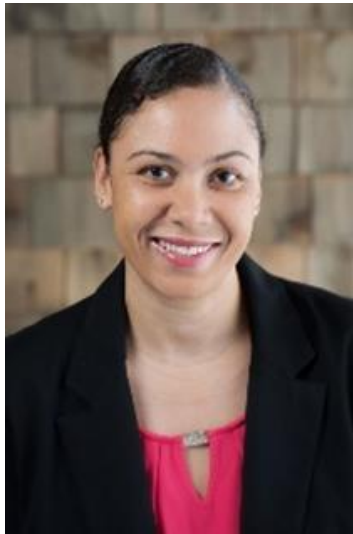


Comprehensive School Mental Health and Substance Use Prevention: Highlighting the Gap

Presented at: Alcohol and Drug Policy Full Council Meeting

12/20/2022

Presenters



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Child Health and Development Institute

CHDI is a bridge to better behavioral health and well-being for children.

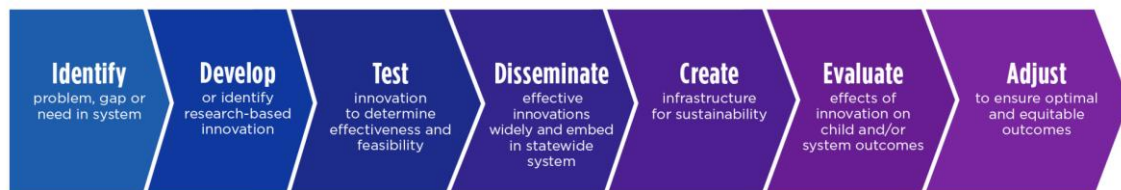
Our Vision

All children grow up healthy and thrive

Our Mission

We advance effective and innovative system, practice, and policy solutions that result in equitable and optimal behavioral health and well-being for children, youth, and families in Connecticut and beyond.

Our Strategic Process Powers Systems, Practice and Policy Improvement



CT Project AWARE

- Advancing Wellness and Resilience in Education
- 5 year, SAMHSA-funded
- Awarded to SDE, in partnership with DCF, CHDI
- Middletown, Naugatuck, Windham school districts

