

## Connecticut 1115 SUD Demonstration Provider Training Guidelines

**Question:** What trainings are mandatory under the Demonstration for SUD providers?

**Response:** All agencies participating in Connecticut’s 1115 SUD Waiver Demonstration and operating substance use treatment services for the ASAM levels of care listed below have been provided access to the courses below offered through the Change Companies. Additionally, in-person ASAM skill building courses began in late 2022 and will be provided on a rolling basis. To help promote system wide adoption of the ASAM criteria, completion of the identified ASAM trainings will be required for full certification under Connecticut’s 1115 SUD Demonstration.

Provider Type	ASAM Levels of Care
<ul style="list-style-type: none"> <li>• State-operated and private psychiatric hospitals where the primary inpatient treatment is for a substance use disorder.</li> <li>• Behavioral Health Clinic, Enhanced Care Clinic or Outpatient Drug and Alcohol Abuse Center</li> <li>• Federally Qualified Health Center</li> <li>• Outpatient Hospitals</li> <li>• Free-Standing Residential Treatment Facilities</li> <li>• Outpatient Opioid Treatment Programs</li> </ul>	<ul style="list-style-type: none"> <li>• ASAM 1-WM – Ambulatory Withdrawal Management (WM)</li> <li>• ASAM 2-WM – Ambulatory WM with Extended Monitoring</li> <li>• ASAM 2.1 - Intensive Outpatient (IOP)</li> <li>• ASAM 2.5 - Partial Hospitalization (PHP)</li> <li>• ASAM-3.1 Clinically Managed Low-Intensity Residential Services</li> <li>• ASAM-3.2 Clinically Managed Residential Withdrawal Management</li> <li>• ASAM-3.3 Clinically Managed High-Intensity Residential</li> <li>• ASAM-3.5 Clinically Managed High Intensity Residential</li> <li>• ASAM-3.5 Clinically Managed Population-Specific High Intensity Residential – Pregnant and Parenting Women</li> <li>• ASAM-3.7 Medically Monitored Intensive Inpatient Treatment</li> <li>• ASAM-3.7 Medically Monitored Intensive Inpatient Treatment – Co occurring Enhanced</li> <li>• ASAM-3.7 Withdrawal Management- Clinically Monitored Inpatient Withdrawal Management</li> <li>• ASAM- 1.0 Opioid Treatment Programs</li> </ul>

Recognizing that agencies may have established training processes to ensure staff is knowledgeable about Motivational Interviewing and the Transtheoretical Stages of Change Model, the State has elected to waive the requirement that these trainings be completed through the Change Companies. Agencies may elect, as part of the certification process, to submit proof that the required staff have completed equivalent trainings by an accredited continuing education provider within the last three years.

In an effort to help support the adoption of the American Society of Addiction Medicine (ASAM) Criteria as part of Connecticut’s 1115 SUD Demonstration Advanced Behavioral Health and The Department of Mental Health and Addiction Services and Department of Children and Families have partnered with Train for Change to offer a Two-day ASAM Criteria Skill Building Training. These trainings will be conducted on an ongoing basis in 2023 and 2024.

The Two-Day ASAM Criteria Skill Building training aims to provide participants with a comprehensive understanding of theoretical and clinical applications of the ASAM criteria including biopsychosocial assessment, the six dimensions, continued stay and transfer/discharge criteria. Participants will have the opportunity for skill practice at applying the ASAM criteria in every stage of the treatment process. As part of the 1115 SUD Demonstration’s training plan the State is requesting that each agency providing SUD services send one member of their clinical leadership team to this training. We would like to utilize this opportunity to train key personnel that can serve as clinical leaders during the ASAM adoption process.

### Connecticut 1115 SUD Demonstration Residential Provider Training Grid\*

Training Area	Content Area	Required Staff
ASAM Model Trainings	Introduction to ASAM Criteria	<ul style="list-style-type: none"> <li>· Clinical Supervisors</li> <li>· Masters Level Behavioral Health Providers</li> <li>· Non-licensed staff providing therapeutic services</li> </ul> <p>Agencies must demonstrate that required staff has completed the ASAM Model Trainings provided by the Change Companies to obtain full certification</p>
	From Assessment to Service Planning and Level of Care	
	Multi-Dimensional Assessment	
	ASAM Criteria Skill Building (Two Day In-Person)	
Motivational Interviewing	The Spirit of Motivational Interviewing	<ul style="list-style-type: none"> <li>· Clinical Supervisors</li> <li>· Masters Level Behavioral Health Providers</li> <li>· Non-licensed staff providing therapeutic services</li> </ul> <p>Agencies must demonstrate that required staff has completed the Motivational Interviewing and Stages of Change Trainings provided by the Change Companies or equivalent trainings by an accredited continuing education provider within the last three years to obtain full certification.</p>
	Engagement with Motivational Interviewing	
	Focusing with Motivational Interviewing	
	Evoking with Motivational Interviewing	
	Planning with Motivational Interviewing	
Transtheoretical Stages of Change	Understanding Transtheoretical Stages of Change	

## Non-Licensed Staff Definition

The Demonstration defines therapeutic services as (1) assessment and individualized plan development, (2) clinical or nonclinical individual, group, couples, and family therapy, or any combination thereof, as medically necessary based on the beneficiary's treatment plan, to address an individual's major lifestyle, attitudinal, and behavioral problems. This component focuses on symptom reduction associated with the individual's diagnosis(es), stabilization and restoration to the person's best possible functional level, including use of appropriate evidence-informed practices. Collateral contact is permitted as needed to address the therapeutic goals of the Medicaid beneficiary receiving treatment. Any family therapy must be for the direct benefit of the beneficiary. (3) Peer Support Services. (4) Service Coordination. **All Staff must be performing and documenting duties within their scope of practice.**

The Demonstration defines non-licensed staff providing therapeutic services as those who are providing services and interventions consistent with the definition above. The following are examples of non-licensed staff required to take these trainings if they meet these criteria:

Certified Alcohol and Drug Counselor (CADC)  
Certified Peer Recovery Specialist  
Certified Peer Recovery Specialist Supervisor  
Technicians  
Technician Supervisor  
Unlicensed Counselor  
Graduate-Level Intern  
Associate/Bachelor-Level Intern

**Though potentially beneficial for all non-licensed/support staff, only those staff providing therapeutic services are required to complete the mandatory trainings.**