STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES OFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS 55 FARMINGTON AVENUE HARTFORD, CT 06105-3725

2021 Signature Confirmation

Case # Client # Request # 181631

NOTICE OF DECISION

<u>PARTY</u>



PROCEDURAL BACKGROUND

On 2021, Connecticut Dental Health Partnership ("CTDHP") sent (the "Appellant") a Notice of Action ("NOA") denying a request for orthodontic treatment for 4, her minor child, indicating that severity of child's malocclusion did not meet the medical necessity requirement.
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On 2021, the Appellant requested an administrative hearing to contest the decision to deny prior authorization of orthodontia.
On 2021, the Office of Legal Counsel, Regulations, and Administrative Hearings ("OLCRAH") issued a notice scheduling the administrative hearing for 2021.
On 2021 in accordance with sections 17b-60, 17-61 and 4-176e to 4-189 inclusive, of the Connecticut General Statutes, OLCRAH held an administrative hearing.

The following individuals were present at the hearing:

, Appellant Rosario Monteza, CTDHP Grievance Mediation Specialist Dr. Vincent Fazzino, CTDHP Dental Consultant Almelinda McLeod, Hearing Officer

STATEMENT OF THE ISSUE

The issue to be decided is whether the CTDHP's decision to deny the prior authorization through the Medicaid program for the child's orthodontic services is correct because such services are not medically necessary.

FINDINGS OF FACT

THUBINGS OF TAGE	
1.	The Appellant is the mother of the minor child. (hearing record)
2.	The child is years old, date of birth () and is a participant in the Medicaid program as administered by the Department of Social Services. (Appellant's testimony)
3.	Connecticut Dental Health Partnership ("CTDHP") is the dental subcontractor for the CT Department of Social Services. (Hearing record)
4.	is the treating orthodontist. (Exhibit 1A, Prior Authorization form)
5.	On 2021, CTDHP received a prior authorization request for braces for the child. The treating orthodontist scored 30 points on the Malocclusion Severity Assessment. The treating orthodontist commented "Client has no missing teeth. Class II subdivision left (1/2 step) with mild U/L crowding, deep bite with impingement, mildly excessive OJ." (Exhibit #2A, Preliminary Handicapping Malocclusion Severity Assessment form)
6.	Class II subdivision means that the upper molar is in a forward position in relationship to the lower bite. (Dental consultant testimony)
7.	The Malocclusion Severity Assessment record is a test measuring the severity of malocclusion.
8.	On 2021, Dr. Benson Monastersky (orthodontic dental consultant with CTDHP) evaluated the x-rays and models of the child's teeth and arrived at a score of 8 on the malocclusion assessment record. (Exhibit #3A, Preliminary Handicapping Malocclusion Assessment record)
9.	Dr. Monastersky found no evidence of irregular growth or development of the jaw bones. Noted there are no evidence of severe deviations affecting the mouth and underlying structures nor evidence of emotional distress

related to the child's teeth. (Exhibit #3, Preliminary Handicapping Malocclusion Assessment record and Exhibit 4A, Notice of Action letter)

- 11.On 2021, the Appellant requested an expedited administrative hearing. (Exhibit 5A, Hearing request)
- 12. On 2021, CTDHP issued a notice denying her expedited request for an administrative hearing because the child's life was not at risk while waiting for a regular decision. (Exhibit 6A)
- 14. On ______ 2021, CTDHP issued a determination notice advising the Appellant that the appeal review was conducted and has recommended that CT Department of Social Services ("CTDSS") uphold the previously denied request for braces. (Exhibit #8A, Determination Letter)
- 15. Most of the child's baby teeth have been pulled except for possibly one baby tooth. The child has environmental and a milk allergy; however, the child does not have a medical condition that affects the child's chewing and swallowing food. The request for braces is to address the child's misaligned jaw and the Appellant was told that her condition should be taken care of while she is young. The Appellant is trying to avoid serious oral surgery in the future when the child is approximately 17 or 18 years of age. (Appellant testimony)
- 16. The child has a history of psychiatric treatment for issues due to her premature birth which stopped in 2018. In addition, the Appellant questioned the scoring of the Malocclusion Assessment report because she was denied and was concerned that the dental consultants worked for

an insurance company which would bias the results. (Appellant Testimony)

17. The dental consultants through CTDHP are not employed by any insurance company. The dental consultants are independent and conduct independent reviews to study the child's models and x-rays, (which is the exact replica of the child's mouth), to determine the score based on the child's dentition in accordance with the State's strict guidelines.

The criteria for a rotated tooth to be properly scored must be rotated by 45 degrees. The criteria to properly score for the overbite or overjet must show that the lower incisors must impinge the gingiva of the palate or in other words, the lower teeth must touch the palate. None of these criteria were met; therefore, the teeth scored in these categories by the treating orthodontist were incorrectly scored.

Regarding the child's misaligned jaw, a discussion about oral surgery must wait until the child's development is complete; usually around the age of 19 years old. Any discussion about oral surgery at this time is premature.

The Husky program comes with certain criteria that must be met to get approval. Although the child may benefit from braces, the scoring did not meet the State guidelines neither did any of the reviewing dentists find any other severe deviations affecting the mouth and underlying structures. The Appellant can re-apply in another 8 to 12 months when all the baby teeth are out. (Dental consultant's testimony)

18. The issuance of this decision is timely under Connecticut General Statutes 17b-61(a), which requires that a decision be issued within 90 days of the request for an administrative hearing. The Appellant requested the hearing on 2021. On 2021 the administrative hearing was held; therefore, this decision is due not later than 2021.