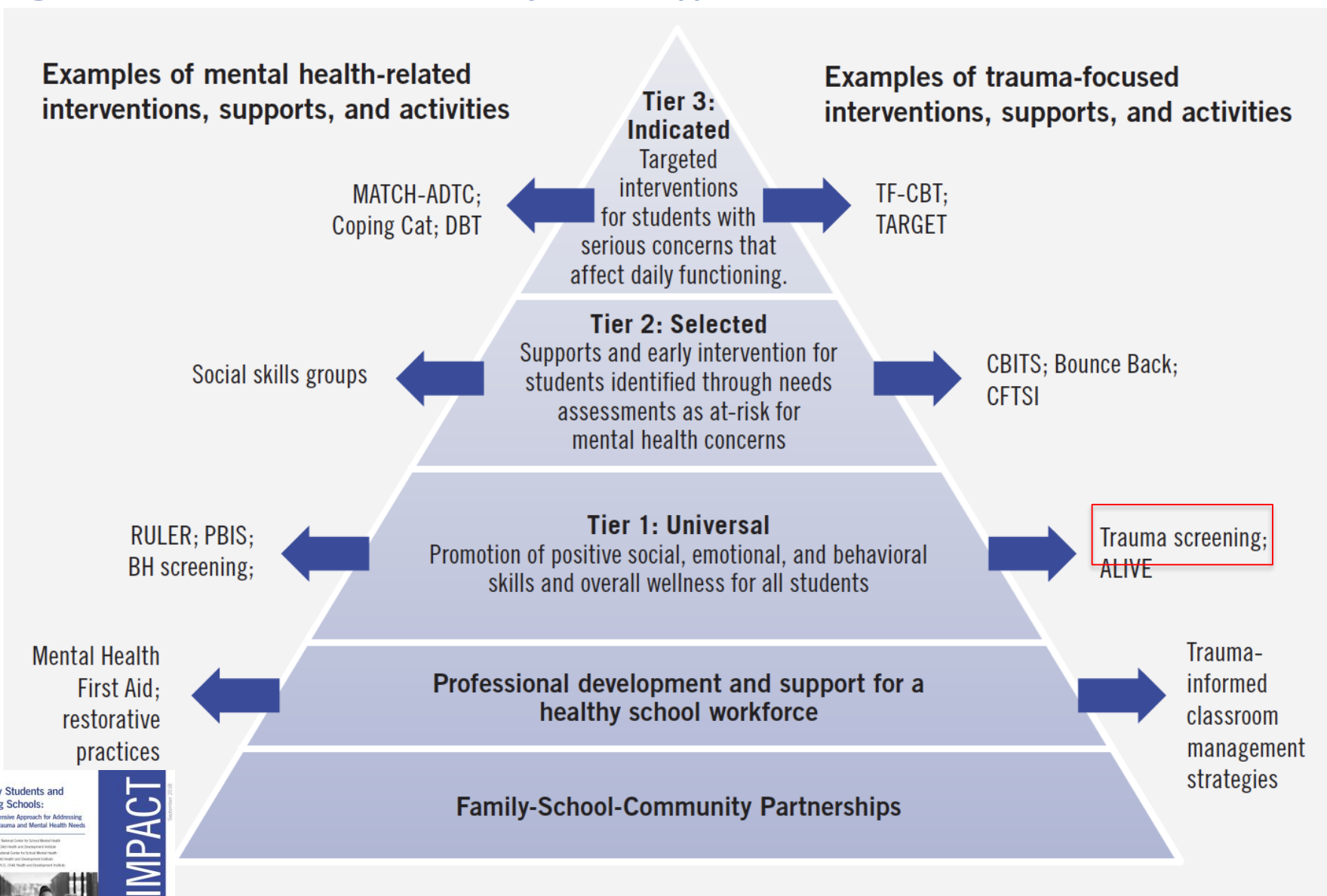


AWARE Advisory Board

Agencies/Organizations represented on the board:

- CT State Department of Education
- Department of Children and Families
- Department of Public Health
- Department of Mental Health and Addiction Services
- UConn Collaboratory on School and Child Health
- Clifford Beers
- Beacon Health Options
- FAVOR
- Connecticut Children's
- CT United Way
- RESC Alliance (CREC, EASTCONN, ACES)

Figure 1: Trauma-Informed Multi-Tiered System of Supports for School Mental Health

