

STATE OF CONNECTICUT

DEPARTMENT OF PUBLIC HEALTH

Renée D. Coleman-Mitchell, MPH
Commissioner



Ned Lamont
Governor
Susan Bysiewicz
Lt. Governor

HEALTHCARE QUALITY AND SAFETY BRANCH

BLAST FAX 2020-20

TO: Behavioral Health Providers

FROM: Commissioner Renée D. Coleman-Mitchell, MPH

CC: Deputy Commissioner Heather Aaron, MPH, LNHA
Barbara Cass, RN., Branch Chief, Healthcare Quality and Safety Branch
Donna Ortelle, Section Chief, Facility Licensing and Investigations Section

DATE: March 25, 2020

SUBJECT: Resources for Behavioral Health during an Infectious Disease Outbreak

Thank you for all you are doing for the psychosocial wellbeing of the citizens of Connecticut during this very fluid and unprecedented time. Please find the attached list of resources for your reference, and please share with your partners.

Should you find a resource that is very helpful, but not included on this list, please send the information to Cher Michaud, RN, Supervising Nurse Consultant at the Facility Licensing and Investigations Section via email at cher.michaud@ct.gov, the list will be updated and disseminate as necessary. Thank you.

<https://store.samhsa.gov/product/Taking-Care-of-Your-Behavioral-Health-During-an-Infectious-Disease-Outbreak/sma14-4894>

<https://emergency.cdc.gov/coping/index.asp>

<https://www.cdc.gov/childrenindisasters/helping-children-cope.html>



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<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/reducing-stigma.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/hiv.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/plan-prepare-respond.html>

<https://www.cdc.gov/coronavirus/2019-ncov/about/coping.html>

<https://store.samhsa.gov/product/TAP-34-Disaster-Planning-Handbook-for-Behavioral-Health-Treatment-Programs/SMA13-4779>

<https://www.samhsa.gov/medication-assisted-treatment>

https://www.samhsa.gov/sites/default/files/programs_campaigns/medication_assisted/telemedicine-dea-guidance.pdf

<https://www.samhsa.gov/sites/default/files/sample-otp-covid-19-faqs.pdf>

<https://www.deadiversion.usdoj.gov/coronavirus.html>

<https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>

<https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/index.html>

<https://portal.ct.gov/DMHAS/Newsworthy/News-Items/DMHAS-Response-to-COVID-19>

https://portal.ct.gov/-/media/DMHAS/COVID-19/Updates/Provider-Update_2.pdf?la=en

<https://portal.ct.gov/-/media/DMHAS/COVID-19/Memos/Visitors-Memo-3-17-2020.pdf?la=en>

<https://portal.ct.gov/-/media/DMHAS/COVID-19/Resources/COVID19>

https://www.cstsonline.org/assets/media/documents/CSTS_FS_Psychological_Effects_Quarantine_During_Coronavirus_Outbreak_Providers.pdf

https://www.cstsonline.org/assets/media/documents/CSTS_FS_Caring_for_Patients_Mental_WellBeing_during_Coronavirus.pdf.pdf

https://www.cstsonline.org/assets/media/documents/CSTS_FS_Taking_Care_of_Patients_During_Coronavirus_Outbreak_A_Guide_for_Psychiatrists_03_03_2020.pdf