and conversation starters throughout Greater Hartford and New Haven areas. Distribution done in collaboration with local partners - Connecticut Foodshare Mobile Pantry, CT Realtors distributing to new homeowners, YMCA distribute to families in afterschool programs and summer camps.</li> <li>• Parent and Mentor Engagement – oversees the <i>POR Los Ninos</i> 'For the children' - a series of community café conversations that is intended to mobilize the community members and to identify the issues affecting their community and how they can take action to address these issues.</li> <li>• Oversight of the Fatherhood Program – Prevention Initiative - DMHAS contract with GPP to provide oversight and serve as a fiduciary and mentoring agency for 7 fatherhood programs across the state to provide substance use prevention into their everyday fatherhood work and curriculums. They have incorporated mental health, problem gambling, harm reduction and alternative activities.</li> <li>• Opioid Response - A capacity building prevention opportunity through OJJDP being implemented within New London County. At the Parent Level it is through the "Por Los Ninos" Community Café Model and at the Youth and School Level E3: Engage, Encourage, Empower Curriculum.</li> <li>• Administers the DMHAS Youth Advisory Board - currently they have 58 registered members, 33 youth, 24 advisors, 22 communities. These are youth already engaged at the local level and are provided an opportunity become engaged in statewide programs. GPP provides youth training opportunities to build leadership and prevention skills, plan the annual Future Prevention Leaders Conference; Youth are able to provide Legislative testimony; they have a social media outreach work group that is looking to expand the footprint of the youth perspective in the prevention world. Currently they are collaborating with TTASC on an opioid awareness campaign.</li> </ul>	<p><b>Contact: Jessica White</b>  <a href="mailto:jessica@gppct.org">jessica@gppct.org</a></p>
<p>CT Clearinghouse</p>	<p>The <a href="#">CT Clearinghouse</a> is the core program of Wheeler's Department for Prevention, Wellness and Recovery. It supports and enhances the librarian resource center and provides information on substance misuse, mental health, prevention, harm reduction and health promotion, treatment and recovery, wellness, and related topics.</p> <ul style="list-style-type: none"> <li>• The Lending library which is accessible through interlibrary loans.</li> <li>• Training conference room available for partners.</li> <li>• Trainings offered: Adolescent SBIRT, Mental Health First Aid, QPR, ASIST.</li> </ul>	<p>Contacts: Aisha Hamid  <a href="mailto:ahamid@wheelerclinic.org">ahamid@wheelerclinic.org</a></p> <p>Tom Fulton  <a href="mailto:tfulton@wheelerclinic.org">tfulton@wheelerclinic.org</a></p>

	<ul style="list-style-type: none"> <li>• Prevention Listerv: reaches over 2500 people.</li> <li>• Newsletter reaches over 4500 people.</li> </ul> <p>CT Clearinghouse provides the following programming:</p> <ul style="list-style-type: none"> <li>• <a href="#">CT Clearinghouse</a> is a prime dissemination point for current evidence based and culturally relevant substance use prevention resources. In 2023 staff disseminated over 138,00 materials statewide. CT Clearinghouse serves all age groups, so there are resources for all age groups.</li> <li>• Plan and coordinate statewide events including Overdose Awareness Day, National Prevention Week, Prevention Summit 2024.</li> <li>• Coordinates the Tobacco Merchant and Community Education Steering Committee to reduce youth access to tobacco and electronic cigarettes through education and awareness campaigns. Over 4500 retailers statewide, law enforcement officers and community members receive materials annually including notice of law signs and cash register stickers.</li> <li>• <a href="#">Know Ur Vape</a>-Statewide Awareness Campaign focusing on cessation and prevention. Leverages the power of social media and unboxing videos to communicate the harmful effects of vaping. They also have posters you can order at the Clearinghouse. They also have social media tiles for organizations.</li> <li>• <a href="#">Change the Script Campaign</a> - It is the statewide opioid public awareness campaign aimed at increasing CT residents' knowledge and awareness of: prescription drug misuse and non-prescription opioid use, available treatment and recovery options for opioid use disorder, overdose signs and the reversal drug, Naloxone, alternative pain management options, safe storage and disposal of medication. Recently the medica campaign has partnered with the Yard Goats, the CIAC Athletic Conference for high school sports in CT as well as spots on social media. They give out lock boxes, medication disposal kits, and fentanyl test strips.</li> <li>• CT Healthy Campus Initiative - a statewide collaboration of all CT Campuses committed to create and sustain healthy campuses. Provide monthly professional development trainings on various topics, technical assistance, host a list-serve and provide mini-grant opportunities to support prevention activities on campuses.</li> <li>• Oversees Youth Recovery CT - Each program site offers weekly Self-Management and Recovery Training (Smart) Recovery groups for young people ages 16-18 or 18-24.</li> <li>• Substance Exposed Pregnancy Initiative SEPI CT (Pam Mulready) works with providers and families across CT to bring awareness to substance exposure during pregnancy and to ensure families have access to treatment, recovery, and support resources they need.</li> </ul>	
<p><b>Work Group Updates</b></p>	<p>Updates from the Naloxone Work Group</p> <p>Judy thanked everyone who has working on the Naloxone Workgroup for the past 6 months. The workgroup looked at different things and developed best practices, strategies and recommendations to put forth to the Prevention Subcommittee as well as the full ADPC council in December.</p> <p>Sarju reviewed the Naloxone Workgroup Recommendations and sought review and approval to move forward to the full council.</p> <p>Votes were placed in the Chat. There were 18 votes “in favor” of the recommendations , 0 votes of abstentions, and 0 votes of “not in favor” in the Teams chat. Prevention subcommittee moved the recommendations forward.</p>	<p><b>Contact: Judith Stonger Allie Hunter</b></p>

<b>Other / Member updates</b>	<p>Ana Gasinski reported that The Overdose Response Strategy in CT along with a local film director put together a documentary that really looks at the cycle of addiction primarily from the perspective of inner-city minorities and the Native American communities in CT. The screening is occurring at SCSU. Reach out to Ana if you are interested in attending.</p> <p>Andrew Lyons shared Litchfield County Task Force - Reimagining Empathy on 11/30/23 - A daylong conference at the Warner Theatre in Torrington CT. Dr Gabor Matte will be live streaming there.</p> <p>Training Series from DHMAS Women's Services Group entitled, The 2023 DHMAS One Key Question Initiative was also shared as a resource.</p> <p>Looking for people to have recommendations for topic presentations for 2024</p>	<p><b>Contact: Anna Gasinski</b></p>      <p><b>Contact: Andrew Lyons</b></p>
<b>Meeting Adjournment</b>	Meeting adjourned at 3:30 pm	
	<p><u>Next Prevention Subcommittee Meeting:</u> Monday, December 18, 2023, 1:30 – 3:30pm</p> <p><u>Next Full ADPC Meeting:</u> Tuesday, December 19, 2023, 10:00 am – 12:00 pm</p>	