



Sample Young Adult Transition and Care Policy

Six Core Elements of Health Care Transition 2.0

[Adult Practice Name] welcomes young adults, including those with special health care needs, to our practice. We aim to provide high quality, comprehensive, and confidential health care to meet young adults' unique needs.

Our practice places the young adult, ages 18 and older, in the center of his/her own health care, with the health care provider as a partner in supporting your health goals. This means that adult providers do not discuss any aspects of your care with anyone else unless you specifically ask that we do. We understand that some young adults involve family and close friends in their health care decisions and would like their provider to share information with those close to them. To allow others to be involved in your health care decisions requires that a signed consent form be completed, which is available at the clinic. For young adults unable to provide consent, we will need legal documentation about decision-making arrangements.

We ask that new patients transferring to our practice obtain from their previous provider(s) a medical summary or medical record and send it to us before the first appointment. We make every effort to coordinate the transfer of care with previous providers, including communicating with pediatric providers and assisting with transfer of specialty care, as needed. Having your medical information in advance helps to ensure greater continuity of care and a better experience for you.

Your health is important to us, and we look forward to having you as a new patient. If you have any questions or concerns, please feel free to contact us.