# STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES OFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS 55 FARMINGTON AVENUE HARTFORD, CT 06105-3725

2021
Signature Confirmation

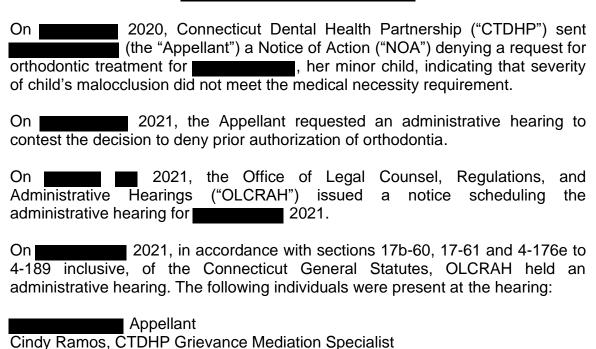
| Case #    |  |
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| Client #  |  |
| Request # |  |

# **NOTICE OF DECISION**

# **PARTY**



### PROCEDURAL BACKGROUND



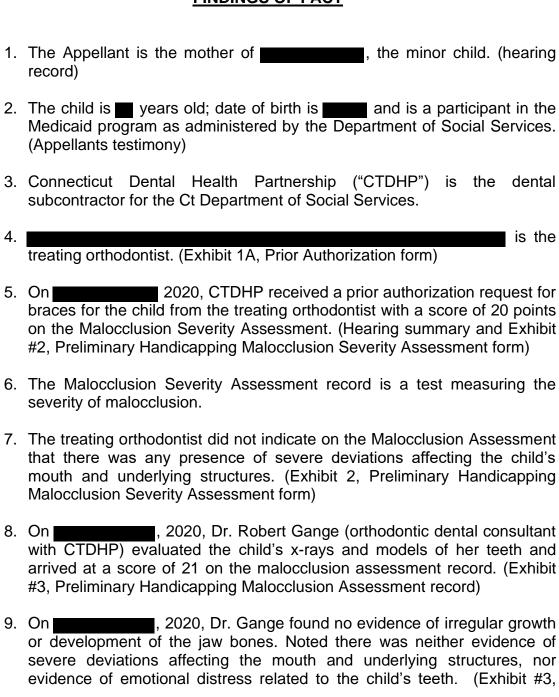
Dr. Gregory Johnson, CTDHP Dental Consultant via telephone

Almelinda McLeod, Hearing Officer

# STATEMENT OF THE ISSUE

The issue to be decided is whether the CTDHP's decision to deny the prior authorization through the Medicaid program for the minor child's orthodontic services is correct because such services are not medically necessary.

# **FINDINGS OF FACT**



Preliminary Handicapping Malocclusion Assessment record and Exhibit 5C, Notice of Action letter)

- 10. On 2020, CTDHP issued a Notice of Action to the Appellant denying orthodontic treatment as not medically necessary since the malocclusion score of 21 was less than the 26 points needed to be covered. The orthodontic request for treatment was also denied as there was no presence found of severe deviations affecting the mouth or underlying structures, which if left untreated would cause irreversible damage to the teeth or underlying structures. There was no evidence of a diagnostic evaluation by a licensed psychiatrist or psychologist related to the condition of the child's teeth. (Exhibit #5C, Notice of Action)
- 11. On 2021, the Appellant requested an administrative hearing. (Exhibit 5A, Hearing request)
- 12. On \_\_\_\_\_\_, 2021, CTDHP dental consultant, Dr. Geoffrey Drawbridge conducted an appeal review using the models and x-rays of the child's teeth. The Malocclusion Severity Assessment scored 19 points. Dr. Drawbridge did not find evidence of irregular growth or development of the jaw bones. There was no evidence of emotional issues directly related to dental issues. Dr. Drawbridge's decision was to deny the approval of the prior authorization as the case did not meet the State of Connecticut's requirement of being medically necessary. (Exhibit #6A, Preliminary Handicapping Malocclusion Assessment record)
- 13. On \_\_\_\_\_\_, 2021, CTDHP issued a determination notice advising the Appellant that the appeal review was conducted and has recommended that CT Department of Social Services ("CTDSS") uphold the previously denied request for braces. (Exhibit #7A, Determination Letter)
- 14. The child has not smiled in 4 years because her teeth are severely overcrowded. In preparation for eventual braces, the child had oral surgery to remove baby teeth on 2019 and a second oral surgery on 2020 for the removal additional teeth. In both cases, the child had an adverse reaction to the anesthesia. The Appellant testified that the reaction to the anesthesia had caused trauma to the child and herself. The child does not have a medical condition which is directly related to the condition of her teeth nor has been diagnosed with a medical problem that prevents her from chewing and swallowing her food. (Appellant's testimony)
- 15. On 2021, CTDHP received a fax from LCSW (licensed clinical social worker) from the attesting that his diagnostic evaluation found that the child's dental condition appear to be related to presence of

