## ALCOHOL & DRUG POLICY COUNCIL (ADPC) Meeting of Tuesday, April 18, 2017 State Capitol, Old Judiciary Room Hartford, CT 10:00 a.m.

## **ATTENDANCE**

Members/Designees: Crain Allen, Rushford; Charles Atkins, CMHA; Miriam Delphin-Rittmon, DMHAS; Marcia DuFore, NCRMHB; Matthew Grossman, YNHH; Ingrid Gillespie, CT Prevention

Network; Matthew Grossman, YNHH; David Guttchen, OPM; William Halsey, DSS; Joette Katz, DCF; Shawn Lang, AIDS CT; Susan Logan, DPH; Surita Rao, UCONN Health; Julie Revaz, Judicial; Betsy Ritter, Department of Aging; Gregory Shangold Windham Hospital; Sherrie Sharp, Beacon Health: Judith Stonger, Wheeler Clinic; Phil

Valentine, CCAR

Visitors/Presenters: Nancy Navarretta, DMHAS; Julienne Giard, DMHAS; Mary Painter, DCF; Ece Tek, Cornell Sott Hill Health; Arielle Reich, DESPP; Diana Heymann, DMHAS; Rick Porth,

UW 2-1-1; Sandra Violette, DOC; Yanike Whittingham

Recorder: Karen Urciuoli

The April 18, 2017 meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by DMHAS Commissioner Miriam Delphin-Rittmon. The meeting was co-chaired by Commissioner Joette Katz, DCF.

Topic	Discussion	Action
Welcome and Introductions	Members of the Council introduced themselves and Commissioner Delphin-Rittmon welcomed all in attendance.	Noted
Review and Approval of Minutes	Minutes were reviewed and approved as written	Noted
Video Clip	DCF presented a video regarding their Pay for Success Social Impact Bond. The video can be viewed on the DMHAS ADPC webpage.	Informational
Sub-Committee Reports		
Prevention, Screening and Early Intervention	<ul> <li>Dr. Grossman provided the following update.</li> <li>Core Competencies for Continuing Education</li> <li>The practical guidelines from the American Society of Addiction Medicine were accepted. Approximately 6-7 half-day Scope of Pain trainings will be provided within the next 4-5 months.</li> <li>Raising Awareness of and Providing Education on the Dangers of Opioids</li> <li>The Connecticut Health Investigative Team and Wheeler Clinic provided a community forum entitled "Working Women: The Face of Addiction, it was attending by approximately 160 people, with additional people streaming it online. It was a very successful event.</li> <li>DMHAS is seeking approval to hire a consultant through the SPF Rx grant to develop a statewide opioid education strategy.</li> <li>A successful summit for the CT CDC Prescription Drug Overdose Prevention grant was held earlier this month.</li> <li>In progress in the DrugFreeCT.org website</li> <li>The quilting project to raise awareness of those who have died from substance use disorders currently has 49 squares and the assembly is beginning.</li> <li>Prevention week is the week of May 14th with a conference planned for May 15th that will include workshops,</li> </ul>	Informational
	<ul> <li>presentations and networking opportunities. The quilt will be displayed at that time.</li> <li>Five Benzodiazepine trainings have been planned by the CT Prevention Network.</li> <li>Work continues with ways to safely dispose of prescription medications</li> <li>Supporting the integration of the Prescription Drug Monitory Program</li> <li>CT Children's Medical Center has now integrated their electronic medical record system with CPMRS; 4 other</li> </ul>	

