# 2014-2015 Program Report Card: East Windsor High School Grades 9 -12

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

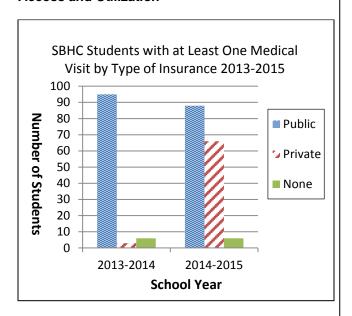
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 15	\$110,136	\$0	\$0	\$0	\$ 68,277.82	\$178,413.82
Estimated SFY 16	\$110,136	\$0	\$0	\$0	\$68,277.82	\$178,413.82

Sponsoring Agency: CHC Inc.

Partners: Parents, Students, CASBHC, DPH, DSS, School Based Health Alliance, Board of Education, School Administrators and Faculty.

#### How Much Did We Do? Access and Utilization



## Story behind the baseline:

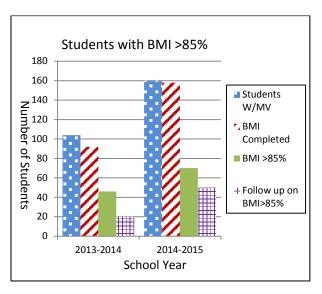
The number of students enrolled in the East Windsor High School Based Health Center increased this year. While the school experienced a decrease in total student population from 350 in 2013-2014 to 324 in 2014-2015 the SBHC did experience growth in

enrollment from 131 in 2013-2014 to 177 in 2014-2015. There were families that moved into the district after the start of the year and then moved out of district before the end of the year. Ultimately, the SBHC ended up serving 160 students or 45% of the school population.

In 2014-2015 66, or 41 percent, of students are identified as having private insurance; this is an increase from 2013-2014, when only three, or 3% of students identified as having private insurance. The affordable care act played a key role in the increase of the private insurance. Also in 2014-2015, 88, or 55% of students identified as having a form of public insurance; this is a decrease from 2013-2014, when 95, or 91 percent of students, identified as having public insurance. In 2014-2015, 6 students, were identified as having no insurance; this is the same as the previous year.

Trend: [▲]

# How Well Did We Do? Reduce Obesity in SBHC Users



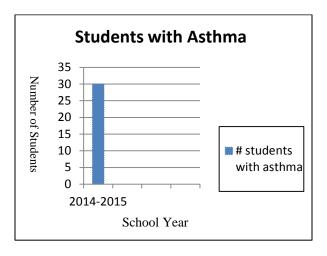
## Story behind the baseline:

In 2014-2015, 160 students had a medical visit, with 158, or 99% of them completing a BMI screening. This is an increase from 2013-2014, when 104 students (30%) had a medical visit (lack of new enrolled was a result of this small number) and 92, or 89% of them completed a

BMI screening. While we experienced an increase in overall people from 104 (30%) in 2013-2014 to 160 (90%) in 2014-2015 the percentage of BMI's over 85% remain the same. Seventy, or 44% of students with a medical visit, were found to have BMI's above 85% in 2014-2015 and 46, or 44% of students with a medical visit, were found to have BMI's above 85% in 2013-2014. In 2013-2014, 20 (44%) students received follow up. The percentage increased to 71% (50 students) for 2014-2015.

#### Trend: ▲

## Is Anyone Better Off



Seventeen percent, or 30 students, of this SBHC enrolled population (177 students), have a form of asthma. All students were without an asthma action plan in the beginning of the year. At that time, it was expected that the PCP would address the asthma action plan for each student. There is no pediatrician in this town and many of the students' parents have difficulty obtaining transportation. We are now in the process of developing action plans for these students. No asthma data tracked prior to 2014-2015 school year.

#### **Proposed Actions to Turn the Curve:**

#### Access and Utilization:

- Letters for permission to give the flu vaccine will be distributed to students at the beginning of the school year.
- Staff will attend school functions, including Parents Nights, provide presentations to health classes, and enhance the publicity of school based services in a variety of mediums including: websites, newsletters, and electronic communications, to increase access and utilization.
- Forms are now available on an electronic platform and posted on district wide websites.

## **Obesity Reduction:**

- Staff will track BMIs through our electronic health record.
- Staff will provide one-on-one nutrition counseling.
- Classroom presentations on healthy eating will be offered.
- Nurse practitioners advise students with BMI's greater than 85% to increase physical activity.

#### Asthma:

Asthma action plans will now be developed.

## **Data Development Agenda:**

- To align EHR generated reports to meet DPH requirements
- To streamline the process of exporting our data from EHR to DPH
- Further refine data collection capability of the electronic record to define parameters for better identification and management of specific conditions (ex. students who have participated in select programs, students who have an asthma action plan on record, and obesity counseling data, etc.). The school based team is working closely with the Business Intelligence team in the development of a dashboard which will provide needed data and trends in the moment.