



**Centers for Independent Living-** The Bureau’s Independent Living (IL) program provides comprehensive independent living services, through contracts with Connecticut’s five community-based independent living centers (ILCs). These centers promote empowerment and self-reliance for persons with disabilities. There are four core services provided by an independent living center: Peer support, Information and Referral, individual and systems advocacy, independent living skills training

Agency Name	Address	City and state	Website	Contact Info	Service Area
<b>Access Independence</b>	300 Long Beach Blvd, Suite #1	Stratford, CT 06615	<a href="http://www.accessinct.org">http://www.accessinct.org</a>	203-378-6977	Fairfield County
<b>Center for Disability Rights</b>	369 Highland Street	West Haven, CT 06516	<a href="https://cdr-ct.org/">https://cdr-ct.org/</a>	203-934-7077	ansonia, clinton, durham, essex, haddam, chester, madison, east haven, west haven, woodbridge, bethany, cromwell, north haven, orange, middlefield, old lyme, seymour, east hampton, north branford, old saybrook, portland, southington, deep river, east haddam, meriden, westbrook, branford, derby, guilford, killingworth, middletown, milford, centerbrook, cobalt, higganum, ivoryton, middle haddam, moodus, rockfall, northford, hadlyme, south lyme, lyme, hamden, new haven, wallingford

<p><b>Disability Network of Eastern Connecticut</b></p>	<p>19 Ohio Avenue</p>	<p>Norwich, CT 06360</p>	<p><a href="http://www.dnec.org">www.dnec.org</a></p>	<p>860-823-1898</p>	<p>bozrah, colchester, east lyme, groton, lebanon, ledyard, montville, new london, north stonington, norwich, preston, salem, stonington, voluntown, columbia, coventry, willington, ashford, brooklyn, canterbury, chaplin, eastford, hampton, plainfield, pomfret, putnam, scotland, sterling, thompson, windham, woodstock, willimantic, jewett city, franklin, griswold, lisbon, sprague, waterford, mansfield, union, killingly</p>
<p><b>Independence Northwest</b></p>	<p>1183 New Haven Road</p>	<p>Naugatuck, CT 06770</p>	<p><a href="http://www.independencenorthwest.org/">http://www.independencenorthwest.org/</a></p>	<p>203-729-3299</p>	<p>bethel, brookfield, danbury, new fairfield, newtown, redding, sherman, barkhamsted, bethlehem, bridgewater, canaan, colebrook, cornwall, goshen, harwinton, kent, litchfield, morris, new hartford, new milford, norfolk, roxbury, salisbury, sharon, thomaston, washington, watertown, woodbury, beacon falls, cheshire, middlebury, naugatuck, oxford, prospect, southbury, wolcott, ridgefield, hartland, north canaan, torrington, warren, winchester, waterbury</p>
<p><b>Independence Unlimited</b></p>	<p>151 New Park Avenue, North Annex, Suite D</p>	<p>Hartford, CT 06106</p>	<p><a href="http://www.independenc unlimited.org">www.independenc unlimited.org</a></p>	<p>860-523-5021</p>	<p>avon, berlin, bloomfield, bristol, burlington, canton, east granby, east hartford, east windsor, enfield, glastonbury, granby, hartford, marlborough, newington, plainville, rocky hill, sims bury, south windsor, southington, west hartford, windsor locks, plymouth, andover, bolton, ellington, hebron, somers, stafford, tolland, farmington, manchester, new britain, suffield, wethersfield, windsor, vernon</p>

<b>State of Connecticut Department of Rehabilitation Services</b>	55 Farmington Avenue, 12th floor	Hartford, CT 06105	<a href="https://portal.ct.gov/AgingandDisability/Content-Pages/Programs/Independent-Living-Program">https://portal.ct.gov/AgingandDisability/Content-Pages/Programs/Independent-Living-Program</a>	860-424-4844	Connecticut
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<b>Other Programs to Assist with Independent Living Skills:</b>				
<b>Organization</b>	<b>Service Description</b>	<b>Address</b>	<b>Phone</b>	<b>Website</b>
<b>Autism Services &amp; Resources Connecticut (ASRC)</b>	ASRC has partnered up with AANE to offer LifeNet which is a private pay, independent living support program for adults with Asperger's or similar autism spectrum profiles.	101 North Plains Industrial Road, Harvest Park, Wallingford, CT 06492	203-265-7717	<a href="https://ct-asrc.org/">https://ct-asrc.org/</a> <a href="https://aane.org/services-programs/one-to-one-services/independent-living-support-adults/">https://aane.org/services-programs/one-to-one-services/independent-living-support-adults/</a>

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