WIC Nutrition Risk Criteria Update 2015

- A total of three (3) nutrition risk criteria were updated as part of the cyclical review process.
 - 361 Depression
 - 381 Oral Health Problems
 - 411 Inappropriate Nutrition Practices for Infants

So What? What has Changed?

- For 361 Depression, all sections (except the *Definition*)
 are revised and updated. There is also an additional
 Guidance document issued to accompany this risk
 criterion.
- For 381, Oral Health Problems, the title and all sections of the risk write-up are revised and updated. The title was changed to more accurately reflect the conditions included in the criteria.
- For 411 Inappropriate Nutrition Practices for Infants, only section 411.9 (inappropriate sanitation in the preparation, handling and storage* of expressed human milk or formula) of the risk is revised and updated.

 Of note, a threshold for the amount of time human milk can be safely stored in the refrigerator has been deleted as a risk criterion due to the lack of consensus among professional authorities on this topic. Please review the Justification for more details.

So What? How Does that Impact Me?

- Due to the transition to CT-WIC in 2016, we were granted an extension for the implementation of #361 Depression until December 2016. The basic Perinatal Mood and Anxiety Disorders (PMAD) training you will receive on September 18th is one piece of the implementation for this revised risk criterion.
- None of the other updated criteria require MIS system as none of these risk factors are system assigned risks. No changes to the WIC certification forms were needed for these updated risks.
- Major changes to the risks include the section, *Implications for WIC Nutrition Services* which should be used by WIC Nutrition staff as a guide to provide participant-centered counseling related to the specified risk. Justification and References sections have been updated to reflect the most recent evidence-base and links to resources when indicated.

So What? What Do I Need to Do?

- Over the course of the next months (Sept/Oct), please review the updated risk write-ups (#381 and #411) to become familiar with the most up-to-date information related to these risk criteria.
- All local agency Nutrition staff must complete a brief (8-10-question) survey by November 18th to assess understanding of the information.
- We encourage local agencies to discuss these updated criteria during local agency staff meetings to ensure everyone is clear on the Implications for WIC Nutrition Services related to these risks.

Updates to 200-12 Supplement

 We've provided an updated copies of 200-12 Supplements to Certification Form (Women and Infants/Children)

What if We Have Questions?

- Please contact Marilyn Lonczak with questions about implementation of these updated risks.
 - marilyn.lonczak@ct.gov
 - **-** 860-509-8261