



# Connecticut Medical Home Initiative for Children and Youth with Special Health Care Needs



## Children and Youth with Special Health Care Needs Program • April 2023

### Who is eligible?

Children and youth age 0 to 21 who have, or are at increased risk for, a chronic physical, developmental, behavioral or emotional condition and who also require health and related services by a type and amount beyond that required by children generally.

### What is a Medical Home?

A medical home is not a house or hospital. It is an approach to providing comprehensive primary care. The pediatric health care provider works in partnership with the child/youth and their family to assure all medical and non-medical needs are met.

**All families of eligible children and youth with special health care needs receive:**

- A respectful working partnership with you and your child's medical home,
- Care Coordination services,
- Family support and referrals.

The American Academy of Pediatrics (AAP) Medical Home Policy Statement says the physician should be known to the children and youth and their families and should be able to develop a partnership of mutual responsibility and trust with them. Their National Resource Center page includes tools, resources, and links that will assist families.  
<https://medicalhomeinfo.aap.org/Pages/default.aspx>

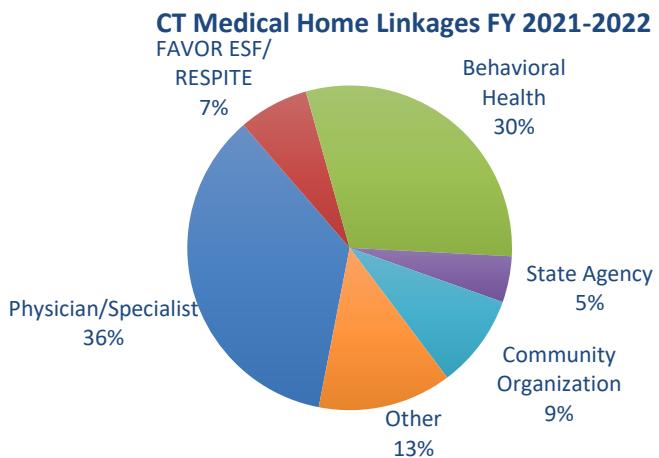
### The CT Medical Home Initiative for CYSCHN helps to assure that programs and policies are in place to ensure:

- Children have access to coordinated quality health care services
- Providers are adequately trained
- Financing issues are equitably addressed
- Families play a pivotal role in how services are provided to their children
- Children grow up healthy & ready to work

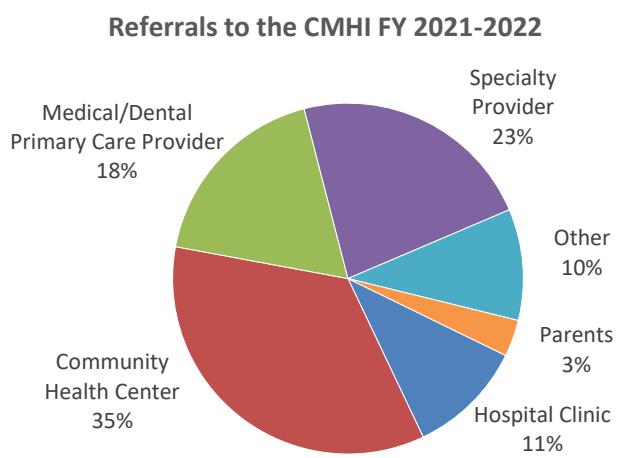


Several contractors throughout the state, including hospitals and community organizations, provide services through the CMHI. One of the services is the Education Practices program, which offers 21 training topics to help pediatric practices across Connecticut improve delivery of child health services. During the period from July 1, 2021 to June 30, 2022, the program transitioned to Connecticut Children's. As a result, only 7 trainings were completed at 5 practices. A total of 71 people received trainings. From July 1, 2020 to June 30, 2021, 26 trainings were completed in 17 different practices. The program hold trainings both virtually and in person.

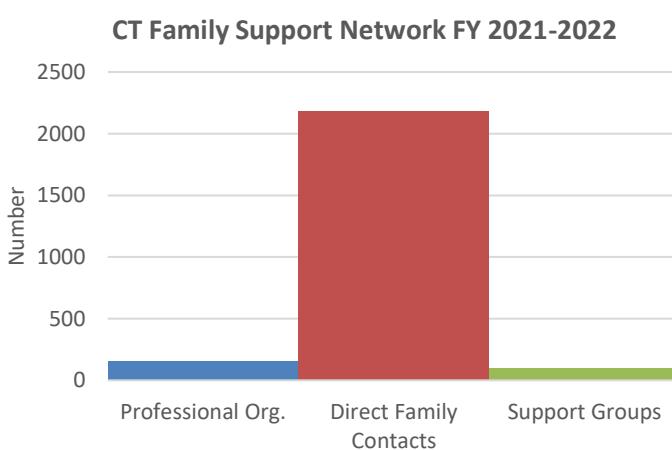
The Association of Maternal & Child Health Programs is a national resource and partner for states. The link to the CYSCHN page provides several resources and links including publications and best practices used to help CYSCHN.  
<http://www.amchp.org/programsandtopics/CYSCHN/Pages/default.aspx>



One of the goals of the CMHI is to link CYSCHN and their families to any services or providers that they need. In the 2022 contract year, CMHI Care Coordination staff in the five state regions, provided over 8,100 linkages to multiple services and providers. CYSCHN were linked to important behavioral health services over 2,400 times, which made up 30% of all the linkages provided. There were over 2,800 linkages with a necessary primary care physician, specialist, or dentist, which made up 36% of all linkages.



Several different organizations and providers recognize the value of the CT Medical Home Initiative. This is evident from the number of referrals to the program throughout the state. Over 150 CYSCHN were referred by medical and dental primary care providers, which was 18% of all referrals. Specialists referred 194 CYSCHN (23%). Community Health Centers referred 300 patients (35%) and hospital clinics referred 92 patients (11%).



CT Family Support Network provides direct support to individuals and families in their homes and communities by sharing information and resources that empower people to make their voices heard and to become their own best advocate. During the 2021-2022 contract year, they worked with 158 professional organizations, 2,180 direct family contacts, and held 100 support groups for families. CTFSN also have a very large, active social media presence in Connecticut, with over 10,300 followers on a variety of groups and platforms.

**United Way of Connecticut Child Development Infoline (CDI)**

A central access point for Connecticut's Medical Home Initiative for CYSCHN. CDI provides information about medical, educational and recreational resources.

**1-800-505-7000**

<https://cdi.211ct.org>