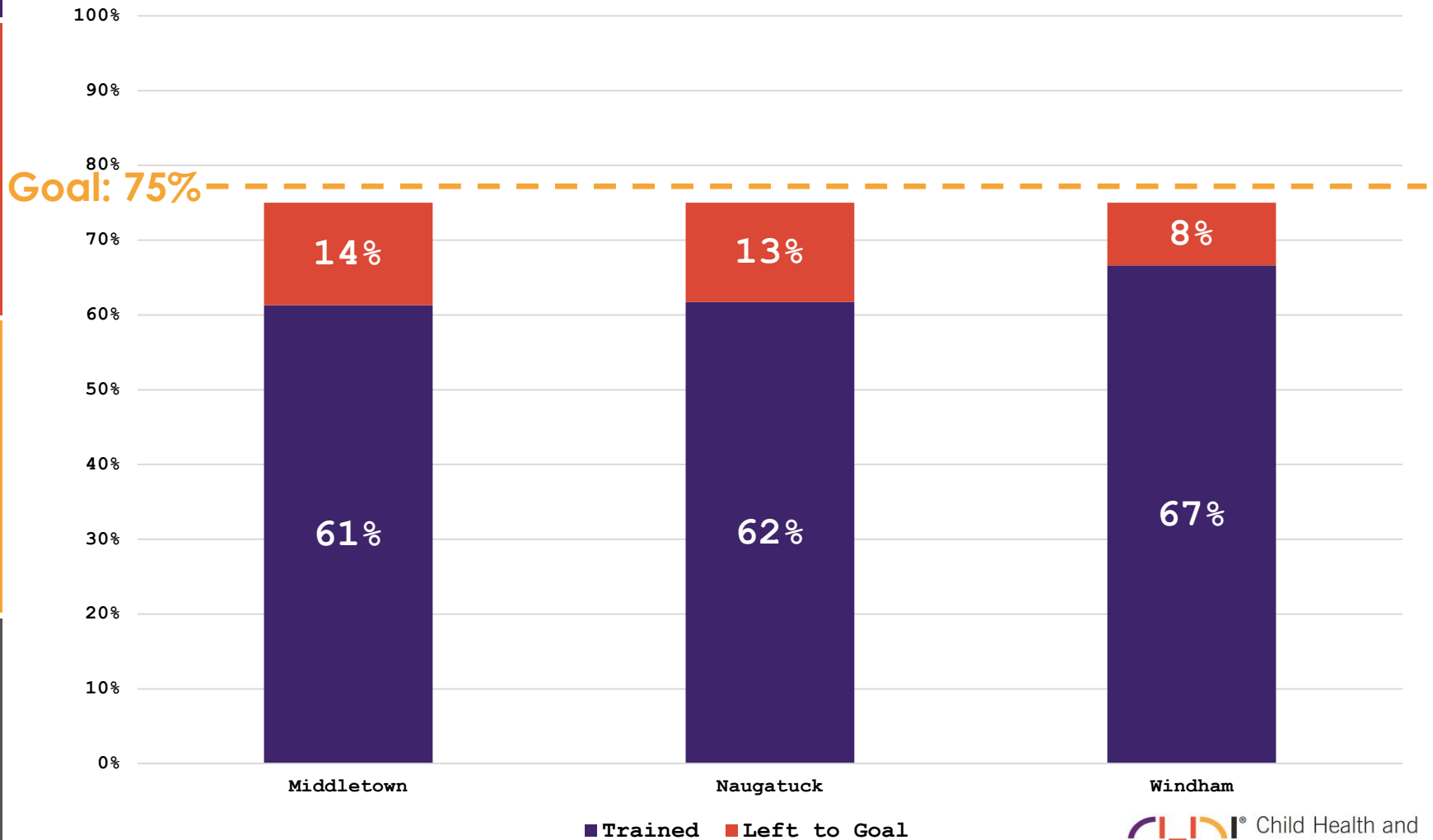


Source: Hoover, S., Bracey, J., Lever, N., Lang, J., & Vanderploeg, J. (2018)



