# STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES OFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS 55 FARMINGTON AVENUE HARTFORD, CT 06105-3725

| HEARING REQUEST #140053   | 2019 SIGNATURE CONFIRMATION   |
|---|-------------------------------|
| NOTICE OF DECISION  |                               |
| <u>PARTY</u>  |                               |
|   |                               |
| PROCEDURAL BACKGROUND   |                               |
| On 2019, the Department of Social Services (the "Department") through its Administrative Service Organization ("ASO"), Community Health Network of Connecticut, Inc. ("CHNCT"), sent (the "Appellant") a Notice of Action ("NOA") stating that it had denied his provider's prior authorization request for approval of a cranial remolding orthosis for the Appellant as not medically necessary, pursuant to Section 17b-259b(a)(2) of the Connecticut General Statutes, as it is not the right type or considered effective for the Appellant's illness, injury, or disease. |                               |
| On 2019, the Appellant's Representative requested an administrative hearing on behalf of the Appellant to contest CHNCT's denial of his provider's prior authorization request for approval of a cranial remolding orthosis.  |                               |
| On 2019, the Office of Legal Counsel, Regulations, and Administrative Hearings ("OLCRAH") issued a Notice of Administrative scheduling a hearing for 2019 @ 10:00 AM.   |                               |
| On 2019, OLCRAH granted the Appellant's   | Representative a continuance. |
| On 2019, in accordance with sections 17b-60, 17b-61 and 4-176e to 4-189, inclusive, of the Connecticut General Statutes, OLCRAH held an administrative hearing to address CHNCT's denial of the Appellant's prior authorization request for approval of a cranial remolding orthosis.   |                               |

The following individuals were present at the hearing:

Appellant's Representative/Mother
, Appellant's Grandmother/Witness
Heather Shea, RN, Representative for CHNCT
Hernold C. Linton, Hearing Officer

The closing of the hearing record was initially extended to 2019 for CHNCT to review the additional medical information provided at the hearing. On 2019, CHNCT provided its findings of the appeal review reconsideration which were shared with the Appellant's representative for review and response by 2019. No further response was received from the Appellant's Representative, and the hearing record was closed on 2019.

# STATEMENT OF THE ISSUE

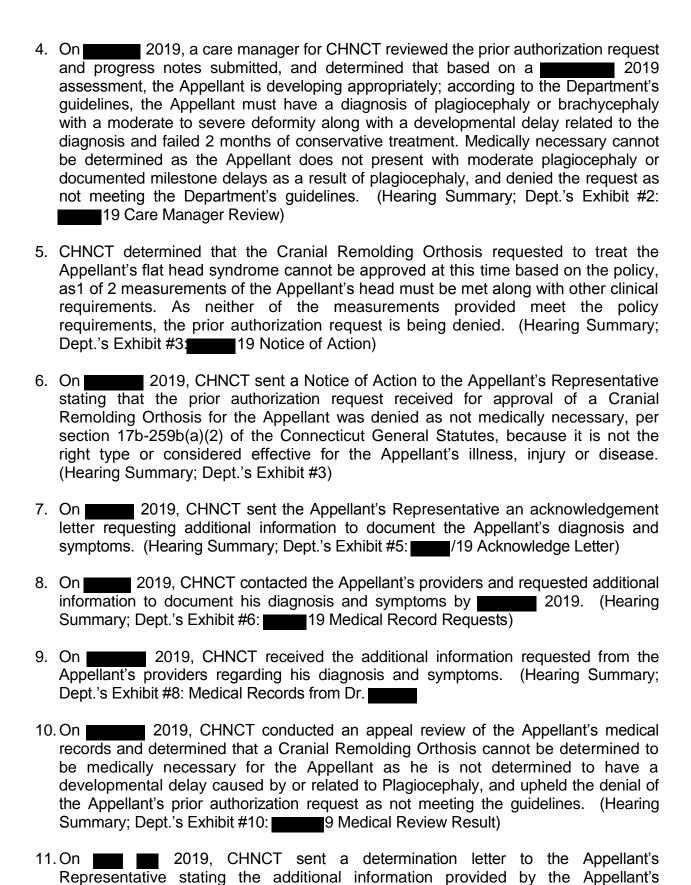
The issue to be decided is whether CHNCT's decision to deny the Appellant's prior authorization request for approval of a Cranial Remolding Orthosis, as not medically necessary pursuant to Section 17b-259b of the Connecticut General Statutes, is correct.

#### FINDINGS OF FACT

- On 2019, CHNCT, the Department's medical subcontractor, received a prior authorization request from Cranial Technologies, Inc. a vendor for durable medical equipment ("DME"), for approval of a Cranial Remolding Orthosis to treat the Appellant's diagnosis of Plagiocephaly. (Hearing Summary; Dept.'s Exhibit #1: Prior Authorization Request Form)
- 2. The prior authorization request includes a clinical evaluation report detailing the Appellant's medical history, developmental needs, and treatments received. (Hearing Summary; Dept.'s Exhibit #1)
- 3. CHNCT uses clinical guidelines to review medical necessity for cranial remodeling devices and the guidelines provide the following:

"Cranial remodeling devices (remodeling bands, or helmets) may be considered medically necessary for the treatment of either synostosis, plagiocephaly, or brachycephaly in children between 4 and 12 months of age when the device is custom made and fitted for the child and:

