STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES OFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS 55 FARMINGTON AVENUE HARTFORD, CT 06105-3725

2017
Signature Confirmation

CLIENT No # Request # 831186

NOTICE OF DECISION

PARTY



On ______ 2017 Connecticut Dental Health Partnership ("CTDHP") sent ______ (the "Appellant") a Notice of Action ("NOA") denying a request for prior authorization of interceptive orthodontic treatment for ______, her minor child, indicating that severity of child's malocclusion did not meet the requirements in state law to approve the proposed treatment and that orthodontia did not meet the medical necessity requirement.

On 2017, the Appellant requested an administrative hearing to contest the decision to deny prior authorization of orthodontia.

On 2017, the Office of Legal Counsel, Regulations, and Administrative Hearings ("OLCRAH") issued a notice scheduling the administrative hearing for 2017.

On 2017, the Appellant requested a re-schedule and it was granted.

On 2017, OLCRAH issued a notice scheduling the administrative hearing for 2017.

On 2017 in accordance with sections 17b-60, 17-61 and 4-176e to 4-189 inclusive, of the Connecticut General Statutes, OLCRAH held an administrative hearing.

The following individuals were present at the hearing:

Appellant
Magdalena Carter, CTDHP Grievance Mediation Specialist
Dr. Gregory Johnson, CTDHP Dental Consultant
Almelinda McLeod, Hearing Officer

STATEMENT OF THE ISSUE

The issue to be decided is whether the CTDHP's decision to deny the prior authorization through the Medicaid program for interceptive orthodontic treatment was not medically necessary and accordance with state law.

FINDINGS OF FACT

- 1. The Appellant is the mother of the minor child. (hearing record)
- 2. The minor child is an 8 years old participant in the Medicaid program as administered by the Department of Social Services. (Appellants testimony)
- 3. Connecticut Dental Health Partnership ("CTDHP") is the dental subcontractor for the Ct Department of Social Services.
- 4. Dr. is the treating orthodontist. (Exhibit 1A, Prior Authorization form)
- 5. On 2017, CTDHP received a prior authorization request from Dr. Desai for the minor child for interceptive orthodontic treatment. Dr. Desai scored 13 points on the Malocclusion Severity Assessment. The proposed treatment is to correct the minor child's "Anterior cross bite #8 and #9 CR-CO shift to the right. Midline deviation. Phase One treatment needed, RPE with braces". (Exhibit #2 A, Preliminary Handicapping Malocclusion Severity Assessment form)
- 6. The Dental consultant explains the following terms used in this evaluation:

RPE stands for Rapid Palatial Expander. It's an appliance to widen the upper jaw.

Midline deviation means the two front teeth and the two bottom teeth do not line up, one set is shifting one way or the other.

CR-Co (Centric relation - Centric occlusion) shift to the right means the position the jaw is capable of going into under certain circumstances, more specifically a biting classification which shows the biting relationship in function.

Class III Malocclusion refers to the lower jaw sticking out beyond the front teeth.

Unilateral cross bite- means one sided, specifically that one side of the jaw does not close in the proper position whereas the other side of the jaw closes normal. (Dental consultant testimony)

- 7. The Malocclusion Severity Assessment record is a test measuring the severity of malocclusion.
- 8. On 2017, Dr. Benson Monastersky (orthodontic dental consultant with CTDHP) evaluated the x-rays and models of the minor child's teeth and arrived at a score of 0 on the malocclusion assessment record. He indicated that teeth "Does not meet Phase One treatment guidelines. The first molars are not in cross bite, only primary teeth are in cross bite so RPE is not indicated." (Exhibit #3, Preliminary Handicapping Malocclusion Assessment record)
- 9. On 2017, Dr. Monastersky found no evidence of irregular growth or development of the jaw bones. Noted there was neither evidence of severe deviations affecting the mouth and underlying structures nor evidence of emotional distress related to the minor child's teeth. (Exhibit #3, Preliminary Handicapping Malocclusion Assessment record and Exhibit 4A, Notice of Action letter)
- 10. On 2017, CTDHP issued a Notice of Action to the Appellant denying interceptive orthodontic treatment because the documents provided to CTDHP provided no evidence that the requested service met the medical necessary/medical necessity care conditions set by the Department. (Exhibit #4A, Notice of Action)
- 11. On 2017, the Appellant requested an administrative hearing. (Exhibit 5A, Hearing request)
- 12. On 2017, CTDHP dental consultant, Dr. Geoffrey Drawbridge conducted an appeal review using the models and x-rays of the minor child's teeth. The Malocclusion Severity Assessment scored 7 points. He commented: "Does not meet interceptive treatment (D8020) criteria (attached narrative does not alter recommendation) Re-evaluate with dental development." Dr. Drawbridge did not find evidence of irregular growth or development of the jaw bones. Dr. Geoffrey Drawbridge writes

under functional deviation- unilateral cross bite – deciduous only. (Exhibit 6)

- 13. Functional deviation refers back to CR-CO, where the mouth does not open up in a normal response.
- 15. On 2017, CTDHP issued a determination notice advising the Appellant that the appeal review was conducted and has recommended that CT Department of Social Services ("CTDSS") uphold the previously denied request for braces. (Exhibit #8A, Determination Letter)
- 16. The minor child is not receiving treatment by a qualified psychiatrist or psychologist for related mental emotional or behavior problems, disturbances, or dysfunctions related to his dental situation. (Appellant's testimony)

CONCLUSIONS OF LAW

- 1. Section 17b-2(8) of the Connecticut General Statures states that the Department of Social Services is designated as the state agency for the administration of the Medicaid program pursuant to Title XIX of the Social Security Act.
- 2. For purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary" and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, (B) recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual,

the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition. Connecticut General Statutes § 17b-259b (a).