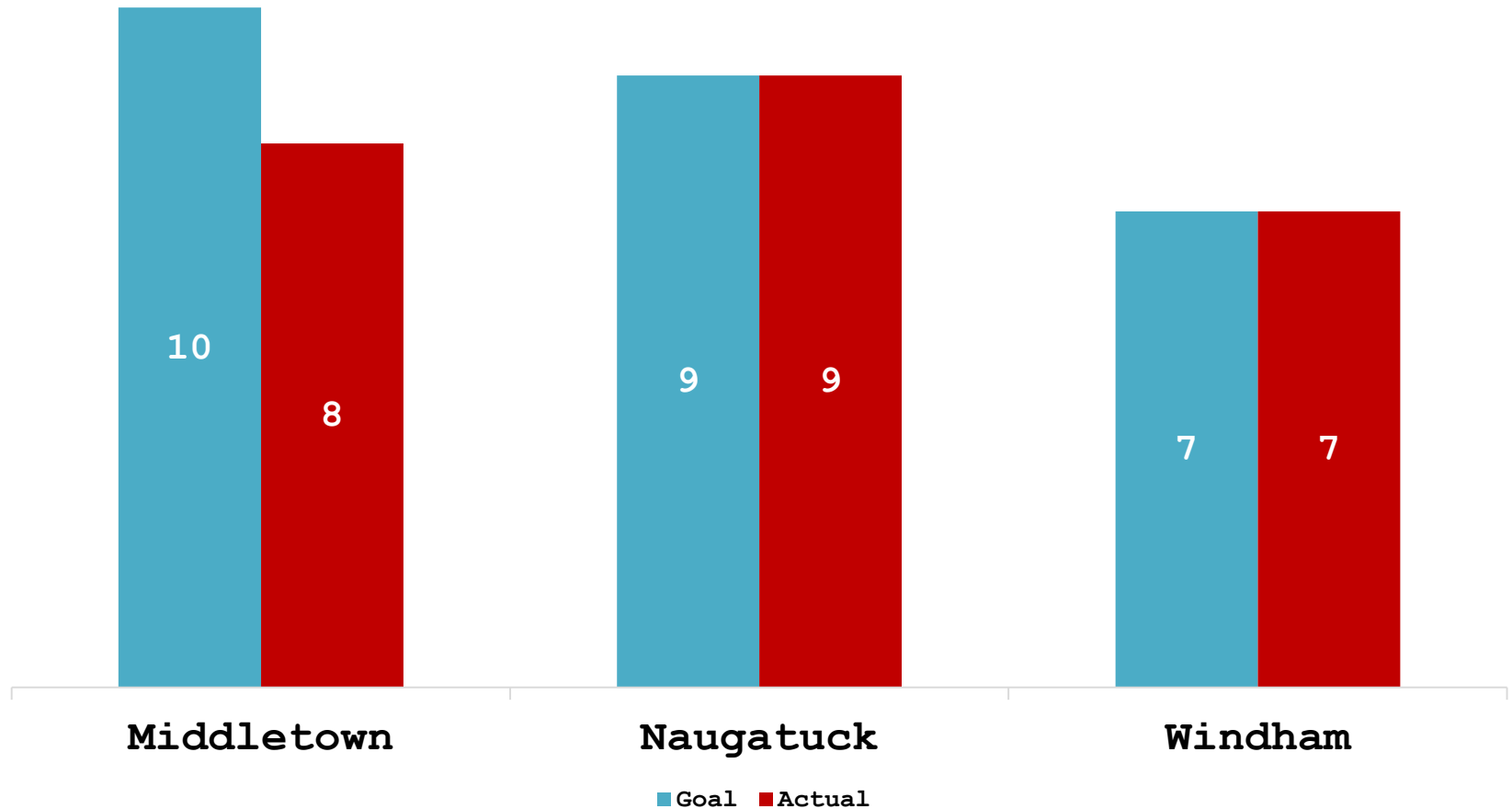
Goal 1.1: Train 75% of staff on QPR

QPR Staff Training



