

STATE OF CONNECTICUT  
DEPARTMENT OF SOCIAL SERVICES  
OFFICE OF LEGAL COUNSEL, REGULATIONS, AND ADMINISTRATIVE HEARINGS  
25 SIGOURNEY STREET  
HARTFORD, CT 06106-5033

██████████ 2013  
Signature Confirmation

Client ID # ██████████  
Request # 548799

**NOTICE OF DECISION**

**PARTY**

██████████  
████████████████████  
██████████  
████████████████████

**PROCEDURAL BACKGROUND**

On ██████████ 2013, Ascend Management Innovations LLC, (“Ascend”), the Department of Social Services (the “Department”) contractor that administers approval of nursing home care, sent ██████████ (the “Appellant”) a Notice of Action (“NOA”) denying nursing home level of care stating that he does not meet the nursing facility level of care criteria.

On ██████████ 2013, the Appellant requested an administrative hearing to contest Ascend’s decision to deny nursing home level of care.

On ██████████ 2013, the Office of Legal Counsel, Regulations, and Administrative Hearings (“OLCRAH”) issued a notice scheduling the administrative hearing for ██████████ 2013.

On ██████████ 2013, in accordance with sections 17b-60, 17-61 and 4-176e to 4-189 inclusive, of the Connecticut General Statutes, OLCRAH held an administrative hearing. The following individuals were present at the hearing:

██████████, Appellant  
Donna Williams, Social Worker, Paradigm Healthcare  
Peter Talbot, Psychiatric Coordinator, Paradigm Healthcare  
Stacy Missau, Paradigm Healthcare, L.P.N.  
Pamela Calvert, Ascend Management Innovations, R.N. (By telephone)  
Charles Bryan, Department’s Representative, R.N.

Scott Zuckerman, Hearing Office

### **STATEMENT OF THE ISSUE**

The issue to be decided is whether Ascend's decision that the Appellant does not meet the level of care requirements for a nursing facility was correct.

### **FINDINGS OF FACT**

1. The Appellant is a Medicaid recipient. (Hearing record)
2. The Appellant's date of birth is [REDACTED] 1966. (Exhibit 4: Level of Care Report, [REDACTED] 13)
3. On [REDACTED] 2013, Paradigm Healthcare Center (the "facility") admitted the Appellant for a short term stay from the Hospital with a PICC line to complete a course of antibiotics and weekly lab work. The medical issue involved a recurrent infection of a chronic non-healing wound to the second finger on the left hand. (Appellant Testimony, Hearing Summary)
4. The Appellant's medical diagnosis includes osteomyelitis, a history of MRSA, diabetes, hypercholesterolemia, peripheral neuropathy, hypertension and anxiety disorder. (Hearing Record)
5. On [REDACTED] 2013, the facility submitted the Level of Care screening form to Ascend. The Appellant was at the end of his short term stay and was given an additional 60 days for continued IV therapy and medication management. (Hearing record)
6. On [REDACTED] 2013, the PICC line for IV therapy of the infection was removed and the Appellant was taken off treatment. (Hearing Record)
7. The Appellant's medications include: Glucotrol for 10mg twice daily for diabetes, Lisinopril 2.5mg daily for cholesterol, Lyrica 100mg, 2 times daily for hypertension and Trazadone 50mg daily for anxiety. (Appellant's Testimony, Hearing Record, Ex.7: Physicians order sheet [REDACTED] 2013.)
8. The Appellant is independent with activities of daily living ("ADL's") including bathing, dressing, eating, toileting, continence, transferring and mobility. (Appellant Testimony, Hearing record, Ex. 6: Connecticut LTC Level of Care Determination Form, [REDACTED]/13)
9. The Appellant administers his medications. (Appellant's Testimony)

