

**ALCOHOL & DRUG POLICY COUNCIL (ADPC)**  
**Meeting of Tuesday, February 15, 2022**  
**Video Conference Call through Teams**  
**10:00 a.m.**

**ATTENDANCE**

**Members/Designees:** Luiza Barnat, DMHAS; Jennifer Chadukiewicz, CCAR; Maria Coutant Skinner, McCall Center; Vanessa Dorantes, DCF; Ines Eaton, DCF; Dr. Shayn Ember; Tammy Freeberg, Village for Families and Children; William Halsey; Mark Jenkins, GHHRC; Barbara Lanza, Judicial; Susan Logan, DPH; Justin Mehl, DMHAS; Carol Meredith, DMHAS; Nancy Navarretta, DMHAS; Gerard O'Sullivan, DOI; Dr. William Petit; Sandrine Pirard, Beacon; Surita Rao, UCONN; Gary Roberge, Judicial; Melissa Sienna, DCF; Judith Stonger, Wheeler; Scott Szalkiewicz, DCP; Sandra Violette, DOC; Representative Toni Walker

**Visitors/Presenters:** Samantha Allard, Alley Nadeau; Amy DiMauro; Ana Gopoian; Ramona Anderson; Andressa Granado; Anna Gasinski; Kyle Barretta; Kirsten Bechtel; Elizabeth Benton; Julia Bergman; Cheri Bragg; Brian Sullivan; Rick Brooks, Brendan Burke, Chris Burke; Carolyn Wilson, Scott Choquette; Clare Doyle; Deborah Daniel; David Borzellino, David Kaplan, Joanne Deleon; Natalie Discenza; Dita Bhargava; John Doyle, Sarah Eagan, Danielle Ebrahimi, Ece Tek, Addie Aledia; Siobhan Feliciano, Fiona Firine; Thomas Fulton; Gabriela Krainer; Julienne Giard; Christine Goldrick; Zachary Green; Greg Little, Claudio Gualtieri, Joshonda Guerrier; Jennifer Kilakowski, Jeremy Wampler, Joe Lindbeck, John Lally, Joseph Podolski; Kara Sepulveda; Kimberly Karanda; Kasandra Rowe, Colleen Kearney; Ken Przybysz; Justin Kronholm; Governor Lamont; Nicole Leonard; Lisa Keane; Lisa Gray; Karonesa Logan; Lyne Stokes; Michael Makowski; Margaret Lancaster; Marie Kennedy; Rodrick Marriott; Mary Mason; Katherine McMullan; Michele Devine; Art Mongillo, ErinMulhern; NBC CT; News 8; Nicole Hampton; Shelly Nolan; Shauna Pangilinan.; Cara Passaro; Rebecca Petersen; Phil Valentine; Callyn Pribe; Khayree Rashid; Rebecca Allen, Representative McCartha Vahey; Rick Green; Gary Roberge; Robert Kanehl; Erica Rogers; Vincent Russo; Samuel Saylor, Paul Schott; Diana Shaw; Sou Thammavong, Janessa Stawitz; Suzanne Doyon; Attorney General William Tong; Robin Tousey-Ayers; Sandy Valentine; Mark Vanacore; Colleen Violette; Yanique Walton; WFSB TV; Alison Wiser, WNBC; Yashira Pepin

**Recorder:** Karen Urcioli

The February 15<sup>th</sup> meeting of the Alcohol & Drug Policy Council (ADPC) was called to order at 10:00 a.m. by Interim Commissioner Navarretta, DMHAS. The meeting was co-chaired by DCF Commissioner Vanessa Dorantes.