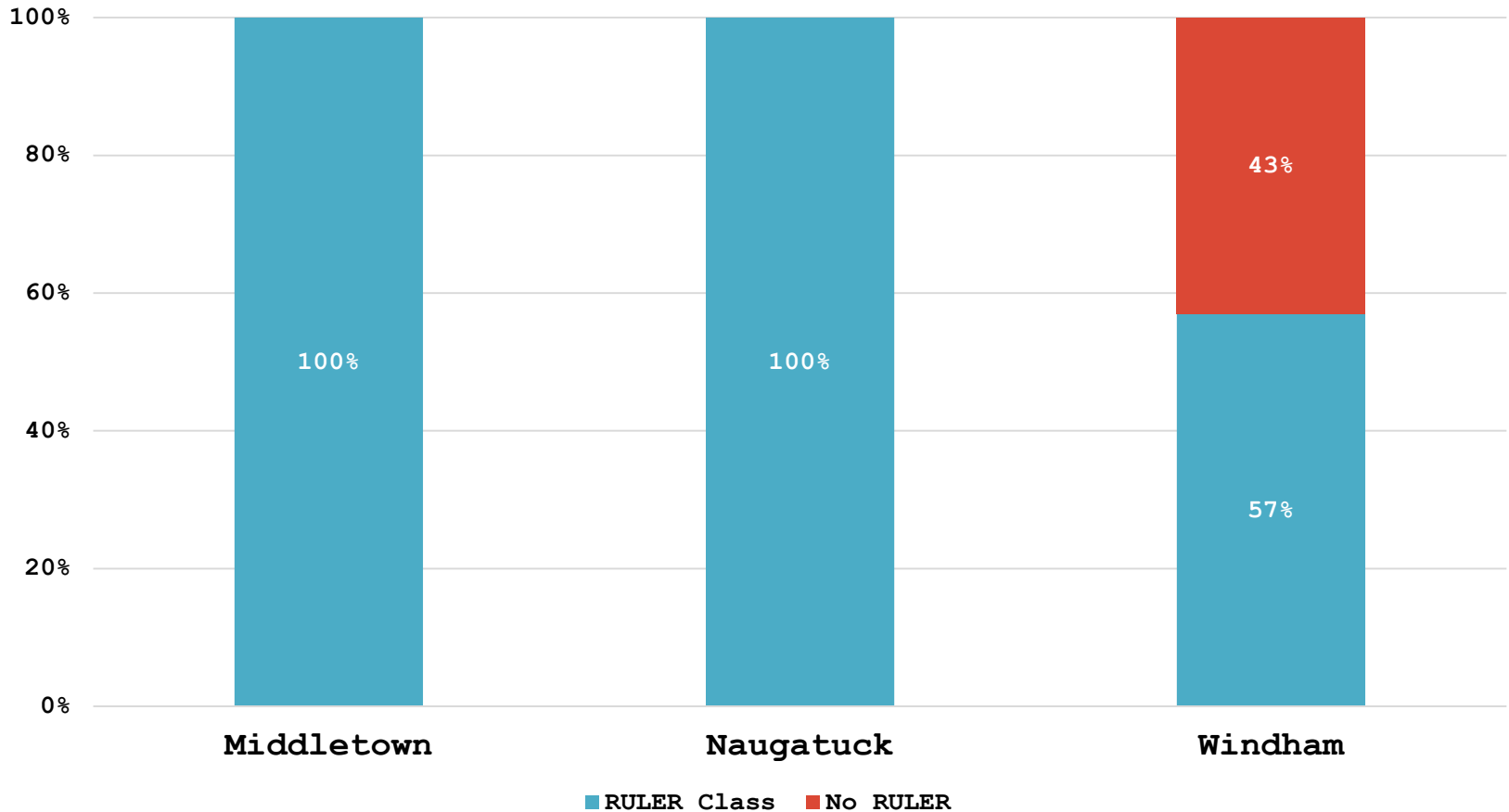
Goal 2.2: All Schools are Gold Status by Year 2

