



Safety- Restraint and Seclusion				
Organization	Service Description	Address	Phone Number	Website
Autism Awareness Centre Inc.	Article titled 'Free From Restraints: Gentle Ways to Help an Autistic Child Manage Meltdowns'	56 Sussex Crescent SW Calgary, AB T2W 0L5 Canada	1-866-724-2224	https://autismawarenesscentre.com/how-the-low-arousal-approach-helps-your-child-with-autism-manage-overload/
Inclusion Evolution	Provides information on providing your child's school with a "No Consent" letter for restraint and seclusion. As part of positive behavioral plan, you can request this letter be included in your child's official records	n/a	n/a	https://www.inclusionrevolution.com/child-needs-no-consent-letter-restraint-seclusion/
National Autism Association	Tips for prevention related to restraint and seclusion	one Park Avenue, Suite 1 Portsmouth, RI 02871	1-877-622-2884	http://nationalautismassociation.org/wp-content/uploads/2018/03/NAA_Restraint-Brochure_2018.pdf
National Autism Association	Restraint & Seclusion/ A Guide for Autism Parents	one Park Avenue, Suite 1 Portsmouth, RI 02871	1-877-622-2884	https://nationalautismassociation.org/restraint-seclusion-a-guide-for-autism-parents/
Psychology Today	Article titled 'Restraint of People with Autism and Developmental Disability'	n/a	n/a	https://www.psychologytoday.com/us/blog/my-life-aspergers/201812/restraint-people-autism-and-developmental-disability

State of Connecticut Department of Education	Understanding the Laws and Regulations Governing the use of Restraint and Seclusion in Schools: July 2018	450 Columbus Blvd, Hartford, CT 06103	860-713-6543	https://portal.ct.gov/- /media/SDE/Special- Education/Understanding_the_Laws and Regulations Governing the U se of Restraint and Seclusion in S chools.pdf
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**Updated
11/3/2023**