- 3. State regulations provide that orthodontic services for services provided for individuals less than 21 years of age will be paid for when provided by a qualified dentist and deemed medically necessary as described in these regulations. [Conn. Agencies Regs. § 17-134d-35 (a)]
- 4. State statute provides (a) For purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary" and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, (B) recommendations of a physicianspecialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual, the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition. [Conn. Gen. Stat.§ 17b-259b1
- 5. State statutes provide that clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity. [Conn. Gen. Stat. § 17b-259b(b)]
- 6. Connecticut General Statues Supplement § 17b-282(e) provides that the Department of Social Services shall cover orthodontic services for a Medicaid recipient under twenty-one years of age when the Salzmann Handicapping Malocclusion Index indicates a correctly scored assessment for the recipient of twenty-six points or greater, subject to prior

authorization requirements. If a recipient's score on the Salzmann Handicapping Malocclusion Index is less than twenty-six points, the Department of Social Services shall consider additional substantive information when determining the need for orthodontic services, including (1) documentation of the presence of other severe deviations affecting the oral facial structures; and (2) the presence of severe mental, emotional or behavioral problems or disturbances, as defined in the most current edition of the Diagnostic and Statistical Manual of Mental Disorders, published by the American Psychiatric Association, that affects the individuals daily functioning.

- 7. State regulations define the Preliminary Handicapping Malocclusion Assessment Record as the method of determining the degree of malocclusion and eligibility for orthodontic services. Such assessment is completed prior to performing the comprehensive diagnostic assessment. [Conn. Agencies Regs. § 17-134d-35(b)(3)]
- 8. State regulations provide that prior authorization is required for the comprehensive diagnostic assessment. The qualified dentist shall submit: (A) the authorization request form; (B) the completed Preliminary Handicapping Malocclusion Assessment Record; (C) Preliminary assessment study models of the patient's dentition; and (D) additional supportive information about the presence of other severe deviations described in Section (e) (if necessary). The study models must clearly show the occlusal deviations and support the total point score of the preliminary assessment. If the qualified dentist receives authorization from the Department, he may proceed with the diagnostic assessment. [Conn. Agencies Regs. §17-134d-35(f)(1)]
- 9. State statute requires upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline or criteria, or portion thereof, other than the medical necessity definition provided in subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity. [Conn. Gen. Stats. § 17b-259b(c)]
- 10. The models and x-rays submitted by the treating orthodontist do not clearly support the presence of deviations affecting the mouth and the underlying structures as per state regulations for the authorization of orthodontic treatment.
- 11.CTDHP/Benecare correctly determined that the minor child's malocclusion did not meet the criteria for severity, or 26 points as established in state

regulations and that there was no presence of severe deviations affecting the mouth and underlying structures.

- 12.CTDHP/Benecare correctly determined that the minor child does not have any mental, emotional, or behavioral problems, disturbances, or dysfunctions of a substantial nature directly related to the condition of his teeth.
- 13.CTDHP/Benecare was correct to find that the minor child's malocclusion did not meet the criteria for medically necessary as established in state regulations.
- 14.CTDHP/Benecare was correct to deny prior authorization because the minor child did not meet the medical necessity criteria for interceptive orthodontic services in accordance with state statutes and regulations.
- 15.CTDHP/Benecare correctly issued a notice of action denying the Appellant's request for interceptive orthodontic treatment for the minor child.

DECISION

The Appellant's appeal is DENIED.

Almelinda McLeod Hearing Officer

CC: Diane D'Ambrosio, CTDHP PO Box 486 Farmington, Ct 06032 Rita LaRosa, CTDHP PO Box 486 Farmington, Ct. 06032

RIGHT TO REQUEST RECONSIDERATION

The appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within **25** days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-181a (a) of the Connecticut General Statutes.

Reconsideration requests should include <u>specific</u> grounds for the request: for example, indicate what error of fact or law, what new evidence, or what other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Legal Counsel, Regulations, and Administrative Hearings, 55 Farmington Avenue, Hartford, CT 06105.

RIGHT TO APPEAL

The appellant has the right to appeal this decision to Superior Court within 45 days of the mailing of this decision, or 45 days after the agency denies a petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be filed at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 55 Elm Street, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 55 Farmington Avenue, Hartford, CT 06105. A copy of the petition must also be served on all parties to the hearing.

The **45** day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than **90** days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or his designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.