CONCLUSIONS OF LAW

- Section 17b-262 of the Connecticut General Statutes authorizes the Commissioner of the Department of Social Services to administer the medical assistance program.
- 2. Section 17b-259b of the Ct General Statutes ("Conn. Gen. Stat") provides (a) for purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary " and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition,

including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is recognized by the relevant medical community, recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual, the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition.

- (b) Clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity.
- (c) Upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline or criteria, or portion thereof, other than the medical necessity definition provided in subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity.
- 3. Connecticut Agencies Regulations § 17-134d-35 (f) (1) provide that prior authorization is required for the comprehensive diagnostic assessment. The qualified dentist shall submit: (A) the authorization request form; (B) the completed Preliminary Handicapping Malocclusion Assessment Record; (C) Preliminary assessment study models of the patient's dentition; and (D) additional supportive information about the presence of other severe deviations described in Section (e) if necessary. The study models must clearly show the occlusal deviations and support the total point score of the preliminary assessment. If the qualified dentist receives authorization from the Department, he/ she may proceed with the diagnostic assessment.
- 4. Connecticut Agencies Regulations § 17-134d-35 (b) (3) define the Preliminary Handicapping Malocclusion Assessment Record as the method of determining the degree of malocclusion and eligibility for

- orthodontic services. Such assessment is completed prior to performing the comprehensive diagnostic assessment.
- 5. Sec. 17b-282 (e) Conn. Gen. Stat. Orthodontic services for Medicaid recipients under twenty-one years of age. The Department of Social Services shall cover orthodontic services for a Medicaid recipient under twenty-one years of age when the Salzmann Handicapping Malocclusion Index indicates a correctly scored assessment for the recipient of twenty-six points or greater, subject to prior authorization requirements. If a recipient's score on the Salzmann Handicapping Malocclusion Index is less than twenty-six points, the Department of Social Services shall consider additional substantive information when determining the need for orthodontic services, including (1) documentation of the presence of other severe deviations affecting the oral facial structures; and (2) the presence of severe mental, emotional or behavioral problems or disturbances, as defined in the most current edition of the Diagnostic and Statistical Manual of Mental Disorders, published by the American Psychiatric Association, that affects the individual's daily functioning.
- 6. Connecticut Agencies Regulations §17-134d-35 (e) (2) provides in relevant part that the Department shall consider additional information of a substantial nature about the presence of severe mental, emotional, and/ or behavior problems, disturbances or dysfunctions as defined in the most current edition of the Diagnostic Statistical Manual if the American Psychiatric Association, and which may be caused by the recipient's daily functioning. The Department will only consider cases where a diagnostic evaluation has been performed by a licensed psychiatrist or a licensed psychologist who has accordingly limited his or practice to child psychiatry or child psychology. The evaluation must clearly and substantially document how the dento-facial deformity is related to the child's mental, emotional and / or behavior problems and that orthodontic treatment is necessary, and in this case, will significantly ameliorate the problems.
- 7. The hearing record reflects that the child's study models submitted for prior authorization did not show the occlusal deviations necessary to support a 26-point score on the preliminary Malocclusion assessment report.
- 8. CTDHP was correct to deny the prior authorization request for orthodontic services as the Malocclusion did not meet the 26 points on the Preliminary Handicapping Malocclusion Assessment Record as required.
- 9. The hearing record reflects that the child did not have severe deviations affecting the mouth and underlying structures in accordance with the regulations.

- 10. CTDHP was correct to deny the prior authorization request for orthodontic services as there was no evidence presented indicating the child had severe deviations affecting the mouth and underlying structures. The criteria of severity was not met.
- 11. The hearing record shows that the child was born prematurely and as a result has a history of being treated by a psychiatrist or psychologists with emotional issues due to her prematurity. However, she was last treated in 2018. Currently, the child has not been diagnosed nor is being treated by a child psychiatrist or child psychologists for any severe emotional, mental and / or behavioral issues related to the condition of her teeth which would be significantly helped with orthodontic treatment.
- 12.CTDHP was correct to deny prior authorization request for orthodontic services as there was no evidence that the child suffered from emotional issues related to the condition of her teeth which would be significantly helped with braces.
- 13. CTDHP correctly determined the request for braces for the child was not medically necessary at this time.

DECISION

The Appellant's appeal is DENIED.

<u>A. McLeod</u>
Almelinda McLeod
Hearing Officer

CC: Magdalena Carter, CTDHP PO Box 486 Farmington, CT 06032 Rita LaRosa, CTDHP PO Box 486 Farmington, CT 06032

RIGHT TO REQUEST RECONSIDERATION

The appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within **25** days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-181a(a) of the Connecticut General Statutes.

Reconsideration requests should include <u>specific</u> grounds for the request: for example, indicate <u>what</u> error of fact or law, <u>what</u> new evidence, or <u>what</u> other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Legal Counsel, Regulations, and Administrative Hearings, 55 Farmington Avenue, Hartford, CT 06105.

RIGHT TO APPEAL

The appellant has the right to appeal this decision to Superior Court within 45 days of the mailing of this decision, or 45 days after the agency denies a petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be filed at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 55 Elm Street, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 55 Farmington Avenue, Hartford, CT 06105. A copy of the petition must also be served on all parties to the hearing.

The **45-**day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than **90** days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or his designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.