Topic	Discussion	Action		
	healthcare providers across the state are also working on integrating their electronic medical records with CPMRS.			
	Insure that school administrators and/or nurses and college public safety personnel have naloxone available to them.			
	There were 2 naloxone prescribing events to allow pharmacists to prescribe in a group setting.			
	Discussions continues with the Board of Regents.	Informational		
<ul> <li>Treatment and Recovery</li> </ul>	Dr. Atkins provided the following update.			
Supports	<ul> <li>LMHA and MAT Goal: Currently there are monthly meetings that Julienne Giard is overseeing. Julienne has mapped out where all the LMHA's are and their progress with providing MAT. In addition they have discussed bringing in a webinar based learning system called Echo, which will be used as an additional training resource. Additionally, there is a 3 day workshop coming up July 17-19, 2017, Day 1 of the training will be for prescribers only and will consist of the DATA 2000 8 hour waiver for providers and may be applied to the 24 hour training requirement for PA's and APRN's. Funding for this initiative was made possible by Providers' Clinical Support System for Medication Assisted Treatment. Dr. Atkins will be reaching out to DPH to gain access to a mailing list of all licensed providers in the State in order to invite them to the conference.</li> <li>DOC &amp; Re-Entry MAT Goal: Dr. Maurer is working on implementing a new program in Bridgeport with grant dollars for people coming out of prison and connecting them with MAT. The first month after prison release is a very vulnerable time when a lot of people end up using again and dying. Another goal is to start MAT while people are in prison and then transition them to continued MAT upon release; that will start with grant dollars as well in one site. Another area is focused on court houses and setting up a small licensed "clinic" with a licensed clinician who can work on assessments and connections to treatment right from there: because it's licensed it should be billable. This is currently in one location and looking to replicate in 2-3 more places, under CSSD.</li> <li>Regulatory Workgroup Goal: Their next step will be to invite DCF licensing to attend a future meeting to discuss adolescents transitioning from a DCF system to an adult system.</li> <li>Tox Screening Goal: Reviewed ASAM (100+ page) guidance on this topic, the goal is to create a smaller version of it for practitioners.</li> <li>Adolescent SBIRT Goal: DCF is coordinating w</li></ul>			
<ul> <li>Recovery and Health</li> </ul>	Phil Valentine provide the following update:	Informational		
Management	This committee has begun to reform their recommendations, they continue to discuss barriers to access and are looking to development strategies to bring the recovery perspective to the medical community such as:  Resources available to people in recovery  The multiple pathways of recovery  Language of recovery  They have begun to discuss ways to bring the recovery perspective to the medical community through:  Symposiums  Social media  Technology  CEU's  In the future they would like to see these same strategies applied to law enforcement.			
CORE Update	Dr. D'Onofrio provided the following update on the CORE Initiative.	Informational		
	CORE Strategies:			
	Increase access to treatment			
	Decrease risk of overdose			

