



Transitioning from High School to Adulthood				
Organization	Service Description	Address	Phone Number	Contact number
<b>Asperger/Autism Network (AANE)</b>	AANE offers a Life Management Assistance program (LifeMap) which is an intensive and individualized life coaching program for individuals with Asperger profiles. Services are offered to parts of Connecticut and can be accessed in person or online. There are a variety of LifeMap programs which include transition planning out of high school, life skills coaching or job finding assistance.	51 Water Street, Suite 206, Watertown, MA 02472	617-393-3824	<a href="https://www.aane.org/resources/adults/lifemap-coaching/">https://www.aane.org/resources/adults/lifemap-coaching/</a>
<b>Autistic Self Advocacy Network (ASAN)</b>	Handbook available titled 'Navigating College: A Handbook on Self-Advocacy'	PO Box 66122, Washington, DC 20035	n/a	<a href="https://autisticadvocacy.org/book/navigating-college/">https://autisticadvocacy.org/book/navigating-college/</a>
<b>Autism Speaks</b>	The Transition Tool Kit is designed to assist families of individuals with autism on the journey from adolescence to adulthood.	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/sites/default/files/2018-08/Transition%20Tool%20Kit.pdf">https://www.autismspeaks.org/sites/default/files/2018-08/Transition%20Tool%20Kit.pdf</a>
<b>Autism Speaks</b>	Community Based Functional Skills Assessment (CSA) assist with transition planning and the guide helps you create a plan which focuses on the individual's strengths, needs, challenges and preferences. This tool is divided into three levels based on age with eight areas of functional life skills to be assessed. This information should be shared at the IEP meeting to assist with the transitiona planning.	locations vary	1-888-288-4762	<a href="http://www.vcuautismcenter.org/documents/finalcommunityassessment711141.pdf">http://www.vcuautismcenter.org/documents/finalcommunityassessment711141.pdf</a>

<b>Autism Speaks</b>	Postsecondary Educational Opportunities Guide: The guide provides a closer look at four-year universities, community colleges, vocational/technical school, life skills programs and more. The information will help you find the program that is right for you.	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/to-ol-kit/postsecondary-educational-opportunities-guide">https://www.autismspeaks.org/to-ol-kit/postsecondary-educational-opportunities-guide</a>
<b>College Autism Network</b>	Agency has compiled a listing autism support programs at higher education institutions in the United States.	n/a	n/a	<a href="https://collegeautismnetwork.org/home/advocacy/">https://collegeautismnetwork.org/home/advocacy/</a>
<b>Connecticut Transition Task Force</b>	Guide book titled 'Building a Bridge' is a comprehensive handbook for students and family members to help with preparation for life after high school.	n/a	n/a	<a href="https://docs.wixstatic.com/ugd/6efb4a_0181d20d91684eaa9727642a5dae149c.pdf">https://docs.wixstatic.com/ugd/6efb4a_0181d20d91684eaa9727642a5dae149c.pdf</a>
<b>CT Parent Advocacy Center in partnership with The CT State Dept of Education</b>	Stepping Forward: A Self-Advocacy Guide for Middle and High School Students	n/a	n/a	<a href="https://docs.wixstatic.com/ugd/6efb4a_f9498a10a76c4c258ddf95d07316e3d7.pdf">https://docs.wixstatic.com/ugd/6efb4a_f9498a10a76c4c258ddf95d07316e3d7.pdf</a>
<b>DSS Autism Unit</b>	describes the Individualized Transition Plan (ITP) process and how it relates to IDEA and IEP	55 Farmington Avenue, Hartford, CT 06105	860-424-5865	<a href="https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Health-and-Home-Care/Autism-Spectrum-Disorder/ASD_IDEA_Simplified.pdf?la=en">https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Health-and-Home-Care/Autism-Spectrum-Disorder/ASD_IDEA_Simplified.pdf?la=en</a>
<b>Independence Northwest</b>	The Youth Transition Initiative works to help youth with disabilities through the transition process of school to work. Peer mentors will work with individuals to connect them with appropriate resources like housing, medical services, income benefits and support services.	1183 New Haven Road, Suite 200 Naugatuck, CT 06770	203-729-3299	<a href="https://independencenorthwest.org/">https://independencenorthwest.org/</a>

