



Sexuality, Puberty and Relationships

Organization	Service Description	Address	Phone Number	Contact/Website
ASERT (The Autism Services, Education, Resources, and Training Collaborative	Website provides useful tips for successful and healthy dating.	n/a	1-877-231-4244	http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/5316/15TipsForSuccessfulDate%20(2).pdf
Asperger/Autism Network	Romantic Relationships article	85 Main Street, Suite 3, Watertown, MA 02472	617-393-3824	https://aane.org/autism-info-faqs/library/dating-relationships/
Autism Awareness Centre, Inc.	How do I teach sexuality to a person with ASD?	56 Susse Crescent SW, Calgary, AB T2W0L5, Canada	1-866-724-2224	https://autismawarenesscentre.com/teach-sexuality-person-asd/
Autism Society	Has information about dating and romantic relationships, digital and online connections, and other helpful information related to social connections.	6110 Executive Boulevard Suite 305 Rockville, Maryland 20852	1-800-328-8476	https://autismsociety.org/

Autism Speaks	Recognizing and Preventing Sexual Abuse. Has information about discussing sexuality with your children	locations vary	1-888-288-4762	https://www.autismspeaks.org/recognizing-and-preventing-sexual-abuse
Autism Speaks	Information about Autism and Puberty	locations vary	1-888-288-4762	https://www.autismspeaks.org/expert-opinion/helping-your-child-autism-through-puberty-0
Autism Speaks	Puberty and Adolescence Resource: A Guide for Parents of Adolescents with Autism Spectrum Disorder	locations vary	1-888-288-4762	https://www.autismspeaks.org/sites/default/files/2018-08/Puberty%20and%20Adolescence%20Resource.pdf
Centre for Autism	Research Bulletin titled 'Autism Spectrum Disorder Relationships and Sexuality'. The articles in this Bulletin address a range of areas including personal, parental and teachers' perspectives on sexuality and ASD and also good practice in developing sexuality education programmes for young adults with ASD.	35 Church Street, Middletown, CO. Armagh BT60 4 HZ	n/a	https://www.middletownautism.com/files/uploads/d025395b6bc81ccff53f90757e3f9235.pdf
Everday Health	Article titled 'Coping with a Partner's Asperger's Syndrome'	n/a	n/a	https://www.everydayhealth.com/aspergers/coping-with-a-partners-aspergers-syndrome.aspx
New Jersey Monthly	Article titled 'Sex on the Spectrum'. Article explores challenges individuals with autism face forming intimate relationships, safety concerns, and solutions.	55 Park Place, PO Box 920 Morristown, NJ 07963	973-539-8230	https://njmonthly.com/articles/jersey-living/sex-on-the-spectrum/
Oak Hill	A seven-workbook series for individuals with intellectual or developmental disabilities. The workbooks touches on the concepts of healthy relationships, boundaries, consent, trust, respect, and responsibility.	120 Holcomb Street, Hartford, CT 06112	860-242-2274	http://relationshipandsexuality.oakhillct.org/workbooks/

Organizations for Autism Research	A guide to safety provides information related to various safety concerns including sexuality and relationships among individual on the spectrum	2111 Wilson Boulevard, Suite 401 Arlington, VA 22201	1-866-366-9710	https://researchautism.org/resources/a-guide-to-safety/
RaisingChildren.net.au	Ages 12-18 year old. Learn about what to expect during teenage development in areas ranging from personal identity, social & emotional changes, puberty, sexuality, hygiene, and more	n/a	n/a	https://raisingchildren.net.au/teens/development
The Autism Community in Action	Article about 'Teens with ASD: Puberty – What to Expect, Seizures, Anxiety, Sexuality'	2222 Martin Street, Suite 140, Irvine, CA 92612	1-855-726-7810	https://tacanow.org/family-resources/teens-with-asd-puberty/

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