



Life Skills- Proper Hygiene				
Organization	Service Description	Address	Phone Number	Website
Autism Speaks	Teen with Autism Needs Help with Hygiene & Appropriate Behavior	locations vary	1-888-288-4762	<a href="https://www.autismspeaks.org/expert-opinion/teen-autism-needs-help-hygiene-appropriate-behavior">https://www.autismspeaks.org/expert-opinion/teen-autism-needs-help-hygiene-appropriate-behavior</a>
My Aspergers Child	Article titled ' Aspergers and Poor Personal Hygiene'	n/a	n/a	<a href="http://www.myaspergerschild.com/2011/01/aspergers-and-poor-personal-hygiene.html">http://www.myaspergerschild.com/2011/01/aspergers-and-poor-personal-hygiene.html</a>
Raisingchildren.net.au	Like all children, children with autism spectrum disorder (ASD) need to take extra care with personal hygiene when they reach puberty. Here are some ideas to make hygiene easier for them to manage.	n/a	n/a	<a href="https://raisingchildren.net.au/autism/health-daily-care/daily-care/personal-hygiene-teens-with-asd">https://raisingchildren.net.au/autism/health-daily-care/daily-care/personal-hygiene-teens-with-asd</a>
Center on Secondary Education for Students with ASD (CSESA)	Article titled 'Hygiene in Adolescents with ASD'. Provides some information about possible reasons for troubles with hygienes, tips to assist, and links to resources for additional ideas to assist someone with developing the skills needed to maintain their hygiene.	Frank Porter Graham Child Development Institute The University of North Carolina at Chapel Hill Campus Box 8180, Chapel Hill, NC 27599	For more information, email csesa@unc.edu or call 919.966.2622	<a href="https://csesa.fpg.unc.edu/sites/csesa.fpg.unc.edu/files/Hygiene%20in%20Adolescents%20with%20ASD.pdf">https://csesa.fpg.unc.edu/sites/csesa.fpg.unc.edu/files/Hygiene%20in%20Adolescents%20with%20ASD.pdf</a>
Vanderbilt Kennedy Center	Download A Parents Guide on Puberty for Boys or Girls w/ Disabilities	110 Magnolia Circle, Nashville, TN 37203	615-322-8240	<a href="https://vkc.vumc.org/healthybodies/">https://vkc.vumc.org/healthybodies/</a>

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