10. The Appellant received Occupational Therapy effective [REDACTED] 2013. (Appellant's Testimony, Ex. 6 Level of Care Determination form, [REDACTED]/13)
11. Effective [REDACTED] 2013, Occupational Therapy was discontinued. (Appellant Testimony, NF representative testimony)
12. The Appellant is able to live in a group home setting. (Hearing Record, Appellant's testimony).
13. On [REDACTED] 2013, Heather Roberts, RN for Ascend conducted an onsite Medical Level of Care Evaluation. (Hearing record)
14. On [REDACTED] 2013, Ascend issued a Notice of Denial of Nursing Facility Level of Care. (Ex. 2: Notice of Denial, [REDACTED]/13)

### **CONCLUSIONS OF LAW**

1. Section 17b-2 of the Connecticut General Statutes authorizes the Commissioner of the Department of Social Services to administer the Medicaid program.
2. State regulations provide that "the department shall pay for an admission that is medically necessary and medically appropriate as evidenced by the following:
  - (1) certification by a licensed practitioner that a client admitted to a nursing facility meets the criteria outlined in section 19-13-D8t(d)(1) of the Regulations of Connecticut State Agencies. This certification of the need for care shall be made prior to the department's authorization of payment. The licensed practitioner shall use and sign all forms specified by the department;
  - (2) the department's evaluation and written authorization of the client's need for nursing facility services as ordered by the licensed practitioner;
  - (3) a health screen for clients eligible for the Connecticut Home Care Program for Elders as described in section 17b-342-4(a) of the Regulations of Connecticut State Agencies;
  - (4) a preadmission MI/MR screen signed by the department; or an exemption form, in accordance with 42 CFR 483.106(b), as amended from time to time, for any hospital discharge, readmission or transfer for which a preadmission MI/MR screen was not completed; and
  - (5) a preadmission screening level II evaluation for any individual suspected of having mental illness or mental retardation as identified by the preadmission MI/MR screen."

Conn. Agencies Regs. Section 17b-262-707 (a).

3. "The Department shall pay a provider only when the department has authorized payment for the client's admission to that nursing facility." Conn. Agencies Regs. Section 17b-262-707(b).
4. State regulations provide that "Patients shall be admitted to the facility only after a physician certifies the following:
  - (a) That a patient admitted to a chronic and convalescent nursing home has uncontrolled and/or unstable conditions requiring continuous skilled nursing services and /or nursing supervision or has a chronic condition requiring substantial assistance with personal care, on a daily basis."
  - (ii) That a patient admitted to a rest home with nursing supervision has controlled and/or stable chronic conditions which require minimal skilled nursing services, nursing supervision, or assistance with personal care on a daily basis.

Conn. Agencies Regs. § 19-13-D8t(d)(1)(A).

5. Section 17b-259b of the Connecticut General Statutes states that "Medically necessary" and "medical necessity" defined. Notice of denial of services. Regulations.
  - (a) For purposes of the administration of the medical assistance programs by the Department of Social Services, "medically necessary" and "medical necessity" mean those health services required to prevent, identify, diagnose, treat, rehabilitate or ameliorate an individual's medical condition, including mental illness, or its effects, in order to attain or maintain the individual's achievable health and independent functioning provided such services are: (1) Consistent with generally-accepted standards of medical practice that are defined as standards that are based on (A) credible scientific evidence published in peer-reviewed medical literature that is generally recognized by the relevant medical community, (B) recommendations of a physician-specialty society, (C) the views of physicians practicing in relevant clinical areas, and (D) any other relevant factors; (2) clinically appropriate in terms of type, frequency, timing, site, extent and duration and considered effective for the individual's illness, injury or disease; (3) not primarily for the convenience of the individual, the individual's health care provider or other health care providers; (4) not more costly than an alternative service or sequence of services at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of the individual's illness, injury or disease; and (5) based on an assessment of the individual and his or her medical condition.

