

Connecticut's Division of Autism Spectrum Disorder Services



TRANSITION RESOURCES

DORS Level Up – Provides students from ages 16-21 with the tools, training and resources to work competitively and forge a path to independence. **1-866-844-1903**

www.ct.gov/brs/cwp/view.asp?a=3891&Q=456934&PM=1

CT's Bureau of Rehabilitation Services Transition Toolkit - An online resource for youth, young adults, families and professionals to help prepare for postsecondary education and employment. The framework for the resources is broken into five categories based upon the NCWD *Guidepost for Success*.

www.ct.gov/brs/cwp/view.asp?a=3891&q=456942

National Collaborative on Workforce and Disability/NCWD for Youth - NCWD is a source for information and publications about employment and youths with disabilities. www.ncwd-youth.info/

Guidepost for Success – Guides address what all youth need to successfully transition to adulthood. Developmental activities are organized into five areas: school preparation, youth development and leadership, career preparation, connecting activities, and family involvement. <http://www.ncwd-youth.info/guideposts>

Planning for Transition from High School to Adult Life - A workbook to help you decide what you want your life to look like after graduation.

<http://ruralinstitute.umt.edu/transition/Articles/PlanningWorkbook.pdf>

National Center on Secondary Education and Transition - NCSET coordinates national resources, offers technical assistance and disseminates information related to secondary education and transition for youths with disabilities. www.ncset.org

PACER's National Parent Center on Transition and Employment - Provides information and resources to support families, youth, educators and employers. Website includes and an extensive resource library and interactive learning opportunities. www.pacer.org/transition

Pacer Center: Transitioning to Life After High School

<http://www.pacer.org/students/transition-to-life/>

Transitions Webcasts – Online webcasts from the Ohio Center for Autism and Low Incidence (OCALI) that cover a variety of transition topics for young adults with autism.

http://www.ocali.org/project/transitions_webcasts

The Division on Career Development - A Division of the Council for Exceptional Children with useful publications including a Transition Resource Guide containing no-cost/low-cost web-based transition resources for families, professionals and students with disabilities. www.dcdt.org

Life Journey Through Autism: A Guide for Transition to Adulthood – An introductory guide for parents, teachers and professionals on the transition planning process to adulthood.

https://researchautism.org/wp-content/uploads/2016/03/A_Guide_for_Transition_to_Adulthood-2.pdf

Community-based Skills Assessment (CSA): Developing a Personalized Transition Plan - A tool designed to assess an individual's strengths and challenges to develop an effective personalized transition plan.

<http://www.autismspeaks.org/family-services/community-based-skills-assessment>

Transition Tool Kit – Information to guide families on the journey from adolescence to adulthood.

<http://www.autismspeaks.org/family-services/tool-kits/transition-tool-kit>

Postsecondary Educational Opportunities Guide – A toolkit that provides information about options available for individuals with autism after high school. [https://www.autismspeaks.org/family-](https://www.autismspeaks.org/family-services/tool-kits/postsecondary)

[services/tool-kits/postsecondary](https://www.autismspeaks.org/family-services/tool-kits/postsecondary)

Skills to Pay the Bills: Mastering Soft Skills for Workforce Success – A curriculum developed by the Office of Disability Employment Policy focused on teaching “soft” or workforce readiness skills.

<http://www.dol.gov/odep/topics/youth/softskills/softskills.pdf>

Age-Appropriate Transition Assessment: Transition to Adulthood – A guide to assist individuals with ASD in the transition process from middle school through the first few years following high school graduation. The guide can be used as a reference and resource as an individual with ASD faces issues such as employment, postsecondary education and adult living.

http://www.ocali.org/up_doc/TG12_AATA.pdf

National Collaborative on Workforce and Disability For Youth (NCWD): Hitting the Open Road: After High School ***Free downloadable booklet written for youth, by youth on exploring options as youth prepare to transition out of high school.

<http://www.ncwd-youth.info/wp-content/uploads/2016/11/Hitting-the-Open-Road-After-High-School.pdf>

National Collaborative on Workforce and Disability For Youth (NCWD): “Hitting the Open Road” videos. These short videos are based on the publication “Hitting the Open Road”. Each video features a young person narrating their road to transition, with advice on how others can build their own pathway to success. Video topics include: Options While in High School; Volunteering into the Workforce; and Making Choices about College.

http://www.ncwd-youth.info/news_post/ncwd-youth-releases-video-series-for-youth/

Interactive Autism Network (IAN) “Adults with Autism” Provides links to various topics relating to transition: adult services, college, work, job training, new living situations and the issues that affect adults with ASD and their families.

<https://iancommunity.org/cs/adults>

Autistic Self-Advocacy Network (ASCAN) Roadmap to Transition: A Handbook for Autistic Youth Transitioning to Adulthood

<http://autisticadvocacy.org/wp-content/uploads/2016/11/Roadmap-to-Transition-A-Handbook-for-Autistic-Youth-Transitioning-to-Adulthood.pdf>

National Autism Society: Age of Majority: A Guide for Caregivers on How to Plan & Prepare: A free, downloadable toolkit for caregivers in need of information and resources to prepare and support their child through the transition from adolescence to adulthood.

<http://nationalautismassociation.org/age-of-majority-toolkit/>

ThinkCollege Transition Project: Facilitating Social Connections on Campus

https://thinkcollege.net/sites/default/files/files/resources/GG4_F2.pdf

Youth Hood: Teen oriented website offers interactive tools to help young adults and their teachers, parents and mentors plan for life after high school <http://www.youthhood.org>

Post-Secondary Guide for Transitioning Students: (AJ Drexel Autism Institute)

<http://www.paautism.org/desktopmodules/asert-api/api/item/ItemDetailFileDownload/2771/Post%20Secondary%20Guide%20for%20Transitioning%20Students.pdf>

National Resource Center: Able Accounts- ABLE accounts are a tax-advantaged savings account for individuals with disabilities and their families. Eligible individuals and their families will be allowed to establish ABLE savings accounts that will not affect their eligibility for SSI, Medicaid, and other public benefits. The savings can be used for disability-related expenses on behalf of the beneficiary. Also, there is information on Special Needs Trusts which allows the accumulation of money for the use of disability related expenses without jeopardizing state and/or federal benefits. Differences between Able Accounts and Special Needs Trusts can be found on the website <http://www.ablenrc.org/what-is-able/what-are-able-accounts/>

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