<b>Independence Unlimited</b>	Independence Unlimited Youth Transitions Project increases the participation of youth with disabilities and their parents in the process of planning for their transition into adulthood. This includes self advocacy, skills training, service linkage and outreach.	151 New Park Ave., North Annex suite D, Hartford, CT 06106	860-523-5021	<a href="https://www.independenceunlimited.org/index.php/our-programs/youth-transitions">https://www.independenceunlimited.org/index.php/our-programs/youth-transitions</a>
<b>Laurel House-Stamford</b>	Enhanced Supported Education service that provides on-campus support to students via phone, Skype, and FaceTime. TEDS provides comprehensive wrap-around support to students who live away from home. It offers counseling and guidance to help young adults with mental health needs succeed in college and other vocational certification. No fee for residents of Fairfield County	1616 Washington Blvd, Stamford, CT 06902	203-324-1816	<a href="http://www.laurelhouse.net">www.laurelhouse.net</a>
<b>MyFuture</b>	Website provides a roadmap of a high school students track from freshmen to senior year of high school. Select the ' <b>College Planning Timeline</b> ' option. At this website, you can utilize the <b>Armed Services Vocational Aptitude Battery (ASVAB)</b> which consist of questionnaires and tests designed to help students figure out careers they are interested in. The tests is designed for individuals planning to work right out of high school, attend college, or enter military services.	n/a	n/a	<a href="https://myfuture.com/college/college-planning-timeline">https://myfuture.com/college/college-planning-timeline</a>
<b>OCALI</b>	The webcasts on this page provide information on topics of importance for families, students and professionals involved in transition planning for individuals with autism spectrum disorders preparing for adulthood.	470 Glenmont Avenue, Columbus OH 43214	1-866-886-2254	<a href="https://www.ocali.org/project/transitions_webcasts">https://www.ocali.org/project/transitions_webcasts</a>

<b>OCALI</b>	<b>Age-Appropriate Transition Assessment: Transition to Adulthood</b> – A guide to assist individuals with ASD in the transition process from middle school through the first few years following high school graduation. The guide can be used as a reference and resource as an individual with ASD faces issues such as employment, postsecondary education and adult living.	470 Glenmont Avenue, Columbus OH 43214	1-866-886-2254	<a href="https://www.ocali.org/up_doc/TG12_AATA.pdf">https://www.ocali.org/up_doc/TG12_AATA.pdf</a>
<b>Organization for Autism Research</b>	An introductory guide for parents, teachers and professionals on the transition planning process to adulthood: transition Plan, student-center planning, vocation and employment, post-secondary education, life skills	2000 N. 14th Street, Suite 480, Arlington, VA 22201	1-866-366-9710	<a href="https://researchautism.org/wp-content/uploads/2016/03/A_Guide_for_Transition_to_Adulthood-2.pdf">https://researchautism.org/wp-content/uploads/2016/03/A_Guide_for_Transition_to_Adulthood-2.pdf</a>
<b>Organization for Autism Research</b>	OAR's Finding Your Way: A College Guide for Students on the Spectrum is intended to help students with ASD become better prepared for college life and academics. This guide addresses challenges that are both universal and unique to students on the college autism spectrum by providing information, guidance, and resources that address them. Finding Your Way offers practical advice from autism experts; powerful narratives from self-advocates; and relevant resource tools. It is intended to help readers anticipate and improve their academic and social situations by advocating for themselves.	2000 N. 14th Street, Suite 480, Arlington, VA 22201	1-866-366-9710	<a href="https://researchautism.org/resources/finding-your-way/">https://researchautism.org/resources/finding-your-way/</a>
<b>Organization for Autism Research</b>	Newly updated for 2021: An interactive transition Guide titled 'Life Journey Through Autism: A Guide for Transition to Adulthood' The guide is to help families navigate issues related to post-secondary education, employment, housing, increased levels of independence and much more.	2000 N. 14th Street, Suite 480, Arlington, VA 22201	1-866-366-9710	<a href="https://researchautism.org/resources/a-guide-for-transition-to-adulthood/">https://researchautism.org/resources/a-guide-for-transition-to-adulthood/</a>
<b>Pacer Center</b>	Has Information related to transitioning to life after high school including training and college opportunities.	n/a	952-838-9000	<a href="http://www.pacer.org/students/transition-to-life/">http://www.pacer.org/students/transition-to-life/</a>