an emotional disturbance/dysfunction as it is defined by the Diagnostic and Statistical Manual of Mental Disorders, 5<sup>th</sup> edition under F43.20 regarding adjustment disorders, unspecified. Specifically, he writes...

seems to be quite self-conscious about her smile, and while the lowering of one's self-esteem is not in itself diagnosable, this problem has been clinically linked to mental health problems such as depression and anxiety, which is currently more at risk for developing."

Based on his evaluation, orthodontic treatment will most likely significantly improve her self-esteem and her emotional disturbance/dysfunction. (Exhibit 9)

- 16. The child has not been evaluated nor diagnosed with a severe mental, emotional, or behavioral problems or disturbances by a licensed psychiatrist or psychologist due to the condition of her teeth. (Appellant's testimony)
- 17.On 2021, CTDHP dental consultant, Dr. Drawbridge responded that according to the regulations of Connecticut State Agencies, treatment may be appropriate if substantive documentation is provided from a child psychiatrist or psychologist showing that the emotional distressed is directly related to the dental issue. The letter from the LCSW did not meet the criteria and thus the previously denied request for braces remained unchanged. (Exhibit 10A, CTDHP Response)
- 18. The Appellant wanted to provide pictures of her child's teeth or for the child to be evaluated in person. In addition, because of the restriction from the COVID 19, the scoring rule should be thrown out. (Appellant testimony)
- 19. There are specific guidelines in analyzing the malocclusion scores. The replica of the child's mouth (the study models) is the most objective visual inspection necessary to score according to the guidelines. (CTDHP dental consultant, Dr. Greg Johnson)
- 20. The issuance of this decision under Connecticut General Statutes 17b-61 (a) which requires that a decision be issued within 90 days of the request for an administrative hearing has been extended to "not later than 120 days " after a request for a fair hearing pursuant to Section 17b-60 by order of Department of Social Services Commissioner dated April 13, 2020. The Appellant requested an administrative hearing on 2021; this decision is not due until 2021and is therefore timely.

### **CONCLUSIONS OF LAW**

- Section 17b-262 of the Connecticut General Statutes authorizes the Commissioner of the Department of Social Services to administer the medical assistance program.
- 2. Section 17b-259b of the Ct General Statutes ("CGS") provides (a) for purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary " and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual, the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition.
  - (b) Clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity.
  - (c) Upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline or criteria, or portion thereof, other than the medical necessity definition provided in subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity.
- 3. Connecticut Agencies Regulations § 17-134d-35 (b) (3) define the Preliminary Handicapping Malocclusion Assessment Record as the method of determining the degree of malocclusion and eligibility for