- A. The child has a surgery for craniosynostosis, and othosis is needed for postoperative care **OR**
- B. The child has severe plagiocephaly or brachycephaly (cephalic index greater than or equal to 90% or a transdiagonal difference greater than 10mm); AND
- C. The child is not meeting developmental milestones secondary to plagiocephaly or brachycephaly (i.e. rolling, sitting, creeping); **AND**
- D. Marked asymmetry has not been substantially improved following a two month trial of conservative treatment e.g. physical therapy, alternative positioning, "tummy time"." (Hearing Summary)



providers was reviewed and the denial of the Appellant's prior authorization request for

a cranial remolding orthosis is upheld as the additional information does not support the medical necessity for the requested cranial remolding orthosis, because the notes show that the Appellant is showing communication skills, reaching for and holding a toy with one hand, putting a toy in his mouth, banging toys together, and 2 measurements of the Appellant's head are not documented to be in the moderate range and do not meet the policy guidelines. (Hearing Summary; Dept.'s Exhibit #11:

- 12. The Appellant's Representative provided additional information at the hearing for CHNCT to take into consideration with regards to the Appellant's appeal. (Dept.'s Exhibit #12: 19 CHNCT's Email; Appellant's Exhibit A: 19 Clinical Evaluation Report)
- 13. On 2019, CHNCT received additional information from the Appellant's provider regarding his diagnosis and symptoms. (Dept.'s Exhibit #13: 19 CHNCT's Email)
- 14. On 2019, CHNCT conducted an appeal reconsideration review to consider the additional information provided, and decided that there would be no change in the decision as the denial remains upheld. (Dept.'s Exhibit #13)
- 15. The Appellant is a recipient of Medicaid benefits. (Hearing Summary)
- 16. The Appellant was diagnosed with moderate Plagiocephaly with frontal asymmetry sloping in the forehead. (Hearing Summary; Dept.'s Exhibit #1 Clinical Evaluation Report)
- 17. As of the date of the hearing, the Appellant is **Exercise** of age (Hearing Summary)
- 18. At the time of the prior authorization request for approval of a Cranial Remolding Orthosis, the Appellant was 5 months. (Facts # 1 & 14)
- 19. Based on a 2019 assessment, the Appellant is developing appropriately, met age appropriate milestones, does not present with moderate plagiocephaly, or documented developmental milestone delay as a result of plagiocephaly. (Hearing Summary; Dept.'s Exhibit #2)
- 20. At approximately 10 months of age, the Appellant was sitting independently, documented to be sociable, and the measurements in the notes of the Appellant's head do not meet the policy requirements. (Dept.'s Exhibit 2)
- 21. The record is devoid of medical documentation to substantiate developmental milestone delays for the Appellant as a result of **severe** plagiocephaly. (Hearing Record) [emphasis added]
- 22. The record is devoid of medical documentation that the Appellant had two months of failed trials of conservative treatments, such as physical therapy, alternative

positioning, or "tummy time." (Hearing Record)

## **CONCLUSIONS OF LAW**

- Section 17b-2 of the Connecticut General Statutes authorizes the Commissioner of the Department of Social Services to administer the Title XIX (Medicaid) Program.
- 2. Section 17b-259b of the Connecticut General Statutes, provides in pertinent part, as follows:
  - (a) For purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary" and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, (B) recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease: (3) not primarily for the convenience of the individual. the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition.
  - (b) Clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity.
  - (c) Upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline or criteria, or portion thereof, other than the medical necessity definition provided in

- subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity.
- (d) The Department of Social Services shall amend or repeal any definitions in the regulations of Connecticut state agencies that are inconsistent with the definition of medical necessity provided in subsection (a) of this section, including the definitions of medical appropriateness and appropriate, that are used in administering the department's program. The commissioner medical assistance implement policies and procedures to carry out the provisions of this section while in the process of adopting such policies and procedures in regulation form, provided notice of intent to adopt the regulations is published in the Connecticut Law Journal not later than twenty days after implementation. Such policies and procedures shall be valid until the time the final regulations are adopted.

[Conn. Gen. Stat. 17b-259b]

Based on the Appellant's diagnosis and the lack of medical evidence regarding any developmental delays, as well as use of the guidelines for determining coverage for cranial remodeling devices, CHNCT correctly determined that the requested cranial remolding orthosis is not medically necessary pursuant to section § 17b-259b (a) of the Connecticut General Statutes, as it is not clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the Appellant's illness, injury or disease.

# **DECISION**

The Appellant's appeal is **DENIED**.

Hernold C. Linton Hearing Officer

Hernold C. Linton

: Appeals@chnct.org
Heather Shea, RN, BSN, CHNCT

### RIGHT TO REQUEST RECONSIDERATION

The appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within 25 days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-181a (a) of the Connecticut General Statutes.

Reconsideration requests should include <u>specific</u> grounds for the request: for example, indicate <u>what</u> error of fact or law, <u>what</u> new evidence, or <u>what</u> other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Administrative Hearings and Appeals, 55 Farmington Avenue, Hartford, CT 06105-3725.

### **RIGHT TO APPEAL**

The appellant has the right to appeal this decision to Superior Court within 45 days of the mailing of this decision, or 45 days after the agency denies a petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be filed at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 55 Elm Street, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 55 Farmington Avenue, Hartford, CT 06105. A copy of the petition must also be served on all parties to the hearing.

The 45 day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than 90 days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or the Commissioner's designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.