

SECTION: Nutrition Services**SUBJECT: Nicotine and Tobacco, Alcohol and Substance Use Disorder Information and Referrals**

Federal Regulations: §264.11(a)(3)**Nutrition Services Standards:** Standard 8A*See CT WIC Program Manual: 200-28 Coordination of Services***POLICY**

All adult participants and the parents, guardians, or caretakers of participating infants and children shall be provided information on the harmful effects of drugs, alcohol and tobacco use.

A list of local resources for nicotine and tobacco, alcohol and substance use counseling and treatment shall be maintained and provided to adult WIC applicants and participants, and caretakers of infants and children. The State Selected referrals brochure should be used for this purpose. Staff should have a conversation with the participant, parent or caretaker about the information contained in the State Selected Referrals brochure.

Use the appropriate CT-WIC screens to screen all adult applicants who meet the income eligibility criteria to assess their current substance use (nicotine/tobacco, Schedule 1 substances, alcohol or misuse prescription drugs) and refer for treatment or harm reduction programs.

Targeted referrals to counseling, local Nicotine and Tobacco, Alcohol and Substance Use Disorder and/or Medication Assisted Treatment (MAT) and treatment services shall be made when indicated. The WIC local agency community referral list should include these services.

Document information and referrals provided in CT-WIC, Referrals Screen and as appropriate in the Nutrition Education Screen.