<b>Topic</b>	<b>Discussion</b>	<b>Action</b>
<b>Welcome and Introductions</b>	Interim Commissioner Navarretta welcomed all in attendance.	Noted
<b>Review and Approval of Minutes</b>	Minutes were reviewed and approved as written	Noted
<b>Governor's Legislation Regarding the Opioid Settlement</b>	<p>Interim Commissioner Navarretta welcomed Attorney General Tong and Governor Lamont and thanked them for prioritizing CT's Opioid Response and acknowledging the devastating effect of the crisis on individuals, families and communities.</p> <p>Attorney General Tong provided the following update:            Apart from COVID, one of the worst public crisis in America is the Opioid addiction crisis, which last year cost CT nearly 1,400 lives, and more than 10 billion dollars in economic damage. This settlement's concerns focused on the 3 major drug distributors in this country. Attorney general Jepsen pushed for the creation of a subcommittee of states to look at the distributors of opioids, which led to a number of lawsuits and eventually this settlement. In September of 2019, four states announced an 18-billion-dollar settlement deal with the 3 major distributors, CT along with other states objected to the settlement, as it did not reflect what their responsibility was in this crisis. The final settlement was 26 billion dollars, and it will be allocated 56 ways. CT will receive \$300 million dollars that will be distribution over the next 18 years. All town and cities have a role in the process of advising on how to deploy the resources, and all money must be spent on abatement (treatment program, prevention programs and addiction science programs).</p> <p>Governor Lamont thanked Attorney General Tong for his role in this settlement. The Governor confirmed that this money will go towards abatement and wants to be sure what we do works and that the money does not get diverted and goes to places where it</p>	Informational

Topic	Discussion	Action
	can make an enormous difference. The governor recognized the good work that DMHAS and DCF is doing, and thanked Interim Commissioner Navarretta and Commissioner Dorantes for all their hard work.	
<b>Substance Use Resources for Children, Families, Communities for the K-12 Age Group</b>	<p>Carol Meredith provided the following report:</p> <p>Substance use programs and services that address the needs of K-12 age group exist across a number of state agencies, and many federal funders have required this comprehensive planning and coordination. Recently some municipalities have experienced disturbing substance use and overdoses among their students, these are situations that have been planned for. The role that our funded programs play is making young people aware of substances, their physical, psychological, emotional and financial impacts and why the substances are illegal for them. There are also resources that they are made aware of so that if they, their peers or family members are having problems with substance use or addiction they will know where to go.</p> <p><b>PREVENTION RESOURCES</b></p> <p>State Education Resource Center (SERC)</p> <ul style="list-style-type: none"> <li>• School Based Substance Misuse Prevention Programs (handout)</li> <li>• Universal Opioid and Other Substance Misuse Prevention Planning in Schools: Guidance for CT K-12 Educators and their Prevention Partners (handout)</li> <li>• 2<sup>nd</sup> Annual Youth Prevention Summit – Answering the Surgeon General’s Call to action on “Protecting Youth Mental Health”: Cultivating Emotional Champions and Change Agents – 2 Day Conference</li> </ul> <p>Courage to Speak Foundation</p> <ul style="list-style-type: none"> <li>• Conducts substance abuse presentations across the state, for parents, teenagers, K-12 schools, and community organizations on the importance of living a drug free life and they also talk of the dangers of substance misuse and abuse. The presentations are conducted from the perspective of a parent who’s lost a child to an overdose.</li> </ul> <p>Training &amp; Technical Assistance Service Center</p> <ul style="list-style-type: none"> <li>• The produced an electronic book entitled “A Parent’s Guide to Opioid Prevention”, which provides information about strategies that CT families can use with children of all ages.</li> </ul> <p>Prevention in CT Communities Initiative</p> <ul style="list-style-type: none"> <li>• Being implemented in 12 cities and towns by 10 coalitions, they are currently in the process of completing their strategic plans for their programs, they will be implementing a lot of activities that are designed to reduce alcohol consumption in minors.</li> </ul> <p>Local Prevention Councils/Coalitions (120 Councils for 169 Municipalities)</p> <p>Focus on Vaping</p> <ul style="list-style-type: none"> <li>• Information Dissemination</li> <li>• Environmental Scans</li> <li>• (advertising, store locations)</li> <li>• Education (retailors, parents, youth)</li> </ul> <p>Focus on Opioids</p> <ul style="list-style-type: none"> <li>• Information Dissemination</li> <li>• Safe Storage &amp; Disposal</li> <li>• Promote State Campaigns</li> <li>• Education (parents, youth, community)</li> </ul> <p>The Governor’s Prevention Partnership Youth Advisory Board</p> <ul style="list-style-type: none"> <li>• Youth Leadership Development.</li> </ul>	Informational

