



Connecticut Family Support Network

(860) 744-4074 www.ctfsn.org

CTFSN SUPPORT GROUPS

Café Conversacional Grupo de Apoyo	Monthly via Zoom	12:30 pm
Support Group You Are Not Alone	Monthly via Zoom	10:30 am
Café Conversacional Grupo de Apoyo- Danbury	Monthly in Danbury	10:30 am

For more information contact our **Northwest & Southwest Regional Bilingual Family Support Coordinator:**

Yury Cruz (860) 631-7552 ycruz@ctfsn.org

Support Group for Caregivers of Adults with Disabilities	Monthly via Zoom	7:00 pm
Support Group for Caregivers of Adults with Level 3 Autism	Monthly via Zoom	7:00 pm

For more information contact our **North Central Regional Family Support Coordinator:**

Melissa Mills (959) 888-2848 mmills@ctfsn.org



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CTFSN SUPPORT GROUPS

CTFSN Grupo de Apoyo	Monthly via Zoom	5:00 pm
CTFSN Support Group	Monthly via Zoom	5:00pm
Support Group for Parents with I/DD Loved Ones Living in a Group Home	Monthly via Zoom	5:00 pm

For more information contact **South Central Regional Bilingual Family Support Coordinator:**
 Lena Esposito (475) 221 4696 Lesposito@ctfsn.org

Coffee Club Support Group	Monthly via Zoom	10:30 am
Tween/Teen Autism Support Group	Monthly via Zoom	10:30 am

For more information contact our **Northeast & Southeast Regional Family Support Coordinator:**
 Rachel Keesler (860) 419-5715 rkeesler@ctfsn.org

CTFSN OPEN PLAYGROUPS

CTFSN runs Open Playgroups throughout the year	Please contact your Regional Family Support Coordinator for details.
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