#### STATE OF CONNECTICUT DEPARTMENT OF SOCIAL SERVICES OFFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS 55 FARMINGTON AVENUE HARTFORD, CT 06105-3725

SIGNATURE CONFIRMATION



#### **NOTICE OF DECISION**

PARTY



## PROCEDURAL BACKGROUND

On 2022, Ascend Management Innovations LLC, ("Ascend"), the Department of Social Services (the "Department") contractor that administers approval of nursing home care, sent 2022 (the "Appellant") a Notice of Action ("NOA") denying nursing home level of care stating that she does not meet the nursing facility level of care criteria.

On **Exercise**, 2022, the Appellant requested an administrative hearing to contest Ascends decision to deny nursing home level of care.

On 2022, the Office of Legal Counsel, Regulations, and Administrative Hearings ("OLCRAH") issued a notice scheduling the administrative hearing for 2022.

On 2022, the following individuals participated at the hearing.

, Appellant (In Person)

Michael Heaven, Social Worker, Management (In Person)

Paul Cook, Maximus Representative (Telephone)

Stacey Best, Clinical Nurse Coordinator, Community Options (In Person)

Ruth Ochoa, Interpreter, Translations Services Inc. (Telephone)

Joseph Alexander, Administrative Hearing Officer (In Person)

## STATEMENT OF THE ISSUE

The issue to be decided is whether Ascends decision that the Appellant does not meet the criteria for Nursing Facility Level of Care ("NFLOC") is correct.

# FINDINGS OF FACT

- 1. The years old (DOB ) and a recipient of Husky D-Low Income Adult Medicaid coverage. (Ex. 6: Level of Care Determination)
- 2. On **Example**, 2020, the Appellant was admitted to **Example** ("the Facility") with the following diagnoses: (Ex. 6: Level of Care Determination)
  - Acute alcohol intoxication and withdrawal
  - Acute closed head injury
  - Subdural hematoma
  - Chronic alcohol abuse
  - Acute left knee pain
- 3. On 2020, the Facility submitted the Nursing Facility Level of Care ("NFLOC") screening form to Ascend. The NFLOC form described the Appellant's current Activities of Daily Living ("ADL") support needs as follows. The Appellant required hands on assistance with mobility and transfer and supervision with bathing, dressing, toileting, and eating/feeding. For Instrumental Activities of Daily Living ("IADL"), the Appellant required continual supervision or physical assistance with multiple components of meal preparation. Ascend approved the Appellant for a short-term stay of 2021. (Ex. 4: ADL Measures and Ratings, Hearing Record)
- 4. On 2021, the Facility submitted an NFLOC screening form to Ascend. The NFLOC form described the Appellant's ADL support needs as follows. The Appellant required supervision with bathing, toileting, dressing, mobility, and transfers. For IADLs the Appellant required minimal assistance with meal preparation. Ascend approved the Appellant for a short-term stay of days. The Approval expired on 2021. (Ex. 4: ADL Measures and Rating, Hearing Record)
- 5. On 2021, the Facility submitted an NFLOC screening form to Ascend. The NFLOC form described the Appellant's ADL support needs as follows. The Appellant required supervision with bathing, dressing and mobility. For IADLs the Appellant required minimal assistance with meal preparation. This review received a technical denial on 2022. (Ex. 4: ADL Measures and Rating, Hearing Record)
- 6. On **EXAMPLE**, 2022, the Facility submitted an NFLOC screening form to Ascend. The NFLOC form described the Appellant's ADL support needs as follows. The

Appellant required supervision with bathing and dressing. FOR IADLs the Appellant required minimal, assistance with meal preparation. (Ex. 4: ADL Measures and Rating, Hearing Record)

- 7. On 2021, an Ascend medical doctor reviewed all available information 2022, NFLOC submission which included the Practitioner for the Certification, Progress Notes, History and Physical, Physicians Order's, L.T.C. Physicians Oder's, Nurses Notes, Interdisciplinary Rehabilitation Screening, Psychiatric Notes, Minimum Data Set, and Completed Care Details. The doctor concluded that nursing facility level of care was not medically necessary for the Appellant as this care was not clinically appropriate in terms of the level of services provided and was not considered effective for the Appellant's conditions. The Appellant's needs could be met through a combination of medical and psychiatric follow up as well as social services provided outside of the nursing facility setting. (Ex. 7: Practitioner's Certificate, Ex. 10: Progress Notes, Ex. 16: History and Physical, Ex.8: Physicians Oder's, Ex. 12: L.T.C. Physician Oder's, Ex. 15: Nurses Notes, Ex. 14: Interdisciplinary Rehabilitation and Screening, Ex. 14: Psychiatric Notes, Ex. 13: Minimum Data Set, Hearing Record)
- 8. On 2022, Ascend issued a Notice of Action to the Appellant denying Nursing facility level of care. The notice stated that the Appellant does not require continuous nursing services delivered at the level of the Nursing Facility and effective 2022, the Appellant is no longer eligible for Medicaid coverage of nursing facility services. (Exhibit 5: Notice of Action)
- 9. On **Example**, 2022, OLCRAH received the Appellant's hearing request form. (Ex. 1: Notice of Administrative Hearing)
- 10. The Appellant is independent in all his ADL's. The Appellant is not receiving Physical Therapy ("PT"), Occupational Therapy ("OT") or Speech Therapy. (Facility Social Worker Testimony)
- 11. There was no evidence submitted by the facility or the Appellant to support the position that the Appellant needs constant and continuous care for a chronic condition equal to that of a nursing home level. (Hearing Record)
- 12. The issuance of this decision is timely under Connecticut General Statutes 17b-61(a), which requires that a decision be issued within days of the request for an administrative hearing. The Appellant requested an administrative hearing on decision, 2022, making this decision is due no later than decision, 2022.