<b>Padres Abriendo Puertas</b>	Agency assists support, information, trainings, and resources for families in the areas of education, transition and adults program rights. Assist with special education issues including preparing for the PPT meeting.	n/a	860-809-1194	<a href="http://padresabriendopuerta.wix.com/pap-website">http://padresabriendopuerta.wix.com/pap-website</a>
<b>State of Connecticut Dept. of Labor</b>	Connecticut's School-to-Career System is a comprehensive education system that allows students to connect learning in the classroom with the needs and demands in the workplace and/or higher education. The tool shows students from elementary through post-secondary education how school-based academic knowledge applies to life outside the classroom and how it links to a variety of career paths. Allows students to take a series of career exploration activities and assessments.	200 Folly brook Boulevard, Wethersfield, CT 06109	860-263-6275	<a href="https://www1.ctdol.state.ct.us/jcc/viewarticle.asp?intArticle=3">https://www1.ctdol.state.ct.us/jcc/viewarticle.asp?intArticle=3</a>
<b>The Autism Community in Action (TACA)</b>	Provides information about the individualized transition plan (from school into adulthood), vocational rehabilitation and preparing your child for college.	2222 Martin Street, Suite 140, Irvine, CA 92612	1-855-726-7810	<a href="https://tacanow.org/family-resources/learning/">https://tacanow.org/family-resources/learning/</a>
<b>ThinkCollege</b>	Website provides students with intellectual and developmental disabilities with resources related to transitioning to college	Umass Boston, 100 Morrissey Blvd., Boston, MA 02125	617-287-4300	<a href="https://thinkcollege.net/">https://thinkcollege.net/</a>
<b>Transition Projects at The Rural Institute: Partnerships for Transition,</b>	Planning for Your Transition from High School to Adult Life A workbook to help you decide what you want your life to look like after graduation ... And to help you outline the steps so you can make it happen!	n/a	n/a	<a href="http://ruralinstitute.umt.edu/transition/Articles/PlanningWorkbook.pdf">http://ruralinstitute.umt.edu/transition/Articles/PlanningWorkbook.pdf</a>
<b>U.S Dept of Labor</b>	Find the tool you need to research career information, training, or jobs	n/a	1-877-872-5627	<a href="https://www.careeronestop.org/Toolkit/toolkit.aspx">https://www.careeronestop.org/Toolkit/toolkit.aspx</a>

<b>U.S. Dept of Education</b>	A Transition Guide: To Postsecondary Education and Employment for Students and Youth with Disabilities	U.S Department of Education, 400 Maryland Avenue, SW, Washington, DC 20202	1-800-872-5327	<a href="https://sites.ed.gov/idea/files/postsecondary-transition-guide-may-2017.pdf">https://sites.ed.gov/idea/files/postsecondary-transition-guide-may-2017.pdf</a>
<b>Western Connecticut Association for Human Rights</b>	Agency provides special education advocacy and advocacy for adults with disabilities. Some of the supports include but is not limited to: attending PPT meetings, review of educational records, facilitate trainings, assistance with transportation and housing issues, conservatorship information, and transition from school to adult services.	57 North Street, Suite 223B, Danbury, CT 06810	203-792-3540	<a href="http://www.wecahr.org/">http://www.wecahr.org/</a>

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