- (b) Clinical policies, medical policies, clinical criteria or any other generally accepted clinical practice guidelines used to assist in evaluating the medical necessity of a requested health service shall be used solely as guidelines and shall not be the basis for a final determination of medical necessity. (c) Upon denial of a request for authorization of services based on medical necessity, the individual shall be notified that, upon request, the Department of Social Services shall provide a copy of the specific guideline or criteria, or portion thereof, other than the medical necessity definition provided in subsection (a) of this section, that was considered by the department or an entity acting on behalf of the department in making the determination of medical necessity.
6. The Appellant does not have uncontrolled and/or unstable conditions requiring nursing services.
  7. The Appellant has the physical ability to complete his ADL's. He does not need substantial assistance with personal care on a daily basis including eating, toileting, and dressing.
  8. It is not clinically appropriate that the Appellant reside in a nursing facility.
  9. Ascend Management Innovations is correct in its determination that the Appellant does not meet the medically necessary criteria for a nursing facility level of care.
  10. Ascend Management Innovations correctly determined that it is not medically necessary for the Appellant to reside in a skilled nursing facility.

### **DISCUSSION**

At the hearing, the Appellant testified that the NF is providing him a stable environment while he is awaiting a group home and assistance through the Money follows the Person Program. He has interviewed at two facilities but placement is being delayed as he has no income. The Appellant stated that he understands that medically he has no reason to be at the NF. The Appellant is concerned that should he be discharged to a shelter he will not be able to control his blood sugar. His concern is a recurrence of the condition of osteomyelitis which he was admitted for. The Appellant indicated he receives no therapy, and is independent in all ADL's.

Because the Appellant does not have a chronic/unstable medical condition requiring skilled nursing care or is in need of substantial assistance with his personal care needs on a daily basis, the Appellant does not meet the medical

criteria for nursing facility level of care and is not eligible for continued nursing facility services funded by Medicaid.

Based on the evidence and testimony, Ascend correctly determined that the Appellant does not meet the medical necessity criteria for nursing home placement.

**DECISION**

The Appellant's appeal is **DENIED**.

  
\_\_\_\_\_  
Scott Zuckerman  
Hearing Officer

Pc: K. Bruni, Manager, Alternate Care Unit, DSS  
Ascend Management Innovations, LLC

### **RIGHT TO REQUEST RECONSIDERATION**

The appellant has the right to file a written reconsideration request within **15** days of the mailing date of the decision on the grounds there was an error of fact or law, new evidence has been discovered or other good cause exists. If the request for reconsideration is granted, the appellant will be notified within 25 days of the request date. No response within 25 days means that the request for reconsideration has been denied. The right to request a reconsideration is based on §4-181a (a) of the Connecticut General Statutes.

Reconsideration requests should include specific grounds for the request: for example, indicate what error of fact or law, what new evidence, or what other good cause exists.

Reconsideration requests should be sent to: Department of Social Services, Director, Office of Administrative Hearings and Appeals, 25 Sigourney Street, Hartford, CT 06106-5033.

### **RIGHT TO APPEAL**

The appellant has the right to appeal this decision to Superior Court within 45 days of the mailing of this decision, or 45 days after the agency denies a petition for reconsideration of this decision, provided that the petition for reconsideration was filed timely with the Department. The right to appeal is based on §4-183 of the Connecticut General Statutes. To appeal, a petition must be filed at Superior Court. A copy of the petition must be served upon the Office of the Attorney General, 55 Elm Street, Hartford, CT 06106 or the Commissioner of the Department of Social Services, 25 Sigourney Street, Hartford, CT 06106. A copy of the petition must also be served on all parties to the hearing.

The 45 day appeal period may be extended in certain instances if there is good cause. The extension request must be filed with the Commissioner of the Department of Social Services in writing no later than 90 days from the mailing of the decision. Good cause circumstances are evaluated by the Commissioner or the Commissioner's designee in accordance with §17b-61 of the Connecticut General Statutes. The Agency's decision to grant an extension is final and is not subject to review or appeal.

The appeal should be filed with the clerk of the Superior Court in the Judicial District of New Britain or the Judicial District in which the appellant resides.