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	<ul style="list-style-type: none"> <li>• Peer Networking</li> <li>• Statewide &amp; Local Projects</li> <li>• Youth Voice</li> </ul> <p>Mentoring</p> <ul style="list-style-type: none"> <li>• Find a Mentoring Program</li> <li>• Become a Mentor</li> <li>• Mentoring Program Training &amp; Assistance</li> </ul> <p>Regional Behavioral Health Action Organizations</p> <ul style="list-style-type: none"> <li>• Naloxone Administration Training &amp; Product Distribution</li> </ul> <p>Other Resources Available</p> <ul style="list-style-type: none"> <li>• Prescription drug take back days</li> <li>• Medication Disposal sights</li> <li>• Deterra bags for safe disposal of medications</li> <li>• Lock boxes where medication can be stored</li> <li>• Public awareness campaigns through print, broadcast and social media</li> </ul> <p>Inez Eaton provided the following report around DCF initiatives supporting CT youth:</p> <p>Adolescent Services</p> <ul style="list-style-type: none"> <li>• Substance Screening, Treatment, and Recovery for Youth Program (SSTRY)</li> <li>• MULTI-DIMENSIONAL FAMILY THERAPY (MDFT)</li> <li>• HYPE RECOVERY (previously known as ATM)</li> <li>• Multi-Systemic Therapy (MST)</li> <li>• Multi-Systemic Therapy-Emerging Adults (MST-EA)</li> <li>• Multi-Systemic Therapy-Problem Sexual Behavior (MST-PSB)</li> <li>• Youth RECOVERY CT-SMART Recovery Groups</li> </ul> <p>Resources</p> <ul style="list-style-type: none"> <li>• CT Connection Brochures</li> <li>• <a href="https://turningpointct.org/">https://turningpointct.org/</a></li> <li>• CT Clearing House: <a href="https://www.ctclearinghouse.org/">https://www.ctclearinghouse.org/</a></li> <li>• NORA APP: <a href="https://egov.ct.gov/norasaves/#/HomePage">https://egov.ct.gov/norasaves/#/HomePage</a></li> <li>• Learn how/where patients and their loved ones can obtain naloxone from a pharmacy: <a href="https://bit.ly/NarcanCT">bit.ly/NarcanCT</a></li> <li>• A-SBIRT: Adolescent SBIRT: <a href="https://www.mcpap.com/pdf/SBIRTWorkbook_A.pdf">https://www.mcpap.com/pdf/SBIRTWorkbook_A.pdf</a></li> <li>• Screening Tools: <a href="https://nida.nih.gov/nidamed-medical-health-professionals/screening-tools-resources/screening-tools-adolescent-substance-use">https://nida.nih.gov/nidamed-medical-health-professionals/screening-tools-resources/screening-tools-adolescent-substance-use</a></li> <li>• <a href="https://www.connectingtocarect.org/">https://www.connectingtocarect.org/</a></li> <li>• Connect and get support if you or someone you know is struggling: LiveLOUD Families</li> </ul>	
<b>HIDTA Update</b>	<p>Anna Gasinski, HIDTA, Public Health Analyst provided the following update:</p> <ul style="list-style-type: none"> <li>• An updated situational awareness bulletin was released with regard to November bulletin, through interviews and investigations and in looking into that specific sample from the incident, it was determined that it was most likely an isolated incident. There was a look back of 6-7 months and no other samples tested positive for fentanyl.</li> <li>• The unfortunate fatal overdose of the teen in Hartford, it is an ongoing investigation, the concentration of the fentanyl was higher than typical at 50%. Have not seen an uptick in overdoses in the area. It may have been an isolated incident.</li> </ul>	Informational