- orthodontic services. Such assessment is completed prior to performing the comprehensive diagnostic assessment.
- 4. Connecticut Agencies Regulations § 17-134d-35 (f) (1) provide that prior authorization is required for the comprehensive diagnostic assessment. The qualified dentist shall submit: (A) the authorization request form; (B) the completed Preliminary Handicapping Malocclusion Assessment Record; (C) Preliminary assessment study models of the patients dentition; and (D) additional supportive information about the presence of other severe deviations described in Section (e) if necessary. The study models must clearly show the occlusal deviations and support the total point score of the preliminary assessment. If the qualified dentist receives authorization from the Department, he/ she may proceed with the diagnostic assessment.
- 5. Sec. 17b-282 (e) Conn. Gen. Stats. Orthodontic services for Medicaid recipients under twenty-one years of age. The Department of Social Services shall cover orthodontic services for a Medicaid recipient under twenty-one years of age when the Salzmann Handicapping Malocclusion Index indicates a correctly scored assessment for the recipient of twenty-six points or greater, subject to prior authorization requirements. If a recipient's score on the Salzmann Handicapping Malocclusion Index is less than twenty-six points, the Department of Social Services shall consider additional substantive information when determining the need for orthodontic services, including (1) documentation of the presence of other severe deviations affecting the oral facial structures; and (2) the presence of severe mental, emotional or behavioral problems or disturbances, as defined in the most current edition of the Diagnostic and Statistical Manual of Mental Disorders, published by the American Psychiatric Association, that affects the individual's daily functioning.
- 6. Connecticut Agencies Regulations §17-134d-35 (e) (2) provides in relevant part that the Department shall consider additional information of a substantial nature about the presence of severe mental, emotional, and/ or behavior problems, disturbances or dysfunctions as defined in the most current edition of the Diagnostic Statistical Manual if the American Psychiatric Association, and which may be caused by the recipient's daily functioning. The Department will only consider cases where a diagnostic evaluation has been performed by a licensed psychiatrist or a licensed psychologist who has accordingly limited his or practice to child psychiatry or child psychology. The evaluation must clearly and substantially document how the dento-facial deformity is related to the child's mental, emotional and / or behavior problems and that orthodontic treatment is necessary and, in this case, will significantly ameliorate the problems.

- 7. The child's study models submitted for prior authorization did not show the occlusal deviations necessary to support a 26-point score on the preliminary assessment as required under the scoring standards established for the Salzmann handicapping Malocclusion index.
- 8. CTDHP was correct to deny the prior authorization request for orthodontic services for the child as her Malocclusion did not meet the criteria for severity, or 26 points on the Preliminary Handicapping Malocclusion Assessment Record as required.
- 9. CTDHP correctly denied the request for orthodontic services as there was no evidence presented indicating she had severe deviations affecting the mouth and underlying structures.
- 10. The child has not been evaluated or diagnosed by a licensed child psychiatrist or child psychologists who has limited his practice to child psychiatry or child psychology, with any severe condition which would be significantly helped with orthodontic treatment.
- 11.CTDHP correctly denied the request for orthodontic services as there was no evidence of the presence of severe mental, emotional, or behavioral problems or disturbances related to the condition of her teeth according to regulations.
- 12.CTDHP correctly denied prior authorization for orthodontic services for the child as not medically necessary in accordance with state statute and regulations.
- 13.CTDHP correctly determined that orthodontic services was not medically necessary.

# **DECISION**

The Appellant's appeal is DENIED.

Almelinda McLeod Hearing Officer

### RIGHT TO REQUEST RECONSIDERATION

The appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within **25** days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-181a(a) of the Connecticut General Statutes.

Reconsideration requests should include <u>specific</u> grounds for the request: for example, indicate what error of fact or law, what new evidence, or what other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Legal Counsel, Regulations, and Administrative Hearings, 55 Farmington Avenue, Hartford, CT 06105.

### **RIGHT TO APPEAL**

The appellant has the right to appeal this decision to Superior Court within 45 days of the mailing of this decision, or 45 days after the agency denies a petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be filed at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 165 Capital Avenue, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 55 Farmington Avenue, Hartford, CT 06105. A copy of the petition must also be served on all parties to the hearing.

The **45**-day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than **90** days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or his designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.