## CONCLUSIONS OF LAW

- 1. Section 17b-2 of the Connecticut General Statutes authorizes the Commissioner of the Department of Social Services to administer the Medicaid program.
- 2. State regulations provide that "the department shall pay for an admission that is medically necessary and medically appropriate as evidenced by the following:
  - (1) certification by a licensed practitioner that a client admitted to a nursing facility meets the criteria outlined in section 19-13-D8t(d)(1) of the Regulations of Connecticut State Agencies. This certification of the need for care shall be made prior to the department's authorization of payment. The licensed practitioner shall use and sign all forms specified by the department;
  - (2) the department's evaluation and written authorization of the client's need for nursing facility services as ordered by the licensed practitioner;
  - (3) a health screen for clients eligible for the Connecticut Home Care Program for Elders as described in section 17b-342-4(a) of the Regulations of Connecticut State Agencies;
  - (4) a preadmission MI/MR screen signed by the department, or an exemption form, in accordance with 42 CFR 483.106(b), as amended from time to time, for any hospital discharge, readmission or transfer for which a preadmission MI/MR screen was not completed; and
  - (5) a preadmission screening level II evaluation for any individual suspected of having mental illness or mental retardation as identified by the preadmission MI/MR screen." [Conn. Agencies Regs. Section 17b-262-707 (a)].
- 3. Conn Agencies Regs. § 19-13-D8t(d)(1)(A) provides that "Patients shall be admitted to the facility only after a physician certifies that a patient admitted to a chronic and convalescent nursing home has uncontrolled and/or unstable conditions requiring continuous skilled nursing services and/or nursing supervision or has a chronic condition requiring substantial assistance with personal care, on a daily basis."
- 4. Conn. Gen. Stats. § 17b-295b provides for the definition of "medically necessary" and "medical necessity" as follows: (a) For purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary" and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent

functioning provided such services are: (1) Consistent with generally acceptable standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, (B) recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual, the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition (b) Clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity. (c) Upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline criteria, or portion thereof, other than the medical necessity definition provided in subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity.

Ascend correctly used clinical criteria and guidelines solely as screening tools.

Ascend correctly determined the Appellant does not have a chronic medical condition requiring substantial assistance with personal care.

Ascend correctly determined the Appellant does not have uncontrolled and/or unstable medical conditions requiring continuous skilled nursing services and/or nursing supervision.

Ascend correctly determined that it is not clinically appropriate for the Appellant to reside in a nursing facility.

Ascend correctly determined that nursing facility services are not medically necessary for the Appellant because her medical needs could be met with services offered in the community.

#### DISCUSSION

During the hearing the Facility Social Worker testified that the Appellant has experienced a "change in condition", specifically she has become depressed, confused and exhibits strange behavior such as walking around the facility nude. The Facility Social Worker expressed his opinion that the Appellant requires additional time in the facility to address the change in her condition. As of the date of the hearing the Facility has not addressed the change in the Appellant's condition and has not provided the hearing officer or Ascend with evidence to support the Appellant's need for continuous skilled nursing services and/or nursing supervision.

## DECISION

The Appellant's appeal is **DENIED** 

**Administrative Hearing Officer** 

CC: <u>hearings.commops@ct.gov</u> AscendCTadminhearings@maximus.com

# **RIGHT TO REQUEST RECONSIDERATION**

The Appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within 25 days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-1181a (a) of the Connecticut General Statutes.

Reconsideration requests should include <u>specific</u> grounds for the request: for example, indicate <u>what</u> error of fact or law, or <u>what</u> other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Administrative Hearings and Appeals, 55 Farmington Avenue, Hartford, CT 06105-3725.

# RIGHT TO APPEAL

The appellant has the right to appeal this decision to Superior Court with 45 days of the mailing of this decision, or 45 days after the agency denies petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be fooled at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 165 Capitol Avenue, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 55 Farmington Avenue, Hartford, CT 06105-3725. A copy of the petition must also be served on all parties to the hearing.

The 45-day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than 90 days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or her designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.