## Alcohol and Drug Policy Council Prevention Subcommittee

## Meeting Summary

Μŧ	peting Date / Location:	ust 21, 2023 ms Meeting			
Со	mmittee Members				
х	Alison Karimi (DCF Agency Su	pport) x	Giovanna Mozzo	х	Robert Kanehl
Х	Allison Fulton	х	Ingrid Gillespie		Robert Lawlor
Х	Andrew Lyon	х	Jennifer Sussman		Sarju Shah (DMHAS Agency Support)
	Anna Gasinski	х	Judith Stonger	х	Scott Szalkiewicz
Х	Carleen Zambetti	х	Kristi Olds	х	Shobha Thangada
	Colleen Violette		Nancy Kingwood	х	Surita Rao
	Daniel Tobin		Nathaniel Rickles	х	Tom Fulton
Х	Deborah Lake		Rebecca Allen		Tom Russo
	Don Maleto		Rodrick Marriott		
Su	pporting Leadership & Other P	articipants			
Х	Diana Shaw (DCP)	х	Stephanie Welch (DMHAS)		Tanya Iacono (Presenter)
Х	Samantha Allard (DCP)	х	Kelly Edwards (DMHAS)	х	Erica Previti (DPH)
Х	Ramona Anderson (DCP)	х	Kelly Leppard (DMHAS)		Sara Moriarty (DPH)
Х	Karonesa Logan (DCP)		Kris Robles (DCF)	х	Wendy Mill
Х	Steven Wolf (DCP)		Alison Wiser		Kendra Epps
	Allison Sullivan (DPH)	х	Cynthia Petronia-Vazquez	х	Heather Clinton
	Seth Baker (DPH)		Allyson Nadeau	х	Caryn Olivieri
	Robin-Tousey Ayers (DPH)	Х	Sharon Greaves		
		х	Denique Weidema – Lewis (DMHAS)		

TOPIC	DISCUSSION	ACTIONS / DECISIONS
Welcome Review of Minutes	The meeting began at 1:30p.m.  Approval of meeting minutes from last meeting. Bob Kanehl motioned to approve the minutes; Judy Stonger seconded.	Minutes Approved
CT Opioid Response Strategic Plan (CORE) Strategic Plan – Evidence Informed Practices Recommendation Discussion	Deb Lake provided a brief overview as well as shared a PowerPoint related to the Core Strategic Plan recommendations provided by John Hopkins which includes the principles for the use of funds from the Opioid Litigation. Other highlights include using evidence to guide spending and invest in youth prevention as well as the 2023 Initial draft key funding priorities with updated priorities.	Action Items  https://www.blueprintsprograms.or g/
CT Overdose Data Review	Deb advised the ADPC that it would be a good if the prevention subcommittee could come up with a least one strategy including the rationale, tactic(s) and methods to provide back to Yale.  Shobha Thangada provided an overview along with slides on the CDC final recent Fatal Drug Overdose data from 2019-June 2023. Shobha also provided data categorizing nonfatal drug overdoses into four different types (any Opioid, Heroin, Stimulants and all Drugs groups) in CT from 2019- August 11 <sup>th</sup> 2023.	

Many fatal overdose cases involve the mixing of cocaine and fentanyl which in most cases, the user is not aware that the cocaine is tinted with fentanyl.

There was a 4 percent decrease in fatal overdoses in 2022

Between 2019-2020 there was a 14.5 percent increase in fatal overdoses 2020 with the onset of COVID creating a more chaotic situation for overdoses.

The numbers have increased by 14.5 percent between 2019-2020 including both fatal and nonfatal.

Anxiety, depression and trauma also contributed to an increase again 11.4 percent between 2020-2021. Also, between 2019 and 2021 there was a 27 percent increase in fatal overdoses.

So far there has been 4.3 percent decrease in 2022 and it is anticipated that 2023 will be much better that the previous year 2022.

In 2023 the overdose deaths as of the first week of July was 692 however, the data is not final and there are still pending cases.

In 2012, the number of overdose deaths involving fentanyl was 4 percent now it has bloomed to 86 percent. Illicit fentanyl most street drug is present in heroin, cocaine, oxycodone in pill form, and can sometimes be present in Xanax and other medication.

Cocaine fatal overdoses are on the rise in CT. In 2012 the overdose rate was 29 percent and in 2022 47 percent.

Xylazine has also caught national attention 72 cases in 2019 and has now doubled in 2020. 24 percent of fatal overdoses contain Xylazine plus fentanyl combination.

In conclusion, most of the deaths in CT involve opioid use followed by 85 percent of deaths involving fentanyl that landscape has not changed in 2023.

Marijuana deaths from 2019-2022 was at 24 percent which increased to 27.4 percent in 2022 which is never mentioned in cause of death reports. Alcohol involved deaths were at 30.8 percent in 2019 and increased to 32.4. 2020 -2021 showed the highest percent of alcohol involved drug overdoses with the stayat-home orders during COVID.

The findings also show an increase in overdoses happening in hotels throughout CT 4 percent in 2019 and increased to 5.3 percent in 2020 COVID year. 6.3 percent in 2021 a slow come down in 2022 to 4 percent.

For more information, please visit the DPH website or contact <a href="mailto:Shobha.thangada@ct.gov">Shobha.thangada@ct.gov</a>

Workgroup Updates
Adoption of Naloxone
Workgroup
Recommendations

Judith Stonger provided an update on the Naloxone Workgroup Recommendations. The workgroup continues to meet monthly since November. Over the counter product availability should be on retail shelves in September.

	Over the counter retail boxes will be in hot pink color boxes and the public interest general dissemination boxes will be in white and marked clearly with not for resale.	
	Still working with each big box retailers to set a manufacturer suggested retail price and will most likely be based on the number of expected sales.	
	An MSRP will be set, and it will be up to the individual store or Amazon to decide how much will be charged, this had not been determined yet.	
	The FDA has approved a second naloxone product.	
	The Naloxone recommendations are basically the same as previously reviewed with the addition of one specific recommendation regarding Naloxone vending machines and Naloxone boxes.	
	Further discussion followed as well as reviewed the list of recommendations Judith emailed to the ADPC prior to the meeting. The ADPC voted and approved the recommendations as they now stand without further change,	
	Next steps were discussed as to what recommendations should be implemented how, what and when.	
Other / Member updates	Harm Reduction Conference, September 20 <sup>th</sup>	
	Overdose Awareness Day August 31 <sup>st</sup> at Walnut Hill Park from 11:00am -3:00PM.	
Adjournment	Meeting Adjourned at 3:30 pm	
	Next Prevention Subcommittee Meeting: Monday, September 18, 2023, 1:30 – 3:30pm  Next Full ADPC Meeting:	
	Tuesday, October 17, 2023, 10:00 – 12:00pm in person at the LOB	