Topic	Discussion	Action
	Increase adherence to opioid prescribing guidelines	
	Increase access to Naloxone	
	Increase data sharing across agencies and organizations	
	Increase community understanding of OUD, treatment, and decrease stigma	
	Funding currently being pursued for two CORE strategies are:	
	CORE Strategy #1 – Increase Access to Treatment – through the <b>Arnold Foundation</b> - to go towards implementing the	
	Connecticut Opioid Response Initiative through Emergency Department and Jail/Prison-based medication	
	CORE Strategy #5 – Increase Data Sharing Across Relevant Agencies – through FDA Center for Excellence in Regulatory Science and Innovation (FDA CERSI) – to go towards linking data sources to elucidate non-fatal and fatal	
	opioid-related overdose epidemiology and the role of FDA-regulated products	
	Current funding for CORE Strategies #1-6 - CDC Prevention for States Program – to be used to aligned with CORE strategies	
	to:	
	Increase utilization of Prescription Monitoring Program	
	Evaluation of the Good Samaritan Laws	
	Collaborate with 6 local health departments (Quinnipiac, New Haven, Ledge Light, Bridgeport, Hartford, Waterbury) to:	
	<ul> <li>Promote &amp; Facilitate Professional Awareness &amp; Training</li> </ul>	
	~ Support Public Awareness Strategies	
	~ Facilitate Linkages to Opioid Treatment Providers/Programs	
	~ Promote & Track Availability of Naloxone	
	~ Encourage Provider Registration & Use of CPMRS	
	~ Increase Data Sharing Across Agencies & Organizations	
	<ul> <li>Current trainings being offered:</li> <li>Safe and Competent Opioid Prescribing Education (SCOPE) Course with Dr. Daniel Tobin</li> </ul>	
	~ Target Audience: Physicians, nurse practitioners, registered nurses, physician assistants, dentists,	
	pharmacists, and health professional students	
	<ul> <li>Format: 3-4 hour live conferences, often including state-specific policy and resource panels, online courses</li> </ul>	
	also available	
	~ Objective: Designed to help providers safely and effectively manage patients with chronic pain including the	
	safe use of opioid analgesics	
	Office-Based Treatment of Opioid Use Disorder – the Half and Half Couse with Dr. Jeanette M. Tetrault	
	~ Five one hour online modules	
	~ Four in person modules with case presentations	
	~ Trainers are Addiction Medicine or Addiction Psychiatry board-certified with several years of clinical	
	experience	
	~ After course completion, participants are provided with the information to file for their X- waiver to prescribe	
	buprenorphine  ~ PCSS also offers a mentor program to link new prescribers up with experts	
	~ PCSS also offers a mentor program to link new prescribers up with experts  Current Progress:	
	Increase Access to Treatment, Consistent with National Guidelines, with Methadone & Buprenorphine	
	Tactics:	
	~ Increase medication use among incarcerated	
	~ Increase access to buprenorphine	
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Progress:  Arnold Foundation application  Annold Foundation application  DMHAS SAMHSA grant incorporated ED-initiated buprenorphine  DATA 2000 training events  10/6/16 for BPT Optimus (FQHC) and New London SMHA (LMHA)  3/15/17 Middletown  7/17/17 Connecticut Hospital Association  Targeting DATA 2000 trainings with 6 LHDs (Hartford, New Haven, Bridgeport, Waterbury, Quinnipiac Valley, Ledge Light)  In collaboration with Dr. Sharp of Beacon Health Options, AAAP to increase number of PCSS-MAT mentors from 5 to 10 in state  Reduce Overdose Risk, Especially Among Those Individuals at Highest Risk  Reduce Overdose Risk, Especially Among Those Individuals at Highest Risk  Tactics:  Accelerate opioid overdose survivors' entry into opioid agonist treatment  Progress  ED-based interventions  YNHH ED has made arrangements with 5 local treatment providers/programs (OTPs, FOHCs and Primary Care) to receive patients with ED-initiated buprenorphine  Collaborating with CHA ED Medical Directors  Increase Adherence to Opioid Prescribing Guidelines, Especially Among Those Providing Prescriptions Associated with Increased Risk	
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Increase Adherence to Opioid Prescribing Guidelines, Especially Among Those Providing Prescriptions Associated with	
• Tactics:	
~ Target education and implementation efforts for practitioners who prescribe more than 90 MME or who co-	
prescribe opioids and benzodiazepines.	
Progress:	
~ Working with 6 LHDs (Hartford, New Haven, Bridgeport, Waterbury, Quinnipiac Valley, Ledge Light) and DCP	
to provide SCOPE of Pain Trainings according to FDA Blueprint	
Increase Access To & Track Use of Naloxone	
<ul> <li><u>Tactics:</u> <ul> <li>Increase naloxone distribution to high-risk individuals</li> </ul> </li> </ul>	
~ Monitor naloxone use in response to witnessed opioid overdose events	
~ Ensure affordable access to naloxone	
Progress:	
~ Presentations to pharmacists at DPH symposium	
~ Working with 6 LHDs regarding local naloxone data (Hartford, New Haven, Bridgeport, Waterbury, Quinnipiac	
Valley, Ledge Light)	
Increase Data Sharing Across Relevant Agencies & Organizations	
• <u>Tactic:</u>	
~ Create memorandum of understandings across relevant agencies to allow for data sharing and protection	
Progress:  DDU and DCD working on MOU regarding DDMD data.	
<ul> <li>DPH and DCP working on MOU regarding PDMP data</li> <li>Working with 6 LHDs regarding local data (Hartford, New Haven, Bridgeport, Waterbury, Quinnipiac Valley,</li> </ul>	
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Topic	Discussion	Action
	Recent legislation proposed Section 1. Subsection (j) of section 21a-254 of the general statutes is amended by adding subdivision (11) as follows (Effective from passage): (NEW) (11) The (DCP) commissioner may provide controlled substance prescription information obtained in accordance with subdivisions (3) and (4) of this subsection to other state agencies, pursuant to an agreement between the commissioner and the head of such agency, provided the information is obtained for a study of disease prevention and control related to opioid abuse or the study of morbidity and mortality caused by overdoses of controlled substances. The provision of such information shall be in accordance with all applicable state and federal confidentiality requirements.  Increase Community Understanding of Opioid Use Disorder, Treatment & Decrease Stigma  Increase Community Understanding of Opioid Use Disorder, Treatment & Decrease Stigma  Educational efforts with media, agencies, healthcare and public health personnel  Progress:  Pharmacy and public health presentations  Multiple media conversations  Yale media symposium in process - "Helping the media explain the opioid crisis and addiction to the public"  Overarching & Long-term Efforts  Strategies  Diverting individuals from the legal system to the health care and treatment system.  Project LEAD discussions in New Haven with mayoral support to couple community policing with case managed referral of individuals with substance use disorders to treatment and other needed services  Creation of supervised or safe injection sites  Discussions in New Haven and Hartford are at the contemplative stage by local harm reduction and academic advocates	
CT State Department on Aging: Prescription Drug Use/Misuse Among Older Adults	Commissioner Ritter provided the following report:  Prescription drug use is growing in CT  • 2009 – 1.3 million prescription written for Schedule II drugs • 2015 – 6.2 million controlled substances prescribed to 1.4 residents  Older Adults are at Risk • They take more prescription medications than any other age group • Americans 65 years of age make up only 13% of the U.S. population, yet consume approximately 33% of all prescription drugs  Older Adults Are At Risk For Prescription Drug Dependency/Abuse • Often take more than one prescription medication each day • Experience physical changes as they age • Have higher rates of comorbid illnesses & cognitive decline • May also drink alcohol • May rely on multiple prescribers & caregivers  Media Attention to Older Adults & Prescriptions is Growing (slowly!) • Seniors and Prescription Drug Addiction by AgingCare (4/17/12) • Elderly at Risk for Prescription Drug Abuse by The Partnership at DrugFree.org (4/17/12) • Drug Abuse and the Elderly by Johns Hopkins Medicine Health Alerts (4/17/12) • Silent Epidemic: Seniors and Addiction (US News and World Report, 12/2/2015) • 'Astounding' number of Opiods Prescribed to Elderly, Report Finds (Associated Press, 6/22/2016)	Informational