SHAPE Gold Status Schools

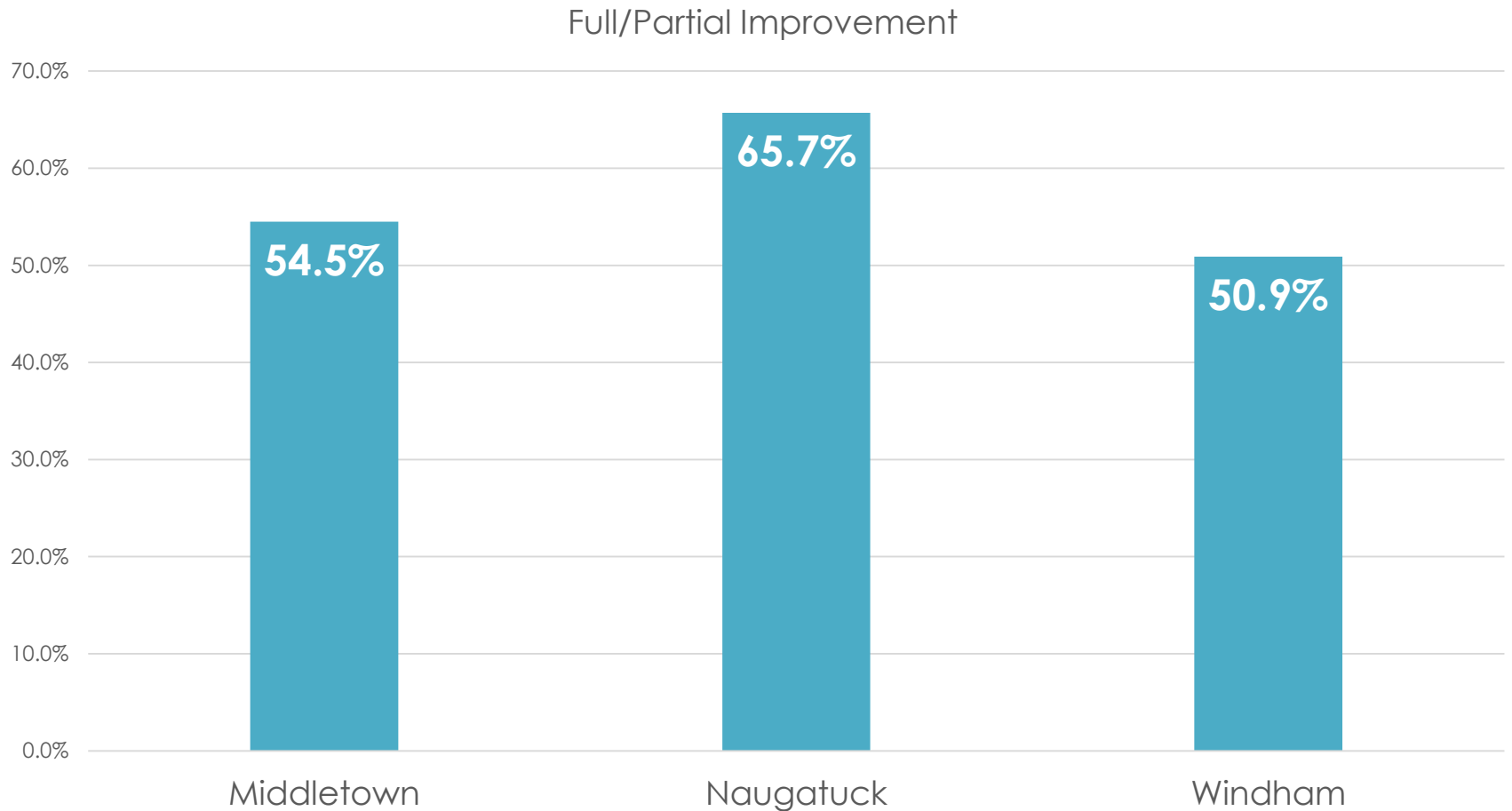


Goal 4.3: 100% of Classrooms will implement RULER by the end of year 5

Classrooms Implementing RULER

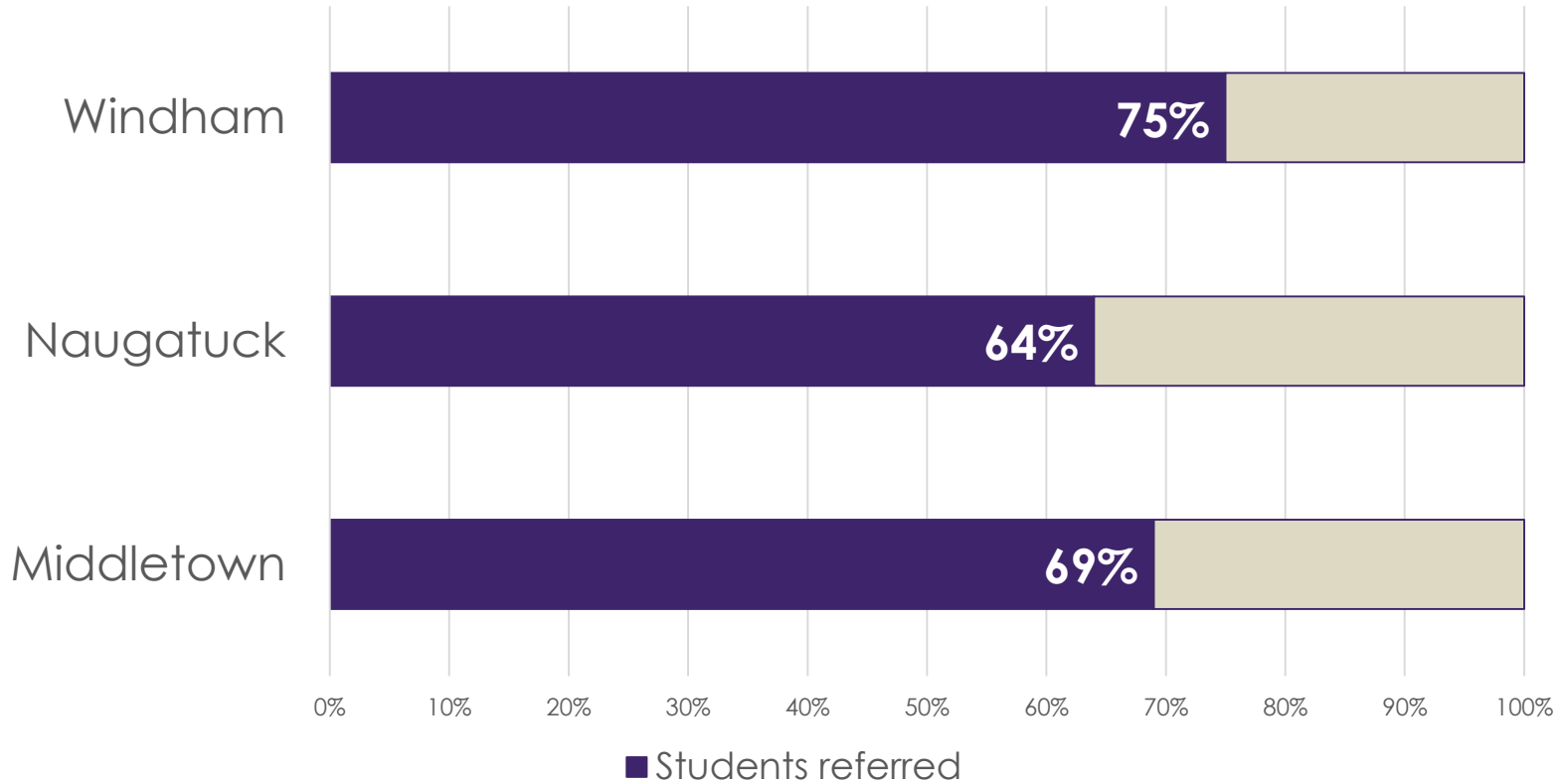


Goal 5.4: Partial/Full Improvement of Symptoms



Goal 6.3: Students in crisis will be referred

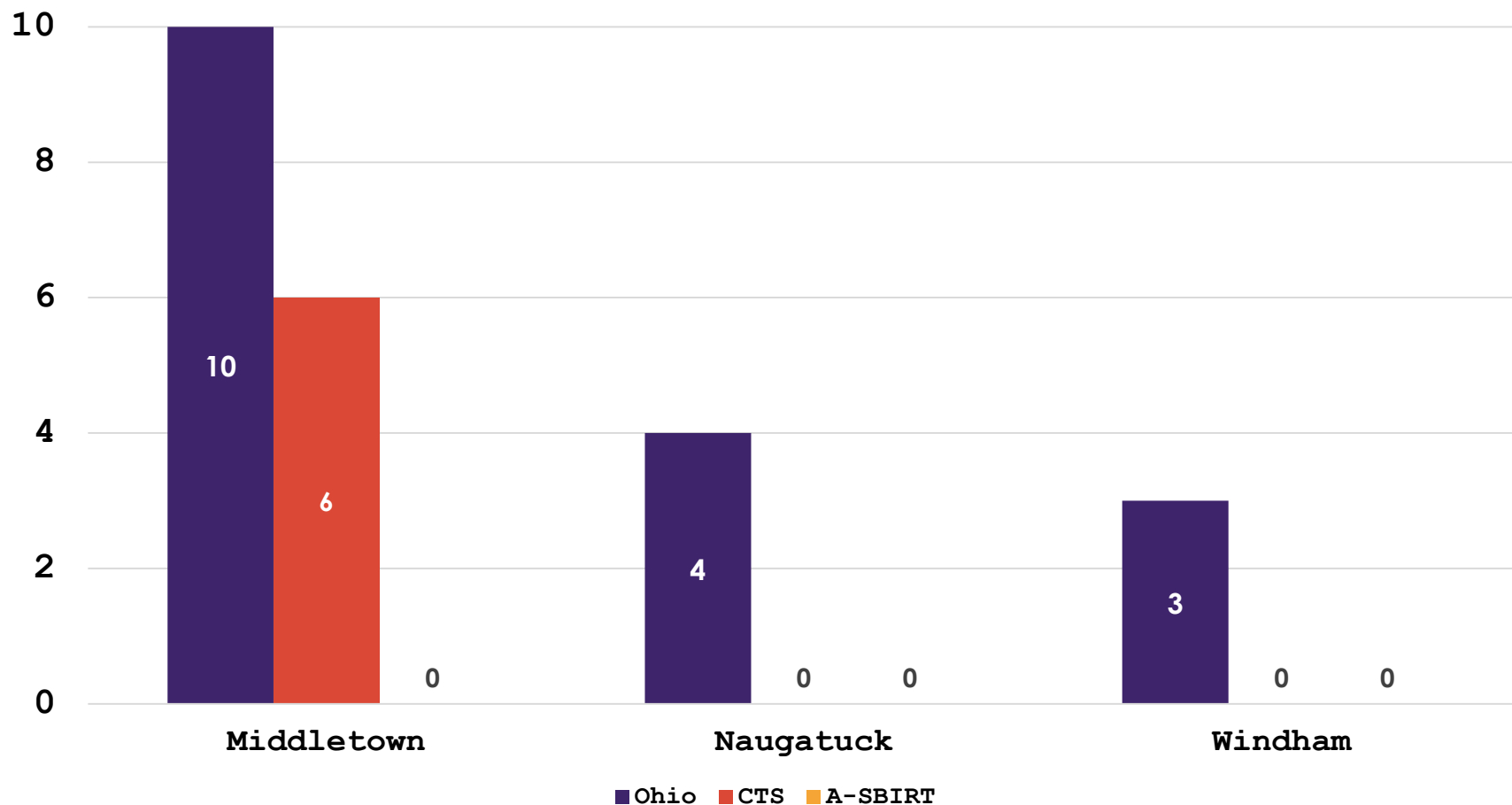
Students in crisis receiving referrals



Goal 3.1: All schools screen students

Screener Implementation

All screeners are self-report*



Substance Use Prevention/Recovery-Friendly Schools

Middletown	Naugatuck	Windham
<ul style="list-style-type: none">• Substance use prevention via health class	<ul style="list-style-type: none">• Nothing	<ul style="list-style-type: none">• Heroin Education Team (HEAT Program)
		<ul style="list-style-type: none">• Substance use prevention via health class

Next Steps

- Invest in a state-wide behavioral health screening/data portal
 - Purchase an already-existing portal
 - Helps with identification of students
 - Increases continuity of care
- Use existing reimbursement mechanisms to incentivize collaboration between local agencies engaged in substance use/behavioral health prevention and schools

Stay in touch

Please visit us at www.chdi.org and join our email list for publications and information on solutions that improve outcomes for children and their families.



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