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	<ul style="list-style-type: none"> <li>The THC edible overdoes in New Haven, the students were sent to the hospital and there was no other follow-up with that incident.</li> <li>The February incident that happened in Bloomfield, a sample was seized and sent to the forensic lab, it was determined that the sample was Delta 9 THC, fentanyl was not detected in that sample</li> <li>Another incident in February was also in Bloomfield, no other substances were found, had no other followup.</li> <li>Continuing to monitor these types of incidents and also keeping a close eye on zylazine, parafloral fentanyl, and counterfeit pills. A few samples have come up over the last few months.</li> </ul>	
<b>Sub-Committee Reports</b>		
<ul style="list-style-type: none"> <li><b>Prevention, Screening and Early Intervention</b></li> </ul>	<p>Judith Stonger provided the following update:</p> <ul style="list-style-type: none"> <li>Cannabis Workgroup – primary goal was to develop and release an RFP for a media consultant to develop a comprehensive awareness and prevention campaign for targeted audiences around the state. The proposals have been reviewed and a media consultant has been selected, and they have been notified of the decision. The cannabis workgroup will work with the vendor to provide guidance and feedback moving forward on prevention messaging for a variety of audiences. The cannabis workgroup will also develop a report to the governor and general assembly pursuant to legislation requirement with policy recommendations that will be shared with this committee prior to submission.</li> <li>School Naloxone Survey – The State Department of Education recently updated and reissued the survey to school districts, they will be reviewing the results and they will respond accordingly.</li> </ul>	Informational
<ul style="list-style-type: none"> <li><b>Treatment</b></li> </ul>	<p>Dr. Allen provided the following update:</p> <ul style="list-style-type: none"> <li>Met on the 27<sup>th</sup> of January, have been focused on trauma informed care and looking at developing some educational material and standardizing an approach across the state. Collette Anderson, from Women’s Consortium was invited to the meeting to discuss partnering with Women’s Consortium to develop a presentation of trauma informed care.</li> <li>Viewed the RSS, DMHAS’ project with peer support certification, and had an interesting conversation about that. Looking forward to what will come out of the Town Hall meetings taking place for standardizing credentialing or testing for people who are working as RSS’s.</li> <li>Had a presentation around on line gambling and sports betting and the potential impact on developing brains, and the impact on people vulnerable to having addictive disorders.</li> </ul>	Informational
<ul style="list-style-type: none"> <li><b>Recovery and Health Management</b></li> </ul>	<p>Jennifer Chadukiewicz provided the following report:</p> <ul style="list-style-type: none"> <li>This committee met in December and January.</li> <li>In January, they updated their internal DMHAS working list. Updates include, the recovery friendly communities, campuses, and employers,</li> <li>Additional work continues with the review of the 1115 waiver, continuing to work on the language matters project, and engaging commissioners that are part of this council with regard to making sure our vulnerable population has a voice at this table.</li> <li>Discussed the new peer support town hall process that Dr. Allen spoke of earlier, this subcommittee requested a presentation and an opportunity to provide feedback on the process, also requested a meeting with the Treatment subcommittee so as not to duplicate efforts.</li> <li>In January, two new members were welcomed to this subcommittee,</li> <li>Received and update from Zak Green and Sandy Valentine regarding Recovery Friendly Campus projects going on at UCONN.</li> <li>There will be an in person Recovery Friendly Campus conference in April at UCONN.</li> <li>Have discovered and been in touch with a couple of grass roots recovery initiatives happening around the state, they</li> </ul>	Informational

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	<p>have been invited to present at future subcommittee meetings.</p> <ul style="list-style-type: none"> <li>• Dr. Ember is no longer able to co-chair this sub-committee, and Jennifer has accepted a new position with the Root Center which has given this committee a chance to possibly look at new leadership.</li> </ul>	
<ul style="list-style-type: none"> <li>• <b>Criminal Justice</b></li> </ul>	<p>Sandra Violette provided the following report:</p> <ul style="list-style-type: none"> <li>• Had three different presentations; (1) Dr. Logan regarding social work interns being embedded in the police department; (2) had a presentation on the ESI program that is a diversionary program that allows prosecutors to utilize their discretion and refer clients to the Resource Center. The peak volume for those cases was between 300-350 cases/month per month that were referred to resource counselors.; (3) had a presentation by the Stamford PD about RNP and having a clinician to start the program. Over the past 6 months there have been over 250 contacts with the clinician.</li> <li>• MAT – currently dosing approximately 600 offenders every single day in all of our correctional facilities. Continue to move forward with adding 1 more correctional facility which will be Garner.</li> <li>• NARCAN – have distributed within the department 887 kits, in addition, have distributed 283 kits to their parole community. Have trained 6,828 offenders on the signs of overdose.</li> </ul>	Informational
<b>Other Business</b>		

**NEXT MEETING** – Tuesday, February 15, 2022, Video Conference Call Through TEAMS

**ADJOURNMENT** – The, December 21, 2021 meeting of the Alcohol and Drug Policy Council adjourned at 12:00 p.m.