



## Safety- Swimming and Water Safety

Organization	Service Description	Address	Phone Number	Website
Autism Speaks	The Importance of Water Safety: Tips and Tools	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/toolkit-excerpt/importance-water-safety-tips-and-tools">https://www.autismspeaks.org/toolkit-excerpt/importance-water-safety-tips-and-tools</a>
American Red Cross	Has resource information about water safety, being water competent, making water safety a priority, learning what to do in a water related emergency, and access to a search engine to find red cross swimming lesson to help children & adults gain water safety and swimming skills. Swim class for the entire family is for ages 6 months - adult.	locations vary	Call 211 Infoline to find the closest regional office	<a href="https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html">https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html</a>
Do a Google Search online	There are various agencies throughout Connecticut that offer adapted swim lessons for children and adults who have intellectual, developmental or physical disabilities.	n/a	n/a	n/a
National Autism Association	Provides information of locations that offer Special Needs Swimming Instructions by state	One Park Avenue, Suite 1 Portsmouth, RI 02871	1-877-622-2884	<a href="https://nationalautismassociation.org/resources/autism-safety-facts/swimming-instructions/">https://nationalautismassociation.org/resources/autism-safety-facts/swimming-instructions/</a>

Organization for Autism Research	A guide composed from parents, first responders, educators, and community members, who shared their strategies and resources to address safety threats that commonly arise during childhood, adolescence, and adulthood. This autism safety resource will educate parents about how to prevent and mitigate emergency events, safety threats that may affect their child in the future, and how to teach safety habits that will build a foundation for safety in adulthood.	2111 Wilson Blvd, Suite 401 Arlington, VA 22201	1-866-366-9710	<a href="https://researchautism.org/resources/a-guide-to-safety/">https://researchautism.org/resources/a-guide-to-safety/</a>
Parents	Tips for Teaching Kids with Autism to Swim and How to Find Lessons Near You	n/a	n/a	<a href="https://www.parents.com/fun/activities/outdoor/teach-your-child-to-swim/">https://www.parents.com/fun/activities/outdoor/teach-your-child-to-swim/</a>
Pathfinders for Autism	Safety topics- wandering, elopement, water safety, Internet safety, safety kits, and more...	235 Chilling Circle, Suite 103 Hunt Valley, MD 21031	443-330-5370	<a href="https://pathfindersforautism.org/resources/safety/">https://pathfindersforautism.org/resources/safety/</a>
The Autism Community in Action (TACA)	Has a resource article about water safety including general safety tips, essential swimming skills, signs of drowning, and other resources related to water safety.	17752 Sky Park Cir, Ste 140 Irvine, CA 92614	949-640-4401	<a href="https://tacanow.org/family-resources/water-safety/">https://tacanow.org/family-resources/water-safety/</a>
Town Parks or Recreation Dept	Contact your local Parks and Recreations Dept. as they may offer Swimming lessons for individuals with Special needs.	n/a	n/a	n/a
YMCA	Contact your local YMCA as they may offer adapted aquatics- special needs swimming lessons and free summer time swimming programs.	n/a	n/a	n/a

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