

# HEALTH ALERT: *Travelers from China*

There is an outbreak of respiratory illness in China.

**Travelers are required to be monitored for up to 14 days after leaving China.**

Travelers should stay home and monitor their health within this 14-day period.

A health official will contact you to give additional instructions.

**Take your temperature with a thermometer 2 times a day and watch your health.**

If you develop a fever (100.4°F/38°C or higher), cough, or have difficulty breathing:

- Call your health department for advice before seeking care.
- If you can't reach your health department, call ahead before going to a doctor's office or emergency room.
- Tell them your symptoms and that you were in China.



For more information: [www.cdc.gov/nCoV](http://www.cdc.gov/nCoV)