Topic	Discussion	Action			
	<ul> <li>Raising Awareness of Opiod Use in Older Adults and the Elderly, (SpineUniverse, 2/3/2017)</li> <li>From Prescription to Addiction: Opioid Abuse in Seniors on the Rise (Addiction Now, 4/11/2017)</li> <li>Living in the Community with Drug Dependency Becomes More Complicated</li> <li>Side effects may compromise daily life</li> <li>Alcohol introduces greater risk</li> <li>Driving may be impaired</li> <li>Risk of falling may increase</li> <li>Proper medication adherence becomes more difficult</li> <li>The National Safety Council reports: Elderly adults taking opioid painkillers have 4 times as many bone fractures, are 68% more</li> </ul>				
	Opioid Related Hospital Use by Age (by rate of inpatient stays in CT vs. Nation)  Age 45 - 64				
	CT as % of nation       114%       120%         Age       Number       Percent         17-49       479       66%       CT       228       25%         50-60       192       26%       CT       228       25%         60+       58       8%       60+       65       7%         Total       729       Total       917				
Judicial Branch Court Support	How we can better help Older Adults  • Educate before prescribing  • Strengthen our PDMP  • Expand Disposal Options  Mike Hines reported that in February 2015 Dr. Mauer approached the Judicial Branch asking if they would be interested in Information				
Services Division: The Treatment Pathway Program	starting a diversionary program for individuals in Bridgeport corrections. The issue that was identified at the time was there was about 150 people lock up in DOC in Bridgeport that were serving small sentences and had major addiction problems. Dr. Mauer and John Hamilton were able to find grant funding through the Public Welfare Foundation, which was used to secure a full time social worker in the Bail Commissioner's Office; they have recently added a second full time staff member to follow-up with recovery and case management. Sustainability of this project is through referrals, and has been licensed since October to be able to bill Medicaid for all assessments that they do. The savings for corrections in the last year has been over \$700,000.  Program Overview from 18 Months' Worth of Data:				
	Total Screened RNP Total Number of Applicable by Clients Who Accepted by the Court 176  590 406 317 176				

Topic	Discussion					Action
	Initial Level of Care:					
	Opiate Dependence (N=89)					
	Residential	IP/OP	OST	Detox	IOP or OP/OST	
	5%	17%	2%	31%	45%	
	Alcohol Dependence (N=81)					
	Detox Residential IOP/OP					
	17%		1%		82%	
	Accessibility to Treatment: Length of Tie Between Screening and Program Admission (N=176)					
	Admitted Into F	Program Within 24 Ho	ours /	Admitted Into Program	After 24 Hours	
		77%		23%		
	Client with Primary Diagnos No Medication Assisted Tre	atment (N=25)	nce:			
	Unsucce	essful Completion		Successful Com	pletion	
		60%		40%		
	Medication Assisted Treatm	nent (N=48)				
	Unsuccessful Completion Successful Completion				pletion	
		25% 75%				
	Legal Dispositions (N=176)					
	Incarceration Sentence Non Incarceration Sentence					
		24% 76%				
	Demographics Race (N=176)					
	Hispanic		White			
	29% 33% 38%		38%			
	Sex (N=176)					
		Female		Male		
	26% 74%					
	Failure to Appear State of Connecticut (N=109)					
	Incurred a Failure to Appear Incurred No Failure to Appear					
	13%					

Topic	Discussion	Action			
	Disposed TPP Clients (N=109)				
	Incurred a Failure to Appear	Incurred No Failure to Appear			
	19%	81%			
	New Arrests State of Connecticut (N=109)				
	Rearrested	Not Rearrested			
	21%	79%			
	Disposed TPP Clients				
	Rearrested	Not Rearrested			
	26%	74%			
Other Business					

<u>NEXT MEETING</u> – Tuesday, June 20, 2017, 10:00 – 12:00, Legislative Office Building, Meeting Room 1D <u>ADJOURNMENT</u> - The April 18, 2017 meeting of the Alcohol and Drug Policy Council adjourned at 12:00 p.m.