



**Connecticut Medical Assistance Program**  
Policy Transmittal 2023-30

Provider Bulletin 2023-51  
June 2023

Andrea Barton Reeves, J.D., Commissioner

Effective Date: July 1, 2023  
Contact: [Donaicis.Alers@ct.gov](mailto:Donaicis.Alers@ct.gov)

**TO: Behavioral Health Clinics, Enhanced Care Clinics and Outpatient Drug and Alcohol Abuse Centers, Outpatient Hospitals**

**RE: Clinical Treatment Hours for Substance Use Disorder (SUD) Intensive Outpatient (IOP) and Partial Hospitalization (PHP) Programs**

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Effective for dates of service on and after July 1, 2023, the Department of Social Services (DSS) will reduce the minimum required number of clinical treatment hours to be performed by Substance Use Disorder (SUD) Intensive Outpatient (IOP) and Partial Hospitalization (PHP) Programs. The number of service hours and contact days per week remains unchanged.

This guidance supersedes the guidance on minimum clinical hours in [PB 2022-86: Reimbursement for Intermediate Substance Use Disorder \(SUD\) Treatment at Behavioral Health Clinics, Enhanced Care Clinics and Outpatient Drug and Alcohol Abuse Centers](#) and [PB 2023-09: Reimbursement for Intermediate Substance Use Disorder \(SUD\) Treatment at Outpatient Hospitals](#).

Effective July 1, 2023, each IOP day at a child IOP program must be at least 2 programmed hours, of which at least 1 hour must be clinical. Each IOP day at an adult IOP program, must be at least 3 programmed hours, of which at least 2 hours must be clinical. Clinical hours must be performed by a qualified practitioner as outlined in the state standards.

Effective July 1, 2023, each PHP day must be at least 4 hours of programmed hours, of which at least 3 hours must be clinical and performed by a qualified practitioner as outlined in the state standards.

All other guidance outlined in PB 2022-86 and PB 2023-09 remains in effect.

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**Distribution:**

